



All About Perspective

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The background of the cover is a photograph of the Vic Mouse mascot. Vic Mouse is a large, orange, mouse-like head with large black ears, blue fur around the eyes and mouth, and a wide, toothy grin. He is wearing a black long-sleeved shirt and red pants with large white polka dots. He is making a 'rock on' hand gesture with both hands. The background is a blurred outdoor scene at night with people and lights.

"VIC" MOUSE Potpourri

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Delta Sigma Theta sisters posing at their Red Roulette event on Kyser Brickway.

Photo by Amanda Hill



All About Perspective

Erica Wade and Mikah Smith give a high colorful fork 'em at Color Chaos.
Photo by Amanda Hill



Hykeem Beard performs with his band during the Battle of the Bands hosted by KNWD.
Photo By Jasmine Johnson

Courtney Bergeron and Kandice Nelson are ready to cheer on the Demons against the Southeastern Lions.
Photo by Amanda Hill

Vic the Demon shows his school spirit in the annual Homecoming parade.
Photo by Christian Boudreaux

Student Life



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Burning of Notre Dame

856 years of history on fire

The morning of April 15, 2019, began just as any other in Paris. Hundreds of tourists lined up to see incredible art pieces the popular Notre Dame Cathedral had in store. According to senior communications major Travis Mitchell, he and other Northwestern State students studying abroad opted out of viewing the cathedral that day due to the lengthy lines with intentions of returning the following day.

The fire of unknown origin broke out at about 4:20 PM local time. This immense religious monument was home to approximately 37 Mass ceremonies each week, many in the original Latin.

Modern-day fire-fighting methods could not be used to salvage the structure and efforts took about 15 hours. Northwestern State alumnus Troy Murray, who had visited the site less than a week before, was in shock after he learned of the incident. "I did not have the words to describe what I saw," Murray said.

Another student, Ruben Smith, watched the real-time footage at a Parisian restaurant while locals and tourists cried

around him. Smith spoke about his moment of realization recalling, "This is actually happening. It isn't a rumor." Many were skeptical about the incident due to the rocky state of news media.

Northwestern State alumna Carolyn Breedlove said, "It never crossed my mind that this tragic event could do more damage than the localized fire." Recent reports indicated that pollution from the fire contained lead and other carcinogens with particulate dust being found all over the area. Many public businesses and schools were closed until further notice and more restrictive actions were taken into effect.

The site should be restored as close to its original standards as possible, perhaps even as soon as the summer of 2024. Modern physical aesthetic improvements may be made to the cathedral for its grand reopening on an undetermined date. While undecided, multiple drafts have been made for the final plans, including designs for greenhouses, gardens, stained glass designs, contemporary sculptures, and an obelisk-style spire in the original one's place.

Story by Brianna Richard



Onlookers from across the River Seine watch as their beloved cathedral was in flames.



Firefighters tirelessly work around the clock to put out the flames that engulfed the cathedral.

The Notre Dame spire was the epicenter of the fire that later led to its collapse.



Notre Dame shown in its former glory.
Photo submitted by Ruben Smith



The interns of NSU

Students gain a wide range of work experience for their majors.

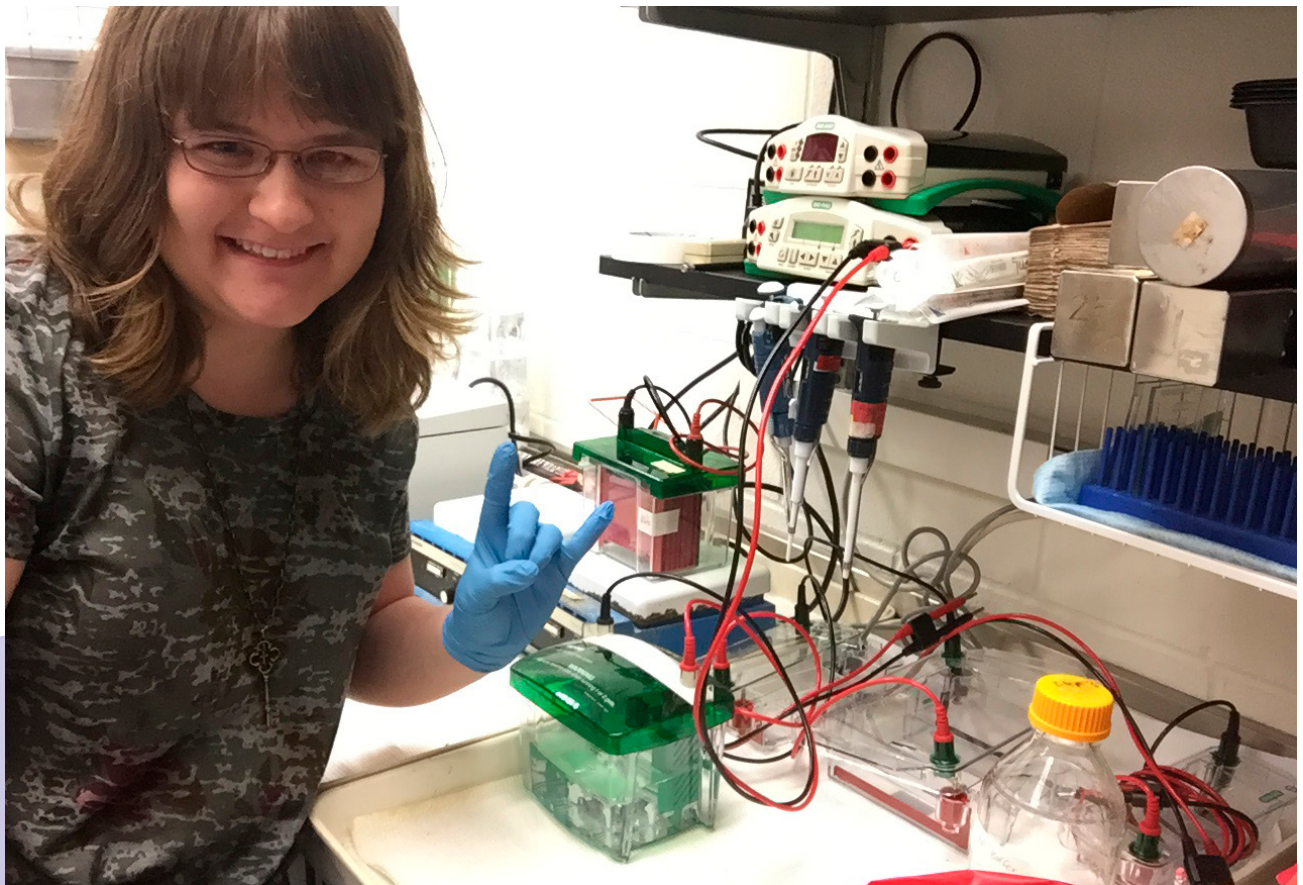


Photo submitted by Abigail Poe

Abigail Poe

Senior Biology major Abigail Poe has worked at not one but two internships this year—summer 2019 was spent at LSU Department of Microbiology and Immunology, and in August she started at the National Center for Preservation.

"Participating in research through the School of Biological and Physical Sciences awakened a passion for this field as we sought to answer questions about the world around us," said Poe. "With the encouragement and help of my mentors, I applied for a summer program at LSUHSC and received an internship. The initial internship was a richly rewarding experience that impacted my life and deepened my desire for research, which was the catalyst for my applying to a second internship."

At Poe's current internship her responsibilities include—literature searches, lab work, data analysis, meetings and presentations.

"My internship at LSUHSC focused on virology, while my current internship focuses on material conservation," said Poe. "Despite being two vastly different areas, many of the daily responsibilities are the same. Both started by

proposing a question that I would work to answer. I conduct literature reviews to look at past and current projects on the topic and speak with labs across the globe to discuss their work. I then develop a project outline and begin working in the lab. Starting with material procurement and sample preparation to the final data analysis, my day-to-day research brings me closer to eventually providing an answer to the original question. Throughout, I work closely with my mentor to provide updates and discuss any issues that come up as well as regularly present my project at meetings."

As for what's next?

"Participating in research on campus and through these internships has given me a passion to pursue a career that involves research. The skills gained at the internships will help me to succeed in the future. Beyond lab techniques, I have learned how to develop a project from the initial stages, communicate effectively my ideas and findings with others in oral and written form, and adapt to unexpected problems along the way."

Anna Waxley

Alumna Anna Waxley spent fall 2019 and spring 2020 at Disney World in Orlando, Florida. She is part of the Disney College Program—an internship that places young adults in a Disney park (either Disneyland or Disney World) and allows them to gain hands-on experience working in hospitality—related industries and meeting people from all around the world.

"I became interested in the DCP by watching fellow HMT students do it before me," said Waxley referring to the hospitality management and tourism major. "It was a shock to me at first because of how hard the work is. Most cast members work 40+ hours a week. Transitioning from a full-time college student to a full-time employee was challenging with such crazy hours."

Waxley is a relief coordinator of sales at the Grand Floridian Resort. She handles all money in all the store locations at the Grand Floridian and handles guest complaints. At the end of every night she pulls sales reports and does closing paperwork and makes sure all cast members are taken care of. It's not an easy job but it's one Waxley is proud to do. "My favorite part is getting to create magic for guests," she said.



Photo submitted by Anna Waxley

Madelyn Dupont



Photo submitted by Madelyn Dupont

Junior Madelyn Dupont spent summer 2019 at KLFY News 10 in Lafayette.

"I started my internship in the newsroom by shadowing reporters, going to the morning pitch meetings, learning how to make a rundown, working with producers to write scripts, and sitting in the control room during broadcasts," said Dupont. "I learned that directing was my passion, so I started working with the directors, learning about all the lights, cameras and mics. Daily I would turn the lights on in the studio, code the cameras and mics for shows, then direct the newscasts at noon, 5 p.m. and 6 p.m. My internship taught me both sides: newsroom and production."

By the end of the summer, Dupont had directed over 50 newscasts, some without any help.

"One morning, the director was late for work, and they needed to do live weather cut ins due to severe weather," said Dupont. "I had to step up and direct the weather cut in without any director by my side and without learning how to do a weather cut in previously. I succeeded with the help of my coworkers, and everyone congratulated me for stepping up."

Story by Holly Jenkins

Five minutes before c

Freshmen don't know what to expect going into college, but at the end, they know what it means to be a Demon.



Sharay Brown

Before: "I was so surprised at how nice everyone was. There's smiles everywhere. I'm excited to meet my professors and get involved in stuff on campus!"

After: "So far NSU has been great! I loved all the activities they have to offer. I also have met many people that I can now consider lifelong friends. I do feel like NSU lived up to what I expected it to be if not even more!"

Photo submitted by Sharay Brown



Nicholas Zona

Before: "I never expected people to be so friendly. I've been able to make so many friends already. I thought Varnado would be more separated but the fact that it's not kinda makes it better. I'm ready for classes and really excited about the music department."

After: "I really think my first impression has held up. I've been really improving at most aspects of music since I came here, and everyone is so helpful and nice!"

Photo submitted by Nicholas Zona

e and after



Alexis Edwards

Before: "I'm in band so I move in early. Everyone was so polite and helpful. I'm excited for classes and that drills for band are over."

After: "NSU has fully lived up to my expectations. I love how small it is and how everything feels like you are with a family here! It is a great college environment."

Photo submitted by Alexis Edwards

Oh, the places you'll go

Did you know you could travel through NSU?
The opportunities are endless.



Picture yourself high up in the mountains of New Mexico, swimming in the Mediterranean Sea or touring century old castles in France. This may seem like wishful thinking but students are having these experiences all the time. How? By traveling with NSU!

One of the benefits of attending Northwestern State University is the abundance of opportunities given to students who wish to travel abroad.

Well-known options for studying abroad are the International Student Resource Center or the International Student Exchange Program.

When a student travels with the center, they pay tuition at Northwestern State University and pay for housing and meals abroad. Northwestern has bilateral agreements with universities in several different countries around the world.

According to International Student Resource Center Director Telba Espinoza- Contreras, studying abroad is not as challenging as some may think. Additionally, financial aid and state TOPS funds are not affected because students enroll in NSU online coursework while abroad so that they are still enrolled as full-time students. Contreras said graduation date is not a concern. The center will work with students and

their advisers to see what coursework students still need to complete in their degree program and figure out a way to stay on schedule.

If a student wants to study abroad in a destination not offered directly through the International Student Resource Center, they can travel through International Student Exchange Program. Through the program students choose from a network of universities on a national and international level that belong to the program.

The university has an International Student Exchange Program representative on campus who manages the relationship the university has with the program. When a student chooses to study abroad with the program, the campus representative becomes the middleman and helps make this happen. Students pay tuition, housing and a meal plan at NSU which creates a spot for another student from another university who will be switching places with them while they're abroad.

Contreras says that anyone who has questions about studying abroad through either program should visit her at the International Student Resource Center Office, Russell Hall 227.

China

Criminal Justice major Zoe Almaraz is one of the many students spending a semester abroad this year. Her destination of choice is the Shenzhen University in China. "I struggled a lot in the beginning because most of the research I had done applied only to bigger cities like Beijing," said Almaraz. "Thankfully I had a lot of people here to help me figure things out."

Almaraz says that Shenzhen is very similar to big cities in America. "I arrived late at night, so it was hard to wrap my head around the fact that I'm really in China! My favorite memory so far is eating Korean BBQ with my roommate, because I had wanted to try it so long, and spending the day walking around malls and drinking milk tea."

Europe

Another way students travel abroad is through a study-tour, many of which are offered in various degree-programs. In the hospitality management and tourism program, students are given a yearly opportunity to attend a study-tour in Europe. In May 2019, led by instructors, Landon Amberg and Valerie Salter, a group of students travelled to Spain, Italy and Greece.

Sites seen included the Colosseum, the ruins of Pompeii, the Acropolis, Park Guell and more—all wrapped up with a cruise around the Greek islands.

The tour was led by local tourguides and students kept journals each day.

Senior hospitality management and tourism major Kinsley Blakeway was one of the students on this trip. She said she enjoyed the trip because it allowed her to become close with classmates she had not known well before the trip as well as to make connections in new places. "I got to see what we learned in class in the real world," Blakeway said. "I discovered that traveling truly is my passion."

New Mexico

The art department also travels each summer. Their destination is New Mexico. According to art department head, Dr. Matthew DeFord noted that the trip usually lasts around 10 to 12 days and stops at various art galleries and installations. Popular

destinations are the Ghost Ranch in Abiquiu, which was the home and studio of famous painter Georgia O'Keeffe, and Meow Wolf, an interactive art and entertainment exhibit in Santa Fe. Students also hike through amazing scenery, visit art supply stores and visit with local artists.

DeFord noted that last summer they got the chance to see snow—in the summer in Taos Ski Valley.

"We learn a lot, experience a lot and the food is amazing," DeFord said. "You can ask anyone who has gone. We have a lot of repeat travelers that save up their money throughout the year to be able to go. It's just a great experience."

DeFord oversees the trip each year with the help of professor of painting and printmaking Clyde Downs.

"The whole removing yourself from this green space and going out to where the land is almost stripped bare—it's amazing how beautiful it is. It's all so different from here," DeFord said.

Each spring semester the art department reveals an exhibition of artwork the students have been working hard on since the previous summer's trip. "We have a lot of really neat work that comes out of that experience," DeFord said.

These study tours may be overseen by certain departments, but students do not have to be enrolled in those degree programs to go on those trips. Students from any degree program and even people who aren't enrolled at Northwestern can attend. Students can potentially earn class credit for attending.

There are countless ways to travel abroad while enrolled at Northwestern State University. If you are thinking about it, speak to your adviser, who can help you figure out the best way for you to see this beautiful world.

Story by Holly Jenkins

Beyond the regular

It's never too late to reach for your dreams. That is why these students, among others, are still going for that degree.

While all students at NSU are unique in their own ways, there's one demographic who are known by name for this: non-traditional students. Nontraditional students may be different from the stereotypical college student yet are still an important part of the Demon family.

Nontraditional students have many reasons for choosing to further their educations.

"I returned to school because I wanted to finish what I once started," senior psychology and biology double major Jessica Thompson said. "I also really enjoy being in school and learning new things. I am a first-generation college student and I don't want my kids to have to say the same."

As much as students look forward to achieving all their dreams and goals, there are still some fears they have. One many nontraditional students face the fear of not fitting in.

"I think that the biggest differences I have faced with being a nontraditional student lie in the ability to form bonds with my fellow college students," Thompson said. "I'm not likely to join sports or other extracurricular activities because I don't have the extra time and there is such a large gap in age that I don't feel as if I would fit in. My priorities are also different than a young adult that is only responsible for themselves. I have five kids and all of the responsibilities that come with that and I'm also employed full time."

Another struggle many nontraditional students acknowledged was that of their busy schedules, due to being parents, having full-time jobs or other reasons. What is agreed on, though, was that it can be done with a little extra effort and a lot of faith in yourself.

"Taking class and being a parent is well is fast paced and crazy sometimes. But with online classes I can keep my hours at work and still be able to pick my kids as soon as school ends," junior nursing major Julie Wilcher said.

Some nontraditional students are labeled as such because of their locations. One example is senior social work

major, Paul Aune. Aune currently lives in Guatemala with his wife, who is a foreign service officer with the United States Agency for International Development.

Aune is enrolled as an online student with Northwestern. "Online classes require more self-imposed structure and discipline, as there are no set times to be in a classroom," he said. "Online classes require more reaching out, as there are no other classmates asking questions in class; I must query the professor about the material when I am confused or respond to fellow students' forum posts."

Nontraditional students usually have different priorities and are often at different stages of their lives than the typical college student. They offer, however, their own important qualities and skills to the NSU family.

"I am an asset to my fellow students, because of the life experience I bring to the table," Aune said. "I am a better student, now, because I am no longer caught up in parties, identity exploration and career/path indecision. Now that I have a clear goal, it is much easier to focus and accomplish it."

If non-traditional students are struggling, there is no shortage of help available to them.

"The advisors at NSU are fantastic," Wilcher said. "Especially Mrs. Jerona Washington. She makes students feel so welcomed and was very encouraging, which definitely made me feel like my future was mine again and that I could do it, which is why I chose NSU."

Though it may seem scary at first, most nontraditional students would agree that the challenge is worth it.

"I know how easy it is to doubt whether you can do it and I am proof you can," Wilcher said. "It is never too late to do what you want and be what you want to be in life. If I have learned anything it's that it may have taken me a little longer than others, but I'm on my way to doing exactly what I dreamed of in life for my kids and for me."

Story by Holly Jenkins

Jessica Thompson (left), NSU senior,
is double majoring in psychology and
biology.

Photo submitted by Jessica Thompson



Julie Wilcher, NSU junior, is
majoring in nursing while being a
mom.

Photo submitted by Julie Wilcher



Paul Auline, social work major, lives
in Guatemala while studying online.

Photo submitted by Paul Aune

Heritage at its finest

Heart and soul brought from the past to the present

"Have you given any thought to the legacy that you are leaving behind for your family?"

This powerful question was asked by the staff of the Creole Heritage Center in their opening statement in the 2019 Creole Heritage Center Celebration Guidebook.

The sentiment is practiced every day at the Creole Heritage Center. It's the purpose for which it was founded over two decades ago. The center was formed to preserve Creole history and culture. Over time it's grown to include focus on Creole communities all over the country, rather than just in the Cane River area. Although staff is small, the impact they have made on the Creole community is huge.

The work they do includes, but is not limited to, research and documentation of the Creole culture, an online family history database and guide to French Colonial records, and documentation of the Creole language. The center is led by Director, Loletta Jones-Wynder. According to NSU President Dr. Chris Maggio, Wynder is the "heart and soul of the organization."

"I've always appreciated and loved the Creole Heritage Center that we have at Northwestern and the great work they do," Maggio said. "I see the tireless work they

put into it. Even before I was president, I've just been really appreciative of the work they do."

Maggio continued, "The center here on campus does a lot of work with records retention and genealogical research. I think it's important that NSU play a vital role [in preserving the legacy of the Creole culture and Creole Heritage Center] as a number of people with Creole heritage have earned their degrees at NSU or have worked here."

On Sept. 27 and 28, 2019, the Creole Heritage Center hosted its annual celebration of Creole heritage. Much to the excitement of participants, Emmy award-winning actor Robert Ri'chard was a featured guest and joined runners in the 5K Saturday morning. This was just one of many events throughout the weekend.

Jones-Wynder described Ri'Chard as personable. This was apparent not only in his participation in the 5K but also in his attendance at the Demon Football game later that night as well as church the next morning with Jones-Wynder. "He didn't turn away anybody," Jones-Wynder said. "He was talking to some of the basketball players and they were asking him a lot of questions, and he gave them his phone number and said, 'Call me if something comes up. I may

not answer but send me a text and I guarantee, you'll get an answer."

Alongside Ri'Chard, Maggio was also an honored guest at this two-day event, which included activities such as a kid's carnival, a Clementine Hunter tribute, live entertainment and more. The theme was "Let Your Legacy Live On," which was separated into five categories: faith, family, fitness, food and fun.

In their statement of the official 2019 Creole Heritage Center Celebration Information Booklet, the staff explain. "Webster's dictionary defines legacy as something transmitted by or received from an ancestor or predecessor or from the past. A legacy is something we create every day of our life."

About preserving the legacy of the Creole Heritage Center, Maggio said, "We want to continue to ensure that the center thrives at NSU and that we're doing everything we can to support them. I think if we continue to do that each year that legacy will continue to live on."

Story by Holly Jenkins



Memorabilia such as these help educate people on what the Creole heritage is and how it impacted the Natchitoches community.

Photo by Jasmine Johnson



Booths were set up at the Creole Heritage Celebration to educate people on the Creole culture.

Photo by Christian Boudreaux



Katelynn Messer collects historic information for the Creole Heritage database.

Photo by Jasmine Johnson



Celebration participants dance in front of the Riverbank Stage as musicians play in the background.

Photo by Christian Boudreaux

What makes

Faculty and students were asked what made them a Demon, and their responses definitely made Vic proud.



Maddie Taylor
Senior

Child and family studies major

"To me, being an NSU Demon means helping others and getting involved on campus and in the community! NSU has so many opportunities that you just need to jump all in because you'll never want to go back! It means going the extra mile to help at move in day, help freshmen find their classes, and being an example to others!"



Alexis Dardar
Junior

Health and exercise science-pre OT. major

"I chose NSU because when I attended Girls' State, I fell in love with how beautiful the campus is. Then when I went to N-Side View Day, everyone was so welcoming, and I was able to see the potential for me to grow here. NSU creates opportunities for me to grow within myself and help others grow in the process. I wouldn't want to attend school anywhere else. Fork 'em Demons!"



Jonathan Magnano
Junior

Communications major

"The people of Northwestern State University are what make me a Demon. The people I interact with every day really make it a pleasure for me to be at NSU. I do everything I do for people who I owe my best efforts. The people at NSU are what make me wake up every day proud to be a Demon and proud to do my diligence in all that I do here at NSU. And as always, fork 'em"



Kerrie Spillman
Freshman

Hospitality mgt. and tourism major

"I'm an NSU Demon because 'Fork 'em Demons' has become part of my everyday vocabulary. I've met so many new people. My older sister and my granddad are both NSU alumni."



Jayde Barnett
Sophomore

Criminal justice major

"I've known since my freshman year of highschool that NSU was the school for me. Throughout high school I worked hard to meet the standards of NSU to hopefully be in the Spirit of Northwestern, more specifically the Demon Heat Color Guard. Since coming here I have realized it is much more than a school. It is a home where I can trust I am in a safe place and it is a place that I am able to express myself while not being afraid of getting judged. It takes hard work and excellence to be here. On top of all the key points to being a Demon, the most important thing is to never forget to end everything you say with "Fork 'em Demons!"

you a *Demon*?



Jessie Cochran
Freshman

Veterinary technology major

"Everyone I met on campus seemed to completely love the feel of the university and I felt the sense of community I was looking for."



Matt Vines

Assistant Sports Information Director

"Being an NSU Demon means being part of a family. Everyone pitches in and goes above and beyond to make sure that this university fosters the best environment possible. In athletics, we ask our student-athletes what attracted them to NSU and to Natchitoches, and the answer is always the family atmosphere and close-knit community. Northwestern State embraced me when I left the newspaper industry, and I've found a home here in Demonland."



Jana Lucky

Director of Enrollment Management

"It is hard to put it in a few words. When I first came to this campus in 1988 while I was a high-school senior to try out for NSU Cheer, I knew this is where I wanted to be. Most of the people here love it. It is a happy place. We are located in a smalltown with so much character. We are diverse in our thoughts and beliefs but driven toward the same goal. Dedicated to one goal—yours! My favorite part of my job is to bring in students as freshmen and watch them walk across the stage four-years later as the person they have become."

Dr. Francene Lemoine

Interim Dean of the College of Arts and Sciences

"To be an NSU Demon means to have an impact. NSU Demon students have an impact on their educational experiences. They aren't 'just a number' – instead, they play an active role in not only their personal academic careers but also in the way that their university is run. NSU Demon faculty and staff have an impact on their students' lives. Every day, we interact with students in a manner that directly impacts those students' educational successes. With a professional, positive and helpful attitude, that impact will eventually result in those students having a more successful life. That is the ultimate joy!"



Brett Garfinkel
Department Head of Theater and Dance

"To be a Demon means to me that you are kind, honest and respectful. The NSU community welcomes all people, fuels creativity and allows for all students to find their own individual voices while succeeding at what they do best. I love working here at NSU!"



NS Rewind

As we stand at the beginning of a new decade, the Potpourri staff looks back on some of the past publications of the former decade.

2011

SAB's Vegas Night event is enjoyed by NSU students.

Photo courtesy of the 2011 Potpourri



2013

Game day for the 2013-2014 school year!

Photo courtesy of the 2013 Potpourri



2014

Students hanging out at the newly renovated Vic's.

Photo courtesy of the 2014 Potpourri



2015

Students showcase the fashion trends of the year.

Photo courtesy of the 2015 Potpourri



2017

3OH!3 are the main event of DemonFest 2017.

Photo courtesy of the 2018 Potpourri



2018

The first annual Queer Prom starts as a collaborative fundraiser event for FMLA, Pride and DSD.

Photo courtesy of the 2018 Potpourri

2016

A student poses in front of the Homecoming bonfire / Glo Run event during the Hunger Games-themed homecoming week.

Photo courtesy of the 2016 Potpourri



Let's get *micro*

The microbiology degree program gets revived after receiving much interest from students and faculty.

In the past, there was a microbiology degree program in Kyser Hall. It went away in the 1990s but now was brought back. Christopher Lyles, director of the school of biology and physical science, said "We started working on the degree program when I first arrived to Northwestern. That would've been fall 2015. It got through the board of regents somewhere in 2016, and the first students started in the fall of 2017."

In spring 2019, the first two graduates of the microbiology graduated with this degree. With the new applied microbiology degree, Lyles said that students who are interested in pursuing the degree can pick which concentration they would like to focus on.

Alisha Bolton, whose concentration is medical and health profession, said, "I chose to be a microbiology major because it would help me with my career of doing research on cystic fibrosis."

With the knowledge they gain from the program, students will have a better chance at landing a job when out in the world.

Bolton said that the microbiology degree program "has changed the way I look at things, especially microorganisms because I know how many of them work now."

Another student of the medical and health profession concentration, Emily Holcomb, said that she is going to attend medical school after graduating. She feels that this is a great degree program to prepare her for that.

"I think being a microbiology major is really cool. I get to learn about all of the little details that go on in the body, as well as the little details that occur in bacteria," Holcomb said.

Story by Courtney Cedotal



Madison Willeford and Rachel Formeller enjoy learning about the different bacteria in microbiology class.

Photo by Precious Goins



Professor Trenton O'Neal teaches students how to properly use their microscopes.
Photos by Precious Goins



Abigail Poe works on her microbiology art project.
Photo by Chris Reich



Aubrey Sepulvado looks into a microscope to see what kind of bacteria are on the slide.

Photo by Precious Goins



Children hunt eggs until their baskets are overflowing, mirroring their happiness.

30 years in the making

After years of laughter and tears, "Steel Magnolias" is celebrated for the first time as a Blush and Bashful weekend.

Natchitoches celebrated a "Blush and Bashful" weekend Nov. 7-10: a 30-year anniversary celebration of the beloved movie "Steel Magnolias."

This movie, which was filmed in Natchitoches, has been a major source of pride for citizens since its release. It was only fitting that we would come together to celebrate it all these years later.

Most NSU students were not alive at the time the movie was filmed but have fond memories of watching it as they grew up. One such student is senior hospitality management and tourism major Anne Cummins. Cummins works for the Natchitoches Convention & Visitor's Bureau, where she and her coworkers were present to help with the anniversary.

"I watched 'Steel Magnolias' with my grandma a few times growing up but never thought much about true meaning of it," Cummins said. "It means much more to me now. The movie has done so much for Natchitoches and it's so incredible to see a film continue to have an impact even after 30 years."

The Hospitality Management and Tourism Department hosted an Armadillo Cake Contest: a contest in which participants competed to make the best armadillo cake.

Other events during the weekend included showings of the movie at Parkway Cinema featuring a red-carpet event, an Easter egg hunt, look-alike contests, a Sunday brunch and much more.

"My favorite part of the weekend was the Robert Harling talk, 'The Story Behind the Story,'" Cummins said, referring to the "Steel Magnolias" screenwriter. "It was such a heartfelt experience to hear him talk about his sister, who he later based the movie character Shelby on, and the incredible life she lived. It was such an honor to hear him tell his story."

As all of Natchitoches' citizens know, there is never a time when we're not celebrating this classic film. At this point, it's become a part of our culture and most certainly our history. Anyone who wasn't able to attend this weekend-long event can rest assured that there will be plenty more opportunities to show our love for "Steel Magnolias".

Story by Holly Jenkins

All Photos by Megan Palmer



The Easter Bunny poses for pictures before he leaves to get ready for next year.



Local cake baker Kathy Ebarb wins the Steel Magnolias Armadillo Cake Contest with her depiction of an armadillo.



Look-a-likes stand center stage to show off their costumes to the crowd.

What's New NSU?

The university brings in new items for its students and community to try out or to use for safety.

During the 2019 year, many things were added to the university. A crosswalk was installed in front of the Watson Library to help pedestrians cross. It adds an extra safety measure to prevent traffic accidents and decongest traffic buildup. In the student union, a new student dining choice, Steak 'n Shake, was added for the community. Columns Café was started by the hospitality management and tourism department to give experience to its students.

The crosswalk is on University Parkway, where it connects the Watson Library to the campus bookstore and Chick-fil-A. This walk allows students and other pedestrians to safely pick up dinner, buy school supplies or use the library no matter the time or traffic conditions.

"Having the new crosswalk makes me feel way less anxious about crossing such a busy street," sophomore nursing major Shyann Morris said.

The chain restaurant Steak 'n Shake was unveiled on campus during the fall 2019 semester. This allows the Natchitoches and university communities to have a taste of something new. Angel Christophe,

a sophomore psychology major, said she is looking forward to having more options for food.

Approximately 2,000 students live on-campus with many more holding meal plans containing a declining balance similar to a debit card.

Jayden Varner, a freshman criminal justice major, said the restaurant would give many students like himself an opportunity to try something new, because many students have never eaten there before.

In spring 2019, Columns Café was opened to give students the experience that they would get in the real world. Culinary students learn how to make different types of dishes for a large group of people, among other skills. Other hospitality management and tourism students learn how to serve, converse and take care of guests.

Both types of students learn how to work as a team under high pressure, while patrons are given a glimpse of what the program is and how it prepares the students for the outside world.

Story by Briana Richard



Steak 'n Shake opens its doors to the first customers.

Photo by Chris Reich



NSU students walk safely across University Parkway.

Photo by Jasmine Johnson



Lana West picks up plates to serve to patrons while Taylor Hughes puts the finishing touches on them in the Columns Cafe.

Photo by Gretchen Speir

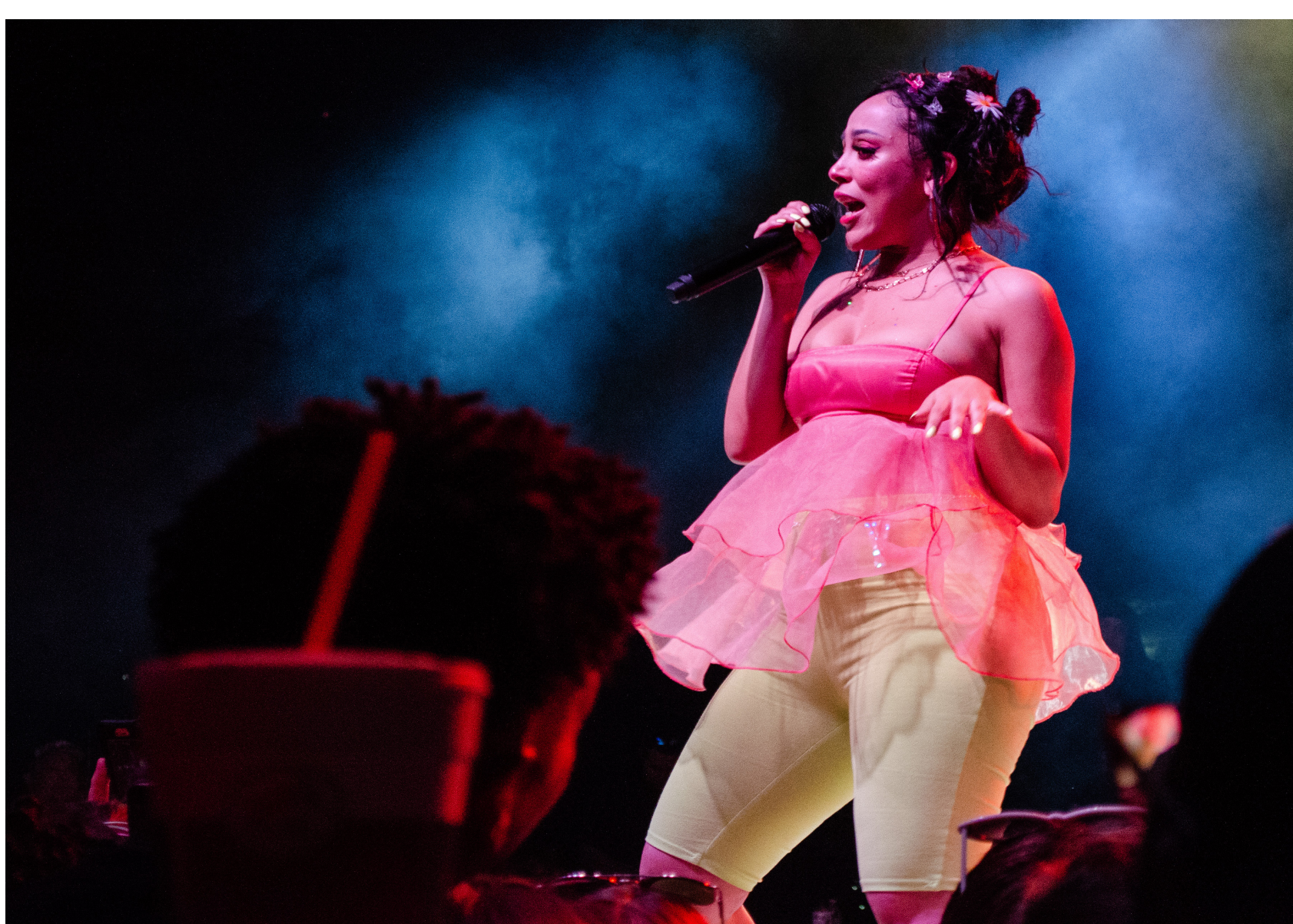
NSU's crosswalk from Café Demon and Watson Library to Chick-fil-A and Marketplace.

Photo by Chris Reich



Steak 'n Shake's doors are officially open to the public in the fall 2019 semester.

Photo by Chris Reich



Doja Cat gets the crowd pumped up during her popular song "Mooo!"
Photo by Christian Boudreaux

Ivan Lorduy and Sebastian Oviedo
 are excited to see all the local
 bands perform and eat great
 food.

Photo by Jasmine Johnson



Charm Taylor gets the
 crowd pumped up during
 her band's segment.
Photo by Jasmine Johnson

Putting the 'Mooo!' in music

Doja Cat brings DemonFest the 'Mooo!' at the annual event hosted by KNWD along with other local bands.

The new stage on Iberville Green was completed just days before DemonFest, so 2019 was already set to be a great year for KNWD's annual concert.

Held March 22, the festival was a success thanks to the hard work of KNWD staff members and volunteers.

Senior Cinnamon Player was DemonFest volunteer coordinator. "The best thing about DemonFest was seeing the positive reactions of the crowd after all the hard work that was put in," she said.

The bands started early in the afternoon. Advance the Light opened the festival, followed by performances by MYOT, VALE, BluVooDoo, the Sweet Tea Band, Lip Candy and VV\$nipes. Sophomore Cole Brumbelow said his favorite part of DemonFest was VV\$nipes.

"The man straight killed it," Brumbelow said. After VV\$nipes, Alpha Phi Alpha fraternity performed a step show.

The energy was high throughout the day, with hardly any downtime between performances.

The Green House Collective, Ms. Charm, Ca-

lamity, Rella and the Seratones performed throughout the evening. "DemonFest was exciting because I liked listening to all the live music and seeing how happy everyone was," said sophomore Zoe Tapp.

In addition to the bands, there were activities set up for the festivalgoers. Participants made flower crowns, bought food from vendors, bedazzled themselves in glitter and colored.

The night ended with a performance by Doja Cat, the rapper, singer, songwriter and record producer. Songs that she performed included "Go To Town" and "Tia Tamera," which had almost everyone in the crowd singing along.

After competitions to see who had the best "moo" and the best cow costume, a few spirited students danced right next to Doja Cat on stage. The audience's energy skyrocketed when the artist performed her highly awaited song, "Mooo!"

People danced and sang along to the famous song into the night as DemonFest came to a close for the 2019 year.

Story by Leanna Coy



Cristina Gonzalez and Laura Guzman are ready to take on DemonFest to its fullest.

Photo by Jasmine Johnson



Alex Strokes rips on the guitar during his band's segment.

Photo by Jasmine Johnson

"Queen of Creole" spiced up Northwestern

Chef Leah Chase visited the campus to spread some Creole cooking magic for the Natchitoches community.

Chef Leah Chase, also known as the Queen of Creole Cuisine, fed legends from Ray Charles and Martin Luther King Jr., to former U.S. presidents Barack Obama and George W. Bush. Much to the pride of the Hospitality Management and Tourism program, Chase ate "the best pepper jelly she had ever had" right here on campus.

The pepper jelly in question was prepared by NSU students and served to Chase when she appeared on campus Sept. 19, 2017.

After enjoying the jelly as well as chicken clemenceau and peach cobbler, Chase spoke to students about her life in the industry and offered advice to those hoping to follow in her footsteps.

This event was made possible by the business department, the Creole Heritage Center, NSU Foundation, the Hospitality Management and Tourism department, NSU TV, NSU Press and NSU Marketing as well as many student volunteers.

Chase died June 1, 2019, at 96.

"There was a mix of emotions I felt when I heard that she had passed," HMT instructor Valerie Salter said. "I felt sad but grateful to have been able to meet her several times and to have had her here at NSU."

Throughout her life, Chase used her talent for the culinary arts to bring joy to people around the world. The

New Orleans native worked at restaurants as a server and eventually went on to own her own restaurant, Dooky Chase's.

Chase inspired others in the culinary industry. In fact, Princess Tiana from Disney's "The Princess and the Frog" was based on Chase.

She received multiple awards in her lifetime, including the James Beard Lifetime Achievement Award and the New Orleans Times Picayune 1997 Loving Cup Award.

Back in 2017, when Chase visited our campus, HMT faculty announced the first winner of the Chef Leah Chase Scholarship, HMT student Jeremy Aaron. This scholarship is awarded to a student in the culinary concentration who has a high GPA and demonstrate excellence in their field.

"One of the greatest and most touching moments of my life happened when I went to New Orleans with the NSU Foundation," Salter said. "Chase told me she was proud of me for the work I was doing at NSU. To have a culinary icon and just icon in general say that to me was very special."

While Chase may no longer be physically with us, her legacy lives on here on campus.

*Story by Holly Jenkins
All photos by Chris Reich*



Leah Chase shows the Natchitoches and campus community how to make chicken clemenceau at the NSU TV station in Kyser Hall.



Valerie Salter, a professor of the Hospitality Management and Tourism program, talks about Leah Chase and what she has done for the hospitality world.



Leah Chase fans line up to let the "Queen of Creole Cuisine" sign "The Dooky Chase Cookbook" after her cooking demonstration on Sept. 19, 2017.

Fun facts about Leah Chase

- 1.** Was the inspiration behind Disney's "The Princess and the Frog"
- 2.** Her favorite New Orleanians were her grandchildren, the Manning boys and her customers
- 3.** Her favorite desserts in the city were bread pudding and pecan pie
- 4.** Favorite band/musicians are her daughter, Leah Chase, Irvin Mayfield, and the Marsalis boys
- 5.** Her one word description of New Orleans is "generous"

Information by gonola.com



Jeremy Aaron smiles brightly with Leah Chase after being named the first recipient of the Leah Chase Scholarship. This is given to students in the culinary concentration who have a high GPA and demonstrate excellence in their field.

If the crown fits...

Candidates of the Lady of the Bracelet pageant show off their beauty, talent and speaking skills for the chance to win the title and bracelet.

On Sept. 27, 2019, Madeleine Hensley was crowned the 62nd Miss Northwestern Lady of the Bracelet.

Eight young women competed for the title, which is a preliminary for the Miss Louisiana Competition. Contestants included Mary Gaffney, Ashley Henry, Avery Debelak, Gabrielle Mockerman, Sarah Shiflett, Victoria Hickman, Kanika Irchil and Madeleine Hensley.

Contestants compete in three categories—interview, talent and evening gown with their social impact statement.

Hensley not only won the main title but was also crowned the winner of the talent portion, People's Choice award and Miss Congeniality.

Other title winners were first runner up Sarah Shiflett, second runner up Gabrielle Mockerman and Miracle Network Award winner and third runner up Avery Debelak.

First runner up Sarah Shiflett says that when announcer and Miss Louisiana 2019 title holder Meagan Crews did not call her name she thought she hadn't placed at all. "When I heard my name called for first runner up, I was

shocked," Shiflett said. "The biggest wave of gratitude came over me. I was instantly humbled. I couldn't have imagined a better first pageant."

The lucky winner of the pageant is awarded a scholarship of over \$5,000 and can compete in the Miss Louisiana Scholarship Program in Monroe. Runners up, People's Choice and Children's Miracle Network winners are all also provided scholarships.

The crowned lady is also gifted a precious heirloom—the bracelet—which she wears for the next year until it is passed down to the next winner. This bracelet has been worn by each winner since the first pageant in 1959.

As 6 first Miss Lady of the Bracelet Jourdan Waddell said in her departing statement "To the next Miss LOB, You have such an amazing year ahead of you. Take every opportunity and live in every moment. You are representing not just yourself but the amazing people of Northwestern State University. You are a part of history now."

Story by Holly Jenkins

All pictures by Christian Boudreaux

Meagan Crews, current Miss Louisiana 2019, helps with entertainment during the breaks.



Victoria Hickman sings her heart out during the talent portion.



Kanica Irchirl shows off her beauty during the evening dress section of the pageant.



Former Miss Lady of the Bracelet, Jourdan Waddell, announces the 2020 candidates at the beginning of the pageant.

Madeleine Hensley greets the audience as the new 2020 Miss Lady of the Bracelet.





Hannah Pettus, Denec Smith and Alison Garcia talk about Alpha Omicron Pi to incoming freshman.



Jonathan Tibbit learns more about the Freshman Scholar position from Gretchen Spier for student media.

Members of student media pose with NSU President Dr. Chris Maggio at Freshman Connection.



A fresh new perspective

Incoming freshmen participate in Freshman Connection to schedule classes, learn about the organizations and more.

Your whole life you were told you have plenty of time to figure out what you want to be when you grow up. But suddenly there you were: a high school senior. Then, before you knew it, senior year was over and college was just a hop, skip and a jump away.

Maybe you are ready to be in control of your life. Maybe you are fearful of a new setting with new people. Either way, August is just around the corner.

Meanwhile, it is summer and time for Freshman Connection, a two-day event that lets students meet fellow classmates, schedule classes, get familiar with campus and experience what it is like to be a Demon.

Who better to welcome you than the Northwestern State University President Dr. Chris Maggio and his team of Freshman Connectors? The Connectors are upperclassmen who show you around and answer all your questions.

"I wanted to be a Connector because I wanted to

be someone students felt like they could go to for anything," said sophomore Margaret Gates.

After you learn the ins and outs of the university and make your schedule, you get to experience the fun of staying on campus.

"There are endless opportunities at NSU and you should enjoy them all," said sophomore Madeleine Hensley.

As you prepare for college and try to shake off all your nerves, let the Freshman Connectors and NSU staff members help give you satisfaction about your choice to pursue your education here in Natchitoches.

"I will never forget the feeling of acceptance and finally feeling like I was where I was supposed to be," said freshman Grace Gosserand. "It solidified that I was making the right decision to attend the best university for me."

Story by Charli Williams

All photos by Christian Boudreaux

Incoming freshmen enjoy walking around during the organizational browse to learn more about each organization on campus.



Demon Days

Demon Days is a series of days where students can participate or watch different events.

First Night Fest

Below Left: Deus Desire, Alaina Parhan and Jacob Sylvia hang out on their first night on campus.

Photo by Christian Boudreaux

Color Chaos

Below Right: NSU students pose together at the end of Color Chaos.

Photos by Amanda Hill



Greek 1010

Above Left: Pi Kappa Phi members promote their fraternity to incoming freshmen at Greek 1010.
Photo by Christian Boudreaux

Putt for Parking

Above Right: Raina Woods tries her hand to win a faculty parking pass for the school year at Putt for Parking.
Photos by Christian Boudreaux



Get Loud @ the Library

Above: Students compete in a game during the Get Loud @ the Library event.
Photo by Christian Boudreaux

Current Sauce Release Party

Right: Trinity Velazquez picks up a copy of the Current Sauce at the first issue release party.
Photo by Christian Boudreaux



bring the fun

T-Shirt Swap

Kelvina Ford and Carmen Rachael show off their new NSU shirts after picking them up at SGA's T-shirt swap.

Photos by Jasmine Johnson



The Inferno

Above: Incoming freshmen run the Inferno at the beginning of the first home football game.

Photo by Christian Boudreaux

Pep Rally

Above Right: The band OBB performing at the Demon pep rally.

Photo by Christian Boudreaux

New Faces

Right: Kerrie Spillman performing her dance routine at New Faces.

Photo by Chris Reich





Traditions through time

Established in 1884, Northwestern State University has expanded over the decades from a single-building university to a college of several different campuses in cities across North and Central Louisiana. With such a long history come many beloved traditions that have been passed down by generations.



The 2019 Demon football season kicked off the way it has for years: with dozens of screaming freshmen, excitedly running across the field for the Inferno. The Inferno is a part of the first home NSU game in which freshmen run across the field as an introduction to the university. "I wanted to participate in the Inferno because I knew it was going to be a fun way to show school spirit," said freshman psychology major, Andrea Daigle. "Before, I thought I would be scared to be in front of a crowd, but once I got out there, I felt proud. I enjoyed it so much because my friends and I were all decked out in purple, white and orange. With our glitter tutus, we screamed along with our NSU family."

Photo by Christian Boudreaux

Another well-loved tradition is Chief Caddo, an 8-foot, 400-pound statue carved by Harold Greene from a black gum tree trunk in 1962.

The statue is the largest annual college football trophy symbolizes the relationship between the founding Native American tribes of Natchitoches and Nacogdoches. Since 1962, the winner of the annual football game between NSU and Stephen F. Austin University keeps the statue, proudly on their respective campus for the rest of the year, until the teams battle it out again.

Photo courtesy of nsutraditions.com



Students who enjoy a good ghost story are intrigued by Isabella, who according to legend is a ghost who resides on campus. Isabella was once a resident of Bullard Mansion, which was a building on Normal Hill. Three columns now stand on Normal Hill. They are what remains of the Bullard Mansion, which was torn down in 1904. After the loss of her fiancé, a grieving Isabella eventually ended her own life and students have been reporting sightings of her spirit ever since.

Photo by Alexis Trosclair

The Lady of the Bracelet Pageant dates back to 1959. Started by Potpourri in the 1920s, the pageant has reached its 62nd year. The lucky winner of the pageant receives a scholarship and a gold bracelet that has been passed down from each winner; this year's titleholder is sophomore, Madeleine Hensley. Miss LOB spends a year representing the university and is given the opportunity to compete in the Miss Louisiana pageant in Monroe.

Photo by Christian Boudreaux



Vic the Demon, the school mascot, has been a part of our school since 1984.

The name Vic, short for Victory, was decided by a contest in which students, faculty and staff submitted ideas to a committee for a grand prize of a trip to the Louisiana State Fair. Alum Ray Carney won the prize of \$10 and the trip.

Photo by Christian Boudreaux



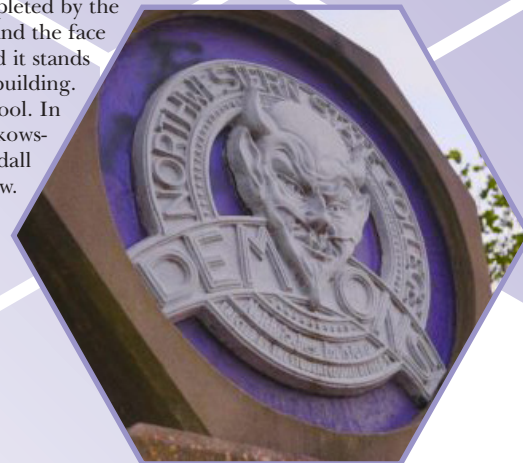
The Rock, a limestone structure created in 2006, is the newest of the traditions. It is between the student union and the Creative and Performing Arts Center and is meant to convey the message that NSU rocks. It is also used as a bulletin board and is constantly repainted leaving behind the layers of past messages.

Photo courtesy of nsutraditions.com

The Demon Head Medallion dates back to 1958, completed by the Student Council. It is made of fiberglass with a concrete rim and the face of a demon with the words Northwestern State College, and it stands proudly on our campus by the Student Services building.

It was created in honor of the 75th anniversary of the school. In 2000 it was recast by Art Department Professor Michael Yankowski, with help on construction from former President Randall Webb's assistant, Robert Crew.

Photo courtesy of nsutraditions.com



Mr. and Miss NSU represent our school at events throughout the year. They are chosen by the Student Government Association along with students in a poll each year.

This tradition dates back to 1956 and is a great honor for students to achieve. Mr. and Miss NSU are presented at the Homecoming game each fall.

Photo by Christian Boudreaux

Other traditions of our campus

School colors

Speaking of purple and white, our school colors are also a tradition. That's right--the colors are purple and white, not purple and orange as many think.

Orange is simply an accent color. The colors were decided on in 1890 by the Seekers After Knowledge Literary Society and the Eclectic Literary Society. The organizations colors were white and gold, and were purple and gold respectively.

The colors combined created the palette we know today. The orange didn't come about until the 1970s when students voted to include it as a secondary university color.

School songs

The lyrics "Purple and White shall ever reign, filling the air with battle strain," are immediately recognizable to Demons.

The "Demon Fight Song" was written in 1970 by Larry Powell. Students know the tune by heart as it is played by the Spirit of Northwestern band at every game.

Our Alma Mater was written by Isabel Williamson in 1906. Its beautiful lyrics represent our university timelessly.

Being part of such an old university means new NSU students can discover and take part in so much history and tradition during their years here. We are the current residents of this university, but we are not the first, and the marks we make now will be remembered in the years to come.

For more information on NSU traditions, go online to nsutraditions.com.

The Potpourri



The 2019-2020 Potpourri staff posing for their yearbook photo.

Photo by Christian Boudreaux

ARGUS



The 2019-2020 Argus team posing for the yearbook. The next edition of Argus, "Mosaic," will be released in Fall 2020.

Photo by Amanda Hill

KNWD



The 2019-2020 KNWD staff throwing their forks up for their yearbook photo.

Photo by Amanda Hill

Current Sauce



Mekayla Jenkins, Madelyn Dupont and Thomas Celles pose wwith Dr. Maggio at the Current Sauce first issue launch.

Photo by Christian Boudreaux

Catchy headline? Maybe. Sleepless nights? Yes.

Student media gives creativity back to the Natchitoches and university communities.

Photo by Christian Boudreaux



Cinnamon Player, Samatha Clark and Megan Palmer participating at Journalism and Media Day or JAM Day.

As the students, faculty and staff of NSU go through their days, four student-led organizations document everyday occurrences. These organizations are the Potpourri, KNWD, Argus and the Current Sauce—together, known as student media.

The Potpourri is the official yearbook. Staff members spend the school year designing, writing and photographing for a book that documents the current year and allows students to look back on their school years for decades to come. The 2019-2020 editor-in-chief is senior hospitality management and tourism major Megan Palmer.

Palmer, who is serving her second term as editor-in-chief, said, "The reason I wanted to be editor again is because I love helping people remember their time at our university. It is an amazing feeling of making the yearbook from scratch to something that transcends time itself."

The Current Sauce, the weekly university newspaper, reports on current events both on and off campus. The paper also features opinion articles, sports updates and more. Anyone on campus is welcome to submit an article for the paper. The 2019-2020 editor-in-chief is senior communications major Samantha Clark.

"At my first Current Sauce meeting in January 2017, I saw Ashley Wolf, the editor-in-chief at the time, running the meeting," Clark said. "I sat in that meeting and thought, 'Wow, maybe I can do this one day.' After that meeting, I started getting more involved with student media and learning more about writing and editing. Being informed about the news is important in today's world, and I wanted to jump at the chance to help students be informed."

The official radio station, KNWD, features music, news reports and DJ shows. The station also plans events throughout the year. Demonfest, a one-day music festival, is their biggest event of the year and is held every spring. The fall 2019 general manager is senior communications major Cinnamon Player.

"I've been part of KNWD since my freshman year," Player said. "I've always had an idea to contribute to the success of the station and now I'm in a position to realize those ideas."

Argus is a yearly publication that features artwork, poetry, short stories, photography and other creative expressions from the university's students. Students send in their submissions early in the year and the best submissions are chosen to be featured in the book. Argus is designed by a student-led staff, but anyone on campus can be featured in the book.

The editor-in-chief of Argus is junior psychology major Allie Atkinson. Atkinson said she wanted to be editor-in-chief to continue the work of her predecessors by "facilitating a creative outlet for students to express themselves with few limitations."

Each semester, different groups of student media members are selected to attend conferences across the country. These conferences provide an opportunity for students to network and learn from other people in the business.

One they regularly attend is the College Media Association conference. It allows students to attend a variety of workshops which are led by teachers, journalists and other communication professionals. Subjects taught at the workshops range from team-building activities and leadership advice to editing.

Senior communications major Keator Poleman was one of the students who attended the spring 2019 College Media Association conference in New York City. Poleman said that the most valuable information he learned at the conference was about self-care.

"The speaker was listing off common habits journalists should look for as signs they need help, and I recognized some of those attributes in myself," he said. College students cannot function well if they can't keep their eyes open. This isn't the lesson I adhere to most, but it is one that's useful to everyone. And it's so simple. I hope everyone reading this understands how important it is to just take some time for yourself."

Student Media Coordinator Kenneth Burns said any student who is thinking of joining should try it. "It's relevant work for communications students. In fact, even if you're not going into this field, we can still teach you useful skills and help you learn to work with people."

Story by Holly Jenkins

119 Years in the Making

2019 Halloween for Northwestern came with spooks and giggles for students and faculty.

Alexis Perry and Sierra Stone (below) dressed as Ezekiel Elliot and Dak Prescott from the Dallas Cowboys.

Submitted by Brooke Boening



One Demon
Two Demon Red
Demon Blue Demon...
These two are feeling
Suessical for
Halloween.



Barbie
(Presley Stewart)
and Ken (Weston Noe)
at cheerleading practice
(right).

Submitted by Tre' Jackson



Alpha Kappa
Alpha sisters (left)
joined with the city of
Natchitoches to
participate in the 2019
Witch Way to Main Street.

*Submitted by
Diamond Knox-Jackson*



The Halloween poem (right) from
the 1909 Potpourri yearbook
gives a glimpse from years past.

Photo courtesy of nsutraditions.com



HALLOWEEN.

There is not another feeling
 Like that on Halloween,
 When, by glancing in a mirrow
 All our future may be seen.
 Then, a ball of yarn will tell us
 Things that long we've wished to know,
 And a solitary apple
 Reveals happiness or woe.



Then those Apish Jack—O—lanterns
 With their ever ready smiles,
 Tho but ordinary pumpkins
 Assume a monarch's gorgeous styles,
 E'en the old familiar objects
 Catch the spirit of the night
 And don a cloak of mystery,
 Recognition taking flight.

Phantom figures, gliding slowly
 Thro every little nook,
 Give to each a creepy feeling
 And a still more ghastly look.
 But 'tis all so very different
 From the usual merry scenes,
 That we forget New Year and Christmas
 And remember Halloween.



New Faces on the block

New talent is brought to the School of Creative and Performing Arts by incoming freshmen and new students in the annual New Faces.

One of the unique artistic experiences featured on-campus is the annual New Faces production. This performance introduces new freshman students interested in earning an artistic degree and allows each one to choose a performance piece for their debut.

The 2019 New Faces took place Sep. 10 in Magale Recital Hall.

Very few guidelines for their pieces were issued from the professors. "Upperclassman coaches are the main tool to guide students when choosing their performance material," Karn Richoux, assistant professor of theater and technology, said.

Some students chose pieces expressing personal struggles and emotions that they related to or defined a portion of their personalities. Others intended the opposite, such as Jacie Stoger, who said her intention was "trying something out of her comfort zone" and pushing her personal creative limits.

Every piece joined to create a collage of beautiful individuality, including a large display of subject matter. The product of constant diligence. Each performer rehearsed almost daily for the four weeks leading up to the recital, along with individual practice sessions.

Many students, such as Mary Fletcher, spent two to three hours a day in their dorm room practicing as well. Brynlee Daigle even resorted to unconventional methods, "constantly practicing in between classes and while driving," when time slipped away.

This hard work was incredibly fruitful, however, as a majority of the young performers received standing ovations during and after their solos. The audience certainly felt the intended emotions during every performance, holding their breath during tense or heartbreaking monologues and laughing along to comedic aspects of songs. The crowd was drawn in during every short performance, giving their undivided attention to all students.

Story by Brianna Richard

All photos by Chris Reich



Mary Fletcher performs a solo at the annual New Faces.



Baylon Ector dances for his solo piece in the annual event.



All of the New Faces showing their NSU pride as they wrap up the annual performance.



My'ria Beverly showcases her dance routine with emotion and skill.



Sarah Lord Holoubek sings her heart out at the annual event.

Mia Adams spends time
with her family before the
football game begins.
*Photo submitted by
Mia Adams*



Quan Shorts makes a
touchdown during the
NSU vs. Southeastern game.
Photo by Chris Reich



Mia Adams' father poses with his new
friend, Roomie the Lion.
Photo submitted by Mia Adams



Cinnamon Player and Jasmine Johnson
spend time together during the football game
Photo by Christian Boudreaux

We are a Demon *Family*

Family Day brings together Demons and their families to show what they have done at the university.

On Sept. 28, 2019, NSU First Year Experience hosted Family Day, an annual event that occurs during one of NSU's first home games of each season. Events take place all day at the tailgating field.

This event allows parents and family members to see what their student has been up to while at college. They get to participate in games and activities, socialize and meet some of the faculty/staff at the university.

There is a tailgate dinner at the end of the night followed by the Demon football game.

This event is hosted by students belonging to the organization, Demon VIP and is overseen by the staff of the First Year Experience Office, an organization that works to help freshmen have a smooth

transition to college life. They host other events throughout the year such as Demon Days and Spring Welcome Back.

This year's Family Day was coordinated by Demon VIP Committee Head Shelby Sullivan.

According to Director of First Year Experience Van Erikson, the purpose and mission for the event are always the same but the events, games and activities offered change each year. This year there was a Snapchat Geofilter Booth on site for photo opportunities.

People and organizations other than the First Year Experience and Demon VIP help with the event too. These organizations change and First Year Experience is always looking for more volunteers. Erikson said that Sigma Sigma Sigma, Kappa Phi and

Alpha Omicron Pi are some of the organizations that helped with the event this year.

"We always joke that this event occurs about the same time as when 5-week grades are coming out, so it's a perfect time for parents to see how their kids are doing academically," Erikson said. "It's so cool to see all the families, who are always so appreciative and excited to see their kids."

Looking to the future, Erikson said, "I'd like to see more organizations to partner with in the future. At the end of the day, we're all part of the Demon family together."

Photo by Holly Jenkins

For you

Trending

News

Sports

Fun

Trends

#Perspective

Your year in recap

 Promoted by Potpourri

1 · Trending

#LSUvsNSU

29.9K Tweets

 NSULA and NSUDemonsFB are Tweeting about this

2 · Trending

#GALA

58.4K Tweets

3 · Trending

#demoNSUnite

Trending with #nsufootball, #PurplePriday,
#ForkEmDemons, #demonland, #NeverYield



Discover



Friends



Graduation



Lip Sync



New Faces



Color Chaos

Subscriptions >



Homecoming
Royals



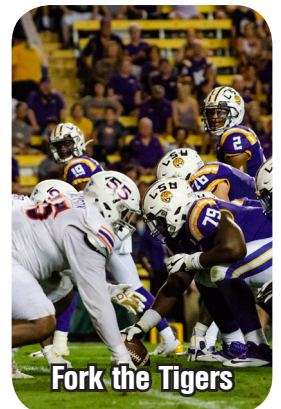
Pageant Time



Queer Prom



On Fridays, we
wear purple



Fork the Tigers

For You



BITMOJI
STORIES

Sunday



Christmas
Gala



Doja



DemonFest 2k19



Steak 'n
Shake Opens

A Magical Week

Northwestern State University transformed with Disney magic during homecoming week in October of 2019.

Wednesday: Fun Run

Left: Runners starting their race.

Down: Contestants race down Greek Row.

Photos by Gretchen Spier



Tuesday: Lip Sync

Above: Ambassadors' Homecoming Hunnies show the school that life is better under the sea.

Photo by Chris Reich



Thursday: Goat Yoga

Left: Samantha Clark takes time out of her busy schedule to relax.

Above: Gabrielle Mockerman is having an unforgetable time.

Photos by Jasmine Johnson



Week in the Making

Friday: Homecoming Parade

Left: NSU ROTC throw up their fork 'ems during the Homecoming parade.

Right: Vic the Demon greets the crowd during the Homecoming parade.

Photos by Christian Boudreaux



Saturday: Homecoming Week & Tailgate

Above: Jared West attempts to run past an opponent from Central Arkansas.

Photo by Christian Boudreaux

Above Right: Annalise Sylvia and the rest of her fellow cheerleaders cheer their Demons on.

Photo by Christian Boudreaux

Right: Char'Tarian Wilson and Shelby Sullivan, Mr. and Mrs. NSU, pose with Kristen Prejean the newly crowned Homecoming queen.

Photo by Chris Reich



A Demon Musical

Disney-themed dances were watched and applauded in Prather Coliseum during the annual Lip Sync performance.

Each year Northwestern State puts on a lip sync battle during Homecoming week.

Student organizations come together to have a friendly competition. A process goes on behind the scenes that makes this event loved by many.

Cade Mitchell, one of the students who helped put Homecoming week together, said the process for setting up Homecoming week, starts in the spring. Mitchell said there are so many meticulous things that go into making lip sync battle that if one element goes wrong, everything else could possibly suffer as a result.

Tori Spraggins knows some of this struggle as Phi Mu's Lip Sync chairman. She is responsible for helping with the music and teaching the sorority sisters the choreography.

"Once all of the choreography and music was put together, practice started immediately and was held every day up until the performance," Spraggins said.

For the first two weeks, members focused on each

individual dance since that was where they suffered in previous years, and it paid off in the end. Being Lip Sync chairman put a lot of pressure on Spraggins, but Phi Mu came out on top with the dedication of everyone who participated.

Walker Jackson was in the audience watching the performances. She said that she thinks Lip Sync battle is important during Homecoming. "It gives each organization a chance to promote themselves and show teamwork skills," Jackson said.

She also said the groups performing at Lip Sync battle were entertaining and funny. "It was cool to see how creative each group got with their dance and themes," she said. Each organization brought it to the floor that night and showed what working hard for something meant to them.

Story by Courtney Cedotal



Mia Adams mourns the loss of Jacie Stogner during Scholars' College's Peter Pan routine.

Photo by Christian Boudreaux



Tri Sigma members perform with the Lion King theme during Lip Sync.

Photo by Christian Boudreaux



Photo by Chris Reich

Pi Kappa Phi members perform their Mary Poppins-inspired routine.



Jacob Ellis (Homecoming king) and Kristen PreJean (Homecoming queen) dance together during Lip Sync.

Photo by Alexis Trosclair



Addie Lasater and Zay Rogers perform their winning Homecoming Hunnies routine for Phi Mu.

Photo by Chris Reich

Brooke Nelson and An-
nalise Sylvia get the crowd
pepped up at the annual
Homecoming pep rally.

Photo by Jasmine Johnson





Photo by Chris Reich

Pom Line performs during the pep rally to help hype up the Demons for the game.

Happily Ever After in Demonland

Demons celebrate Homecoming before taking on the
Central Arkansas Bears



Photo by Jasmine Johnson

Football players hangs out after being in the Homecoming parade.

Photo by Chris Reich



Alyson Brown and Mary Strickland performing with the Demon Dazzlers at the Homocoming Pep Rally.

Photo by Jasmine Johnson



Vic the Demon channels his inner Mickey Mouse at the pep rally.

Pictures by Christian Boudreaux



King Jacob Ellis and Queen Kristen Prejean represent their college with pride.



Tori Spraggins, Alexia Rubin, Elizabeth Coleman and Kelsi Horn throw one last fork 'em before walking down the field.

Front: Emmy Hinds, Kelsi Horn, Libby Blair, Elizabeth Coleman, Haley Sylvester, Kristen Prejean (Queen), Jacob Ellis (King), Hannah Gaspard, Jourdan Waddell, Alexia Rubin, Shelby Sullivan, Tori Spraggins

Back: Zach Breaux, Tre' Jackson, Kyler Burns, Nicholas Hopkins, Luke Conway, Triston Bussell, Luther Brooks IV, Tarik Andrus, Daniel Crews, Caleb Allen





Daniel Crews and Shelby Sullivan throw a fork 'em to the crowd at the annual Homecoming parade.

Royal *Recognition*

Students are selected for Homecoming court through a voting process on who will represent their college with honor and pride.



Photo by
Chris Reich

The Fairest of them All

The Homecoming king and queen are chosen by having the most votes in the Homecoming court. Both students are presented with a sash with their title embroidered on it. A crown is given to the queen while the king is given a scepter. They can be seen at Homecoming events and activities.

The 2019-2020 Homecoming king and queen are Jacob Ellis and Kristen Prejean.

What does it mean to you to be NSU Homecoming king/queen?

Ellis: "To me, being NSU Homecoming king is such an honor because it gives me the opportunity to give back to the university that's given me so much. It's kind of like the icing on the cake for my senior year. I've done so much and this is the pinnacle of it all."

Prejean: "NSU holds a very special place in my heart. I love this university and absolutely love being able to serve the university in all of the capacities that I do. Being the 2019 Homecoming queen was my favorite and most humbling experience thus far. I was completely honored to be chosen by the student body to represent the university as queen."

I love this university and love all of the people here so much that I try to radiate my NSU pride with everyone around, so it meant the world to me that people were able to see that pride shine through me."

What was your reaction to being chosen as Homecoming king/queen?

Ellis: "I was super excited when I saw the results, because I had been stressed getting on court in the first place. And then I looked and I realized that I was on court, and I was relieved. But then someone said, 'Oh, Jacob. You're king!' And I was like, 'OHHHH!' So, it was just really exciting and so many emotions were going through my head all at once."

Prejean: "I honestly was speechless and shocked. It was such a blessing to be chosen for such an amazing honor. The love and support that I received from my friends, family and everyone at NSU was truly an unexplainable feeling. Not only was I excited to be queen, but I was so honored to be chosen to represent the university alongside of all of the well-deserved and outstanding members on court."

I was so happy to be able to experience this moment with all of my friends and serve alongside the best king, Jacob Ellis. I love serving the university so I was very excited to be able to serve in another way."

What did you do to become Homecoming king/queen?

Ellis: "Well, there's not much you can do to become Homecoming king. So, the way it works, is to be nominated for Homecoming court, you need four different nominations from four different organizations. Once you receive your nominations, you're on the ballot. Then the student body will vote for guys and girls for court, 11 guys and 11 girls, and the person who receives the most votes from that election automatically becomes king. So, it's just whoever has the most votes for court."

Prejean: "Everything that I have done at Northwestern has been because I love to serve the university and all of the people here. I never did anything with the intentions to gain anything, but instead to make an impact on others and make someone else's life easier by doing my part. I want everyone to love Northwestern, so I do my best to make everyone feel welcomed and do what I can to make the student experience better."

My parents always taught me to keep God first and work hard at everything I do no matter how small or big the task may be, and I truly believed that has helped make me who I am today. I could not have made it this far without my parents, friends, mentors and peers."

Do you have any advice for someone who wants to get more involved on campus?

Ellis: "My advice for someone who wants to get more involved on campus is just find what you like to do, and there's probably an organization for it. Talk to people. I would say reach out to your friends, reach out to people you don't know, and definitely go to your university sponsored event. Any event that the university is hosting, I would definitely say go to those events because that's where you meet people and where you can discover things that you didn't know were possible."

Prejean: "Campus involvement is something that I am so passionate about. Coming in as a freshman I knew I wanted to be involved, but I had no idea how much it would truly impact my life. Through being so involved, I have met my best friends, got on a plane for the first time, traveled to France and so much more. I would encourage all students to step out of their comfort zone, try something new and find their fit."

It can be scary to try something new, but it is better to try and fail than not try at all. Through every life experience there is a lesson to be learned, so just go for it. The relationships you build, memories you make and life skills that you gain through involvement are incomparable and last a lifetime. College is only a few short years, so get out of your dorm, meet new people, and have fun!"



Jacob Ellis and Kristen Prejean are crowned at the homecoming football game against Central Arkansas.

Photo by Christian Boudreaux



King Jacob Ellis and Queen Kristen Prejean are ready to take stage at the annual Lip Sync with Dean of Students Frances Conine cheering them on.

Photo by Christian Boudreaux

2018 Homecoming King Char'Tarian Wilson and Queen Rebekah Aultman are excited to pass down roles to the 2019 king and queen, Jacob Ellis and Kristen Prejean.



During the annual Homecoming parade, the King and Queen can be seen representing their university with pride.

Photo by Amanda Hill



Photo by Chris Reich



Mr. and Miss NSU Char'Tarian Wilson and Shelby Sullivan help the University Programming Council with announcements during the Homecoming pep rally.

Photo by Chris Reich



Miss NSU and Homcoming court member Shelby Sullivan walks with Daniel Crews at the annual Homecoming game against Central Arkansas.

Photo by Christian Boudreaux



Char'Tarian Wilson is always ready to show his university pride, even at the annual Homecoming Parade.

Photo by Christian Boudreaux

Representing with *Honor*

Since 1956, Mr. and Miss NSU are the highest honors a student can hold in their undergraduate journey. The Student Government Association hosts an election each fall semester to allow students to elect two of their peers for this honor.

They are presented annually at the Homecoming football game. The students can be seen at other university events and activities throughout the year. For the 2019-2020 school year, Shelby Sullivan and CharTarian Wilson were chosen for this high honor.

What was your initial reaction to being named Mr./Miss NSU?

Sullivan: "Three words: humbled, honored, ecstatic."

Wilson: "My initial reaction of when I saw my name on the results was screaming to the top of my lungs, jumping like crazy, and shaking my best friend in disbelief. I'm pretty sure that my roommate and neighbors thought I was dying or something."

What does it mean to be Mr./Miss NSU?

Sullivan: "Miss NSU, to me, is being a part of over 60 years of one of Northwestern's highest honors. To me, being Miss NSU is being more than a student, it's being truly passionate about giving back to a place that has given me so much."

Wilson: "To be Mr. NSU means that I am truly representing something that is greater than myself. It means that the NSU's values are a mirror image of my own. This university is diverse, accepting, serving, and wants to improve its students' lives, and those are values that I support as well. NSU has done so much for me, and now it's my turn to return the favor."

What motivated you to want to be Mr./Miss NSU?

Sullivan: "My freshman year, the 2016 Miss NSU, Leighann Westfall, embodied what it meant to be a Demon. I knew from that moment, that I wanted to also embody all the values and traditions of being a Northwestern State Demon!"

Wilson: "It was never my intention to become Mr. NSU. It just kind of happened. I came to this campus to get my degree and to join a few organizations, but while doing those two things I have made so many genuine relationships with others and I feel as if those relationships is what got me to this point."

What did you do that led to you being named Mr./Miss NSU?

Sullivan: "I got involved on campus and made relationships with fellow Demons. I gave back to the university that has given me so much. And of course, wearing purple on Fridays!"

Wilson: "I believe that the No. 1 thing that I do on a daily basis that led to me being named Mr. NSU is treating people with respect, making true connections with others, and being open-minded and accepting to people and things that are different than I am."



During the annual pep rally Shelby Sullivan and CharTarian Wilson watch as the Pom Line and Demon Dazzlers wow the crowd with their performances

Photo by Jasmine Johnson

Do you have any advice for someone who wants to be more active on campus?

Sullivan: "Northwestern has 112 recognized student organizations, so there's something for just about every Demon on campus. If you don't see something you're passionate about, you can always start your own recognized student organization here! Go to athletic events, UPC, Demon Days, or SGA events, or any other student-led event and I promise you'll begin to love Northwestern State!"

Wilson: "The advice that I have for someone that wants to be more active on campus is to be yourself, actively seek out opportunities and push yourself out of your comfort zone. I also recommend going to as many events as possible. For example, when I came to Northwestern, I went to the organization browse and this one organization had cake and I really wanted cake. Turns out it was the Student Activities Board and I enjoyed serving on that board more than you could imagine."



Attendees gather together to commemorate the ending of the 2019 Queer Prom.

#SquadGhouls

Pride has a "spooktacular" night for charity and fun.

Pride is a student-led LGBTQ-straight alliance that seeks to bring students together.

NSULA Pride hosted the third annual 'Queer Prom' on Oct. 12. Queer Prom is a fundraiser event that benefits for the charity or nonprofit voted on by the club members.

Junior biology major and secretary treasurer for Pride Jordan Garcia said \$160 was raised this year for Youth Oasis in Baton Rouge. Youth Oasis provides a caring home and support for youth in need regardless of race, sexual orientation or any other label.

The 2019 theme was "Spooky" since the event was in October. Attendees danced while enjoying food and the company of other Northwestern State Demons.

"I had a lot of fun," freshman general studies major

Shelby Leone, said. "Everyone was so nice, and we all had a good time. I really like that there was a small event like this for everyone."

NSULA Pride works throughout the year to improve the university by creating a more tolerant, inclusive environment. According to Garcia, the work includes bake sales, events to raise awareness for different LGBTQ groups, and "whatever our members want to do for the community and is accessible for us to do."

According to their mission statement they seek to "advocate for a harassment and discrimination free campus, offer campus-wide outreach programs for those isolated because of their gender identity, provide educational information about GLBT issues and provide a safe and supportive environment for students to examine and come to terms with different sexualities."

Story by Holly Jenkins

All pictures by Christian Boudreaux



Connor LeJeune and Talan James
slow dance the night away in
the student union ballroom.



Kenzie Langen has a grand time with their dance partner.

Shelby Leone joins promgoers
doing the Cupid Shuffle.



Haleigh Gates, president of NSULA
Pride, collects money prior to prom.



Picture by Chris Reich



Picture by Mekoyla Jenkins



Picture by Christian Boudreaux



Picture by Chris Reich

The ROTC activation of the 70th batallion was celebrated on the Kyser brickway in September 2019.



Photo by Christian Boudreaux

Dedicated Futures

ROTC leads to future careers in the military and helps Demons find a home away from home.

The Northwestern State Reserve Officer Training Corps, or ROTC, offers opportunities for cadets seeking to become officers in the military after graduation and for those who are not. Gennyfer Peña is the S-3 training officer for the program. After graduation she plans on being a medical service corps officer for active duty in the U.S. Army. "One of the things that the ROTC program teaches cadets is how to be a good leader," Peña said. "It teaches us how to communicate with people our age and older. It also teaches us how to stay mentally and physically fit."

Caleb Krikorian is a company commander in the program. He plans on commissioning as an armor officer in the Louisiana National Guard and wants to earn a doctoral degree within the state. After that he will switch to active duty pursuing a slot in the 75th Ranger Regiment and their specialized military intelligence battalion.

"I chose to be a part of this program to earn my commission in the U.S. Army," Krikorian said. "I felt Northwestern ROTC was the perfect fit for this goal because it was the most convenient to me and offered

the best scholarships. Our instructors are simply dedicated to seeing these cadets earn their bars, and our smaller battalion encourages that face-to-face counseling aspect that most large universities miss out on."

For those in the program, opportunities can arise to teach different skills that are important inside and outside of the military. Maria Bansil is the battalion commander. She plans on commissioning as second lieutenant in the Army after college.

"The ROTC program teaches cadets valuable leadership development and military skills through a combination of academic and practical learning/training," Bansil said. "MSI-MSII years are used to teach the basics such as marching, drill and ceremony, military structure, land navigation, etc. MSIII year is used to prepare juniors for advanced camp which is a graduation requirement."

"MSIV year, the final year, teaches seniors the foundation of what it means to be an Army officer and the different programs and processes to know. Throughout all the MS levels, leadership and self-development are highly encouraged."

Story by Courtney Cedotal

Faith is what you believe in

Cadence Student Ministries



Members of Cadence at the end of one of their Monday meetings in the President's Room

Photo submitted by Emeri Manasco

Cadence Student Ministries is an Apostolic student ministry with a mission to be "the heartbeat of our campus and a home away from home," according to their Facebook page. They were founded in 2012. Cadence Student Ministries has a worship service every Monday in the student union. At the services there is live music and members can speak about whatever is on their mind.

Members have special events throughout the semester as well. In fall of 2019, they hosted an ugly Christmas sweater party, a bonfire and other events based around fellowship and fun.

Second-year graduate student and president of Cadence Student Ministries, Daniel Killian said that he was interested in becoming a part of Cadence because "We all have a passion to share the love of God and be a positive example at NSU. We started Cadence as a way to worship together and spread that love."

This year their theme is "His Kingdom, Our Campus," because according to Killian, "We want the kingdom of God to be on our campus as it is in Heaven."

Wesley Campus Ministry

The Wesley Campus Ministry is a Methodist-based organization founded in 1961. The ministry meets every Tuesday night for worship and serves the community throughout the year at the Cane River Food Pantry and even go on short-term mission trips. In fall 2019, they went to the Owl Center to serve foster children.

According to Junior English major and connections chair for the Wesley Hailey Urena, she knew she wanted to be a part of The Wesley before even coming to NSU.

"I was very active in my youth group at my home church which led me to meeting all kinds of United Methodist Youth across the state," she said. "These people became some of my best friends. As graduating high-school seniors, we all promised to become part of Wesley Foundations. This way, we would still live across the state from each other, but we would be able to have something that still connected us."

Urena said her favorite part about the Wesley is the inclusiveness. "We never close our doors on anybody; no matter race, sex, gender, sexual orientation, political party, etc. As the United Methodist saying goes, 'Open minds. Open hearts. Open doors.'"



Members of the Wesley in Hot Springs, Arkansas during their mission trip to the OWL Equine Center in Louisiana.

Photo submitted by Ashleigh Fedderman

Several religious organizations help students guide them on their own spiritual paths on campus.

Students have many options for getting involved in campus life. Some of the organizations are faith-based. These groups offer students the chance to stay in touch with their religious beliefs and meet students with similar goals and interests. Here are what students who are part of these organizations have to say about their experiences:

Story by Holly Jenkins

Catholic Student Organization



Members of the CSO performing at a worship event.

Photo by Jasmine Johnson

The Catholic Student Organization is based on a mission of, ("Hospitality, Outreach, Service and Fellowship").

It is a Catholic Student ministry and part of Holy Cross Catholic Church on Second Street.

CSO members volunteer at food banks, nursing homes and occasionally mission trips. They host events throughout the year such as fall 2019's Bob Ross painting night which was a relaxing night of painting, food and fun. Friendsgiving was a chance to enjoy Thanksgiving with NSU family.

Junior history major and vice president of the organization Sheridan Douglas said her favorite part of the CSO is the community. "I love how we are able to share our faith in college and have people on our journey to share and talk with," she said.

Baptist Collegiate Ministry

The Baptist Collegiate Ministry is, according to its website, "a place for Christians to build intentional relationships and grow in their faith."

The ministry was founded in 1926. It hosts events throughout the week like worship services, book studies, lunches and more. There are special events throughout the year like Minute to Win It which is a series of 60 second games and "Jungle Pong," a ping-pong game.

"My favorite BCM memories are the ones where you go around meeting people and all of a sudden you run into a group of people that are singing, another group is dancing, the other people are playing pool and ping pong," Patricia Reed, senior biology major, said. "There is always so much going on yet the atmosphere is so inclusive."

"My goals for this organization are for people to grow in their relationship with Christ, learn how to be intentional with getting to know people and to have a heart to serve everyone," Reed said.



Members of the BCM doing their Worship on Wednesdays event.

Photo by Christian Boudreaux

All around the World

International students bring different cultures to a small town university.

For many students, college is their first time away from their family and out of the comfort of their hometown. The transition to adulthood can be difficult even if students are only going a few dozen miles away. Some students, however, must experience this transition thousands of miles from home.

Northwestern State University is home to students from Colombia, Germany, France, Spain and many more countries. Some spend a year here while some spend their entire college experience here. No matter how long they choose to stay, studying in a country that is foreign to them provides an experience like no other.

Several students said the biggest shock for them upon arrival in Natchitoches was the adjustment to small-town life.

"I was surprised because Natchitoches is very small compared to where I'm from in Germany," business administration major Yannik Gerland said. "But I learned to love it here."

"For me, the first moments here were like,

'Where am I?', accounting and business administration major Edwin Castro Frias said. "It's very different from Colombia, but at this point I just love my town [Natchitoches]. I call this my town."

For some students, their time in the United States continues after college. Frias, for example, is in the process of getting the certifications he needs to stay here after his graduation. He said the International Student Resource Center has been a big help in that process. "They work hard [at the ISRC], they're really helpful," Frias said.

Music education major Juan Sebastian Castilla Pena also came to our university from Colombia. He had never been outside of the country without his family prior to studying here, but quickly learned how to live on his own.

"My time at NSU has made me grow so much," Gerland said. "I learned so many new values and I get the chance to work with great athletes [in track and field] and people, and this teaches me new things day after day."

Story by Holly Jenkins



Students Jalima Diaz, Ivan Lorduy Camargo, and Sebastian Oviedo Osomo from Cartagena, Colombia hard at work in the Music Media Lab.

Photo by Sarah Palmintier



Yannik Gerland from Germany showcases track and field skills.

Photo by Chris Reich



Proud NSU chamber choir members Daniela Salas Ricardo and Carlomagno Leon Jimenez from Cartagena, Colombia.

Photo by Sarah Palmintier



The tennis team has several students from Europe and Asia who represent their country.

Photo by Chris Reich

A New Change in *Scenery*

The annual Christmas Gala had to be moved because of the renovations of A.A. Fredricks, but that did not stop cast from having a jolly good time.

Every year, the Christmas Gala is a must-see in Natchitoches, but we never see what goes into preparing for this annual event. The 2019 Gala showing gave a challenge to the cast and crew by being relocated to the Natchitoches Event Center.

Robert Richoux, who helped with the set, said, "moving things to the event center is going to be a challenge, as well as getting not only students but patrons to the center. This is what we do in theater. We adapt and overcome." Richoux also explained that a lot of elements must come together to make the performance great. "For me, it is all about logistics. How are we going to accomplish the tasks that are being asked?"

Michael Rorex is the director over the Christmas Gala for the 2019 season. "I am the 'go to person' when it comes to who is 'directing', but each professor really directs and develops their own production piece for the Gala," Rorex said. "We just bring them in and put it together and make it flow, and then you have a show."

Adrian Brouillette, a choir performer, said that they all practice together, but it's different this year with their practices being in the band room instead of A.A. Fredericks.

Costume designers are one of the essential parts to keep the magic alive, they must dress and fit the performers. Jessica Parr is a costume designer who makes sure the toy soldiers are ready for duty. "We usually have some numbers that are traditional numbers, so the wooden soldiers are in there every year," Parr said. "We have stock that we are reusing, but we have to tailor it to our new dancers because our cast changes every year." Musicians in Gala, must prepare months in advance for juggling everything in their life to be ready for the back-to-back performances.

Rebekah Clark, who is a musician in the Christmas Gala, said, "We try to hold individual rehearsals for each section of the orchestra. Outside of rehearsals, we must also plan our classes and assignments around Gala, and it takes about a month in advance to organize."

Theater performances will always have twists and turns for their cast and crew. For the Creative and Performing Arts school, this was just another stepping stone as the cast and crew become ready for the world.

*Story by Courtney Cedotal
All Photos by Chris Reich*



NSU Chamber Choir wants you to
'Have Yourself a Merry Little Christmas'



Alexz Hattier performs with
the Demon Dazzlers.



Kyle Munson and Virginia Tudor have Christmas on an island paradise.



Luther Brooks is a hip , happening elf.

Gala comes to a close as everyone sings 'We Need a Little Christmas' with Santa and Mrs. Claus



THE 2010S



2010

The deadliest earthquake occurred at the beginning of 2010. A 7.0 quake hit the island of Hispaniola, killing over 200,000 people.



2012

The Mayan calendar famously was shown to "end" on Dec. 22, 2012. The Mayans believed the end of one cycle would be the beginning of another. People believed the end of the cycle meant that the world would end.



2014

Deadliest Ebola outbreak in history originated in the areas of Guinea, Sierra Leone and Liberia. The disease spread rapidly and led to over 11,000 deaths and more than 28,000 infected.



2016

Simone Biles became the most decorated gymnast of all time during the 2016 Olympics, winning five medals, including four gold.



2018

Meghan Markle married Prince Harry becoming the first American to marry into the royal family since 1937.

Here is a refresher of some events that have happened in the past ten years from deadly earthquakes to the U.S. Women's National Team win for the fourth time.

2011

"**Harry Potter and the Deathly Hallows Pt. 2**" premiered in theaters bringing about the end of a magical era.



2013

#BlackLivesMatter was used for the first time by three female activists following the acquittal of George Zimmerman for the murder of Trayvon Martin.



2015

Gay Marriage was legalized in the United States of America.



2017

Climate Change was shown to have raised the temperature of the planet by 35 °F by the UN's Intergovernmental Panel on Climate Change.



2019

U.S. Women's National Team won the FIFA World Cup for the fourth time.



It's a Goodbye and a Hello

Graduation is a moment when graduates get to celebrate their accomplishments in completing their degree programs.

"When I finally got to walk in December I honestly couldn't believe I was finally done. It felt so good to know that my hard work had finally paid off."

This quote from nursing alumna Peyton Ebarb describes the feelings of many Demons as they finally earn their degree.

On Dec. 20, 2019, hundreds of NSU students walked across the stage at Prather Coliseum. Diplomas in hand, they went off into the world ready to put all the knowledge they have accumulated over the past few years to use.

"The whole experience was surreal," communications alumna Katie Baronne said. "Looking back, I was really thinking about not falling and how quickly my undergraduate experience went by. It was actually a little sad."

Author Denise Lewis Patrick was the commencement speaker for the ceremonies. Patrick is an NSU graduate and has many accomplishments to her name. She has written and published books, such as "Red Dancing Shoes," a children's picture book. Patrick has also worked for companies such as Scholastic. Currently she works as an adjunct professor of writing, makes school visits to students over the country and

continues writing books.

When our students graduate they have a world of opportunity open to them. Many students find work immediately, such as Ebarb and Baronne. Ebarb is now working full-time at Natchitoches Regional Medical Center as a registered nurse in the emergency room.

"It's been a stressful process of trying to learn everything, but every day I go to work it's something different and exciting, and I'm enjoying and learning as much as I can," Ebarb said.

Baronne is working at Kinetix Solutions in Alexandria. "I love what I'm doing but nothing is set in stone," Baronne said. "I'm just seeing where the world takes me."

"If I could go back and tell myself something when I was first entering college, I would tell myself to really soak it all in," Ebarb said. "I know it's cliché but it really does fly by. College is your time to try new things and get to know yourself."

Story by Holly Jenkins

Christian Frost happily shakes hands with Maggio at the 2019 morning graduation



Photo by Christian Boudreaux

Jasmine Frazier shakes hands with Maggio before receiving her diploma at her 2019 graduation.



Photo by Christian Boudreaux



University president Dr. Chris Maggio congratulates the graduates on their achievements.

Photo by Christian Boudreaux



Joy Newman walks across the stage to shake hands with Maggio and get her well earned diploma at the 2019 graduation ceremony.

Photo by Chris Reich

Kayla Roquemore makes it to home plate just in time to score a point for the Lady Demons.

Photo by Chris Reich



The Demons go head to head with
Midwestern State.

Photo by Alexis Trosclair



Pom Line poses after the SFA
football game.

Photo by Christian Boudreaux



Hannah Brister serves against
McNeese State University

Photo by Christian Boudreaux

Athletics



078-079 A team of their own

080-081 let's get fired up

**082-083 dancing from
our hearts**

084-085 spin it like its hot

**086-087 The largest
band in the land**

**088-089 leave it all on
the field**

090-091 kick it up a notch

092-093 running for the goal

**094-095 taking the road
less traveled by**

096-097 let's settle this at the net

098-099 hungry for more

100-101 order on the court

102-103 serving up sisterhood

104-105 the best is yet to come

106-107 everyday I'm hustlin'

108-109 queens of the diamond

**110-111 there's no place
like home**

2.



1.



1. Kijah Johnson, Madison Clouse and Bailey Begnaud meet juniors and seniors at N-Side View Day.

Photo by Jasmine Johnson

2. Pom Line show off their school spirit in the Homecoming parade.

Photo by Alexis Trosclair

3. Pom Line cheers on the Demons as they play rival McNeese.

Photo by Christian Boudreaux

3.





The 2019-2020 Northwestern State Pom Line team is ready to represent.

Photo by Chris Reich

a team of their own

Pom Line has become a way for women to keep doing what they love.

The Purple Pizzazz Pom Line is a unique team of young women who bring out the Purple Pride in Demonland.

Unlike other spirit groups such as the cheer squad or the Demon Dazzlers, Pom Line is a blend of different aspects of spirit groups, not just one strict concept. "We have our own style," team captain Skyler Guerra said.

One thing should be made clear: The Pom Line ladies are not just for show. "We do a lot more than just stand there and look pretty," junior member Kariah Sisk-Shaheed said. The routines require much more practice and training than people think.

For example, a minute-and-a-half routine could require three or more weeks to perfect. Members

work just as hard as some of the athletic teams.

They showcased their spirit during the NSU vs. McNeese football game in November. The game ended up going into a second overtime, so the team had to improvise on the sidelines. "That was one of the best games for us," Guerra said. "We just started doing our own thing on the sideline and had so much fun with it."

Several of the members have a background in cheer or dance. Madison Clouse is a freshman and a new member of the team. "Pom Line is a good way for me to continue dancing," Clouse said.

Pom Line provides an excellent opportunity for women who grew up dancing and cheering to bring the skills together.

Story by Kirsten Sonnier



The 2019 - 2020 Northwestern State cheerleading team gets ready to cheer in the upcoming seasons.

Photo by Chris Reich

let's get fired up

The Northwestern State cheerleaders are more than just a team who hypes up the crowd. They are a family that builds each other up and supports one another.

The Northwestern cheerleaders are more than a team, they are a family that builds each other up to go beyond themselves. "My favorite part about being an NSU cheerleader is the bond our team has," freshman Annalise Sylvia said. "We go on trips together for team bonding, and it makes our friendships stronger."

These bonds help with communication on the field and during practice. The roar of the crowd can drown out any sound and they must be able to communicate with limited talking.

Most of the cheerleaders found their passion for the sport while in junior high. Their love for it grows each time they are field cheering on their favorite Demons. "To me, cheerleading is all about having confidence in yourself, being a role model or inspiration to others and being a leader," sophomore Morgan VanBuren said. "Most people think we put on these uniforms and wave pom poms around, but to be a cheerleader is so special

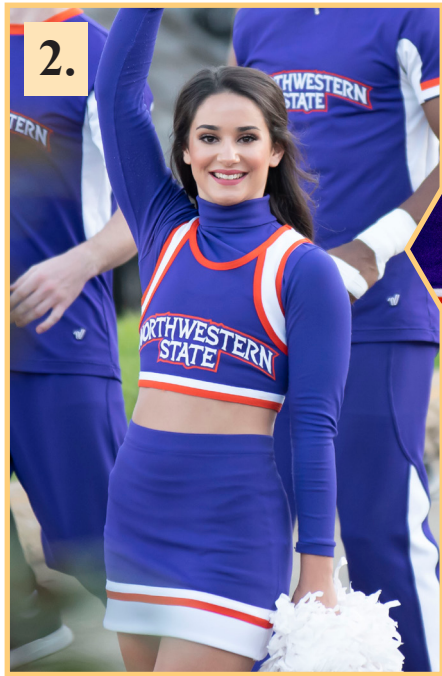
and means so much more than many people may think."

Most of the cheerleaders have to multitask between school, work, other organizations and cheer. The cheerleading life has ups and downs, with mandatory events and practices.

"Balancing work and cheer and school at the same time is a difficult part of being a college cheerleader," junior Gavin Acore said. "Along with the skills that we have to use to make sure that your body isn't tearing down. That's the hardest part. It's making sure we stay healthy."

Cheer is something that may look easy on the outside, but there is so much practice and dedication that goes into it. Members of the team take pride in cheering on their teams and being ambassadors for the university.

Story by Megan Palmer



2.



1.

1. Elise Vidrine cheers on the Demons during a football game.
Photo by Christian Boudreaux

2. Annalise Sylvia waves to the photographer while walking in the Homecoming parade.
Photo by Alexis Trosclair

3. Cheerleaders take a picture with the Spirit of Northwestern following the LSU vs. NSU game.
Photo by Chris Reich



3.

1. Demon Dazzlers perform their segment in the annual Christmas Gala.
Photo by Chris Reich

2. Sarah Talbot ends the fight song with the fork 'em sign.
Photo by Christian Boudreaux

3. Demon Dazzlers end their performance with a smile and fork 'em.
Photo by Christian Boudreaux





The 2019 - 2020 Northwestern State Demom Dazzlers are ready to take on the upcoming athletic seasons
Photo by Chris Reich

dancing from our hearts

The Demon Dazzlers bring school pride on and off of the field.

The Demons Dazzlers, once known as the Cane River Belles, are a staple in the Spirit of Northwestern Marching Band and at Northwestern State University. Aside from the band, the Dazzlers can find their identity elsewhere, as in individual performance or the work that is done outside of the "Proving Ground."

While you can catch the Demon Dazzlers with the band in Turpin Stadium, you can also find them elsewhere such as the courts of Prather Coliseum, the stages of Christmas Gala and many different events around campus.

"We really want to make a name for ourselves," Mallory Martinez, senior captain, said. "The Spirit of Northwestern is a big part of who we are, but we want to define who we are as a team."

A big part of who the Dazzlers are is found in their

diversity as a squad. Anyone regardless of race, gender, orientation or size can be a member. "You're on the team because you can dance," sophomore Sarah Talbot said. "We want to use everyone to their full potential."

One way the Dazzlers find their identity is through their limitless ability to showcase their talent as a squad and to be a part of the solution while doing so. "We do various performances throughout the community," Martinez said. "We've performed at the VA home during Christmas, the farmers' market on Front Street and many events around campus, such as Phi Mu's philanthropy events."

Be it at football games or just out being students, people can always see a little bit of dazzle in each of the team members.

Story by Cole Brumbelow



Monique Ardoin with the Demon Heat performing for the LSU crowd.

Photo by Chris Reich

spin it like it's hot

The Demon Heat makes magic on the field with intricate moves and a teamwork like no other.

Northwestern State University's color guard, the Demon Heat, is the visual representation of the band. It is what brings the color and story to life on the field. The members are fueled by dedication on both the mental and physical levels.

The Demon Heat certainly brings the heat to games, both with the band and with pre-recorded music. Spectators can see a truly impressive display of perseverance and skill from these student athletes.

Senior Callie Crockett, a criminal justice major, found that her favorite part of participating in and helping lead the Demon Heat is the adrenaline that comes with performance. "You have to want to be in [color] guard," Crockett said. "There's always a lot of organization and planning – you can't procrastinate and balance everything."

Many of the team members were in color guard

during their time in high school, and their commitment transferred into college life. Some even go to schools to help teach high school teams how to excel more in their skills.

P.J. Trichel, a senior child and family studies major, has devoted himself to the team. On top of participating in the Demon Heat, he teaches color guard within the Haughton school system to potential incoming athletes.

"I came here [to NSU] for color guard," Trichel said. "It's good to be in such a small circuit, with this family. It helps me feel like I'm actually making a difference."

The Demon Heat is more than twirling flags and rifles. It's comprised of a tight-knit group of dedicated individuals who come together to create wonderful performances and magic.

Story by Carly Chandler

2.



1.



1. Bobby Trichel tosses his rifle during a halftime performance.

Photo by Chris Reich

2. Cameron Kelly performing during the halftime show with his fellow Color Guard members.

Photo by Christian Boudreaux

3. Asia West and other Color Guard members during a home game.

Photo by Christian Boudreaux

3.





2.



1.

1. Vic plays "Where's Waldo" with the band members at the Stephen F. Austin football game.

Photo by Christian Boudreaux

2. Jacob Stone shreds the guitar during a performance.

Photo by Chris Reich

3. The pep band gets the crowd pumped during the women's basketball game against Letourneau.

Photo by Christian Boudreaux



3.



The Spirit of Northwestern performing during a half-time.

Photo by Chris Reich

The largest band in the land

The Spirit of Northwestern receives the title of the largest band in the state of Louisiana during the 2019-2020 school year.

Throughout history, the Best Sounding Band in the Land, the Spirit of Northwestern has sought quality over quantity. This has been revealed in recent years as the band continues to establish itself as one of the premier collegiate marching bands in the country. As the quality of the band's sound continues to improve and please crowds, many more begin to take notice.

The size of the Spirit of Northwestern has always been a factor in the band's success. Along with the increasing size of the band comes wonderful work ethic, leadership and musicianship as well as the desire of many high schoolers to join. "NSU has always had a good band," freshman mellophone Colie Plaster said. "I look up to a lot of people in the band right now, but one day I'll be in those shoes, continuing something really big."

When Northwestern State University was known as Louisiana Normal State School, the band began with as many as 55 members in the band. Dr. Jeff Mathews, director of bands, and Dan McDonald, assistant director of bands, revealed to the group at the beginning of band camp this year that their numbers had exceeded that of any band to come through Northwestern State University.

The Spirit of Northwestern became the biggest band in Loui-

siana for the 2019 season with 340 members, a number that exceeded the original numbers by nearly seven times. "It feels pretty good," senior drum major Brandon Brumbelow said, regarding the news. "I was nervous at first, but we have really good new members."

Some people in the band come from smaller bands. Senior trumpet player Nicholas Moldovsky comes from Kinder High School where there were only 25 members.

"Coming from a small band like Kinder with about 25 members into the Spirit of Northwestern with about 340 members strong is quite a change," Moldovsky said. With small bands an individual's sound can be heard, but in larger bands, individuals create a powerful sound to blow the crowd away.

The band has such a distinctive tone that alumni and fans would be able to tell if not everyone was playing. "That's how I know that even just one trumpet player like myself is still important in a sea of musicians," Moldovsky said. "I am very proud to be a part of the SON helping to make that united and powerful sound."

Story by Cole Brumbelow

For the Record:

3-9

Scores from 2019 season.

at UT - Martin	20-42	L
vs Midwestern State	7-33	L
at LSU	14-65	L
at Houston Baptist	21-48	L
at Nicholls	27-44	L
vs Central Arkansas	35-45	L
at Incarnate Word	44-41	W
vs McNeese	20-30	L
vs Lamar	34-13	W
at Sam Houston State	31-28	W
vs Stephen F. Austin	20-32	L

1. Kyle Moore reminds the crowd that the Demons are indeed No. 1.
Photo by Christian Boudreaux

2. Shelton Eppler prepares to pass to a team member.
Photo by Alexis Trosclair

3. Levar Gumms faces off with his LSU counterpart.
Photo by Christian Boudreaux





The 2019 football team is ready to tackle the upcoming season.

Photo by Chris Reich

leave it all on the field

They're not just a team, they're a family.

Northwestern State University's football team is made up of athletes from all around the United States. What makes Northwestern different from many football programs is their love for not only the sport, but for each other.

Junior linebacker JaQuay Pough said, "NSU stands out to me due to the family environment you feel when you are in the community. I transferred into NSU, and the day I arrived for my visit everyone made me feel at home. Also the word Demon just explains my other personality I have on game day."

Between football and academics, it can be easy to lose the true college experience. The football players, however, have their own memories and experiences that give that experience back. "A unique tradition that NSU has is, before we walk on the field and as we leave we touch the link statue located outside the field house," senior

quarterback Shelton Eppler said. "The link resembles the bond that has been and will be formed throughout the rest of Demon football history."

As a kid, we all have that one person that we look up to and want to be. We are always told that we may not see it, but someone is always watching what we do. "Take advantage of the opportunity that is given," Eppler said. "It goes by so fast, and before long you will look back and don't want to ask yourself what could I have done better."

At Northwestern State University, football is more than just the players, coaches and trainers. It is about the community and the fans with their support. According to an article on nsudemons.com Coach Brad Laird said, "There's nothing like being able to run out in the purple smoke in front of our fans and our community."

Story by Carly Chandler



The 2019 Lady Demons are ready for the win.

kick it up a notch

The Lady Demons have a victorious season with 18 wins, 1 tie and 8 losses.

The Lady Demons' soccer team had a successful season for the 2019 year. With 13 wins, eight losses and one tie, the team was able to lead themselves to consistent victory.

This was with the help of their coaches, community and school. According to nsudemons.com, co-head coach of the team Jess Jobe said, "There's not much we can't do right now and that's how we feel. There's not much we can't overcome."

Natalee Henry, a left center back player, attributes the team's success to how well the team worked together and how they stepped up in their roles.

"We met on how we wanted the season to go when we had meetings," Henry said. "This mindset played a big role in setting up for the season." Henry always came in with a positive

mentality that her team could overcome any obstacle.

Kayla Bomben, goalkeeper for the team, credits the chemistry of all the teammates as one of the prominent reasons for their success. "The biggest difference is the confidence that the young players had coming in. The young team didn't play young because of the chemistry and trust." Bomben wasn't disappointed that they did not get the season they wanted.

"We saw how proud everyone was even though we didn't win," Bomben said. "We felt like we did because of the sport."

*Story by Kirsten Sonnier
All photos by Chris Reich*

1. Kaylie Powell tries to fake out her opponent from University of Louisiana at Lafayette.
2. Jalen Donaldson and Olivia Mattsson celebrate after making a goal.
3. Acelyn Aydogmus kicks the ball back into the game.



Scores from 2019 season.

For the Record:

13-8-1

vs Little Rock (exhibition)	3-1	W
at North Texas	0-7	L
at Baylor	2-4	L
at Grambling	0-1	L
vs Louisiana Tech	1-3	L
at UL Monroe	0-1	L
at Jackson State	1-0	W
vs Texas Sate	1-0	W
vs UL Lafayette	2-1	W
at Stephen F. Austin	1-0	W
vs Lamar	2-1	W
vs McNeese	1-2	L
at Abilene Christian	1-1	T
at Incarnate Word	2-1	W
vs Sam Houston State	1-0	W
vs Corpus Christi	0-1	L
vs Houston Baptist	3-1	W
at Nicholls	4-0	W
at Southeastern LA	1-0	W
vs Central Arkansas	2-1	W
at Sam Houston State	3-0	W
vs McNeese	1-0	W
vs Lamar	1-3	L

For the Record:

Stephen F. Austin Lumberjack Opener 5k

Darius Groves	17:06.92
Payten Vidourek	17:11.59
Mike Alukunyang	18:08.66
Clayton Casner	18:29.06
Adam Courville	20:22.87
Andrew Robinson	20:46.42

LA Tech Mook Triple-Duals 6k

Mike Alukunyang	22:57.6
Clayton Casner	23:01.8
Payten Vidourek	23:20.8
Alex Melcer	23:53.8
Darius Groves	24:22.1

McNeese Cowboy Stampede 4 miles

Yannik Gerland	22:24.9
Mike Alukunyang	22:33.5
Alex Melcer	23:41.5
Darius Groves	24:25.9
Andrew Robinson	27:21.9

Mississippi College Watson Ford Invitational 8k

Mike Alukunyang	26:39.04
Yannik Gerland	26:43.52
Darius Groves	26:52.47
Payten Vidourek	28:02.61
Clayton Casner	28:29.95
Alex Melcer	28:42.92

Southland Conference Championship 8k

Darius Groves	26:36.3
Mike Alukunyang	26:36.7
Yannik Gerland	27:15.1
Payten Vidourek	27:25.0
Alex Melcer	28:08.7

running for the goal

The Demons are determined to go above and beyond to make a name for themselves.

After many ups and downs, our men's cross-country team had a successful season in fall 2019. The team remained consistent throughout the season by pushing themselves to become better with every meet.

This year, the team consisted of two freshmen, four sophomores and four juniors. After beginning the season with a loss at the Stephen F. Austin meet, the team continued to strive for victory in September. They placed fifth in Ruston at LaTech, later placing tenth in Lake Charles at McNeese.

In October, the team placed seventh at the invitational in Clinton, Mississippi, hosted by Mississippi College. After work-

ing hard during the season, the Demons wrapped up the season 13th overall at the Southland Conference.

De'Shalyn Jones is first-year head coach of the cross-country team. "It was a good learning experience for me and especially the freshmen," Jones said. "New environment, new races, new training. I believe we worked pretty hard this season and I'm looking forward to the track season."

While there continue to be no seniors on the team, the underclassmen are determined to make a name for cross country, and to return next season.

*Story by Carly Chandler
All photos submitted by Mark Fox*



Mike Alukunyang passes his competitor to gain a lead in the meet.



1. Blake Cantrell and Clayton Casner gain momentum on their competitors as they go through the course.

2. Clayton Casner paces himself to get to the finish line.

3. As the signal gun goes off, the men's cross country team begins the meet with high hopes and optimism.



taking the road less traveled by

Women's cross country makes strides with personal and team records in the 2019 season.

Faced with a tough challenging start in the 2019 season, the Northwestern women's cross country team continued to strive to win at the four meets that followed. Their tough opening at Stephen F. Austin University was due to some of the athletes being unable to compete.

Head Coach De'Shalyn Jones said, "A lot of our girls were battling minor injuries. We saw some things we need to work on for the next few weeks," according to nsudemons.com.

The women's team had their season high at Louisiana Tech, claiming second place. Frontrunner Isabella Hudson set a personal record for the meet and continued to lead the team in the meets that followed.

At the following meeting in Lake Charles, the team took 10th at the McNeese Cowboy Invitational. They followed this with the meet at Mississippi College where they took 12th place. The team finished the season

claiming 13th place at the Conference Championships. "The overall season was a good learning experience for me and especially the freshmen," Jones said.

Bronwyn Buchanan, a freshman Biology major, was another student athlete who had to recover at the beginning of the season from injury. She found that remaining consistent was difficult after their rocky start. "The family aspect and that the small number of girls on the team made it easy to compete," said Buchanan.

Olivia Slayter, a sophomore hospitality management and tourism major, said that paired with her endurance, her drive to get better at cross country helped her season be successful. "The season overall went well, we're all growing and learning. The fall season was good experience, particularly for incoming freshmen," Slayter said.

Story by Carly Chandler

All photos submitted by Mark Fox



During the meet, Nijha Composto ran to complete her time as quickly as possible.

For the Record:

Stephen F. Austin Lumberjack Opener 5k

Kirstin Elrod	13:23.62
Olivia Slayter	13:27.23
Jasmine Dansby	13:59.11
Nijha Composto	14:01.89
Olivia Sipes	14:10.75
Sydney Cowgill	15:03.10
Bronwyn Buchanan	15:35.14

LA Tech Mook Triple-Duals 6k

Isabella Hudson	16:20.3
Nijha Composto	17:11.5
Bronwyn Buchanan	17:27.8
Olivia Slayter	17:37.9
Olivia Sipes	17:55.3

McNeese Cowboy Stampede 4 miles

Isabella Hudson	20:05.8
Olivia Slayter,	21:37.8
Nijha Composto	22:05.4
Bronwyn Buchanan	23:13.4
Jasmine Dansby	24:02.7
Olivia Sipes	24:13.4

Mississippi College Watson Ford Invitational 8k

Isabella Hudson	23:53.96
Olivia Slayter	25:09.25
Nijha Composto	25:46.02
Jasmine Dansby	27:10.70
Olivia Sipes	27:18.31

Southland Conference Championship 8k

Isabella Hudson	23:17.9
Olivia Slayter	25:18.4
Nijha Composto	25:52.6
Jasmine Dansby	27:52.3
Bronwyn Buchanan	28:14.1
Olivia Sipes	28:51.2

1.



1. Isabella Hudson, Olivia Slayter and Nijha Composto pass several competitors to secure their spots.

2. Isabella Hudson paces herself during the Mississippi College Watson Ford Invitational to not get tired.

3. The team gets ready to begin the meet with other universities.

2.



3.



For the Record:

20-13

at ULM	W 4-0
at Uni. of Arkansas	L 0-3
at Montana State	W 3-2
at Little Rock	W 3-0
at Jackson State	W 3-0
at Mississippi Valley State	W 3-0
at South Alabama	L 1-3
at Tennessee State	W 3-0
vs Grambling	W 3-0
at UT - Rio Grande	L 0-3
at Texas A&M	L 0-3
at Texas State	L 0-3
vs A&M - Prairie View	W 3-1
at Georgia State	L 1-3
at Brown University	W 3-0
vs Sam Houston State	L 1-3
vs Houston Baptist	L 3-1
at A&M - Corpus Christi	W 3-1
at Incarnate Word	L 3-2
vs Lamar	W 3-0
at Southeastern LA	W 3-0
at Central Arkansas	W 3-1
vs McNeese	W 3-1
vs Abilene Christian	W 3-0
vs Stephen F. Austin	L 1-3
at UNO	W 3-0
at Nicholls	L 3-1
at Sam Houston State	L 2-3
at Houston Baptist	L 1-3
vs Texas A&M- CC	L 0-3
vs Incarnate Word	W 3-1
vs Houston Baptist	W 3-1
vs Sam Houston State	L 1-3
at Wyoming State	L 0-3

Scores from 2019 season.

1. Darrua Williams celebrates during the McNeese game.

Photo by Christian Boudreaux

2. Skyler Besch sets the ball up for her teammate to strike.

Photo by Alexis Trosclair

3. Alexis Warren gets ready to bump an incoming ball.

Photo by Christian Boudreaux





Megan Lohmiller, Hannah Brister and Alexis Warren
get ready for play during the Abilene Christian game.

Photo by Alexis Trosclair

let's settle this at the net

Lady Demons' hard work pays off with 20 wins during the season.

The Lady Demons volleyball team brought the heat to the court throughout their season, including games in pre-and-post seasons. Taking 20 wins in 33 games, the ladies had an exciting, successful 2019 season. Their success took them to Wyoming for the National Invitational Volleyball Championship. The volleyball program is full of hard workers and dedicated athletes.

Coach Sean Kiracofe praised the team for all their hard work. "I thought we played really well," Kiracofe said. "I'm really proud of this team. They've had a fantastic year and one of the best years in this program's history."

In most sports, team members can find a family to share victories and defeats. These bonds help with teamwork on the court and outside the sport.

Junior health and exercise science major Hannah Brister, found a family within the volleyball team. "The friendships, the personal bonds – we're all really close," Brister said. "The competition is always the best. The sport is always changing, and you have to move fast. I love always having something to learn."

Senior Megan Lohmiller, a business administration and accounting major, has been playing volleyball since the fourth grade, and has been a Lady Demon for the entirety of her college career. "It's the end of a chapter," Lohmiller said. "I love the close-knit community, and the success the volleyball team has – our chemistry has just improved so much this season."

Story by Kirsten Sonnier



The 2019 - 2020 NSU Demon basketball team is hungry to be victorious during their season.

hungry for more

The Demon Basketball team strives to improve for the 2019-2020 season.

If you ask head basketball coach Mike McConathy what word describes this year's group of Demons, he will respond with hungry. "They shoot well, they pass well, they're hungry," McConathy said. "They take what they need to and make themselves successful." He believes that this recipe for success will keep them up in the air for this season, possibly sending them towards the top.

The Demons were in the race for the eighth and final Southland Conference Tournament seed last year, but fell short in their last few games. "We want to do better than last year and finish strong," junior center

Larry Owens said regarding the upcoming 2019-2020 season. "We plan to come out every game with intensity. We want to prove to everyone that we're not the same team as last year."

The Demons know that to achieve their goals of a winning season and the conference tournament, they must take it game by game. Junior and point guard C.J. Jones said, "We plan to finish games better. We want to play the full game as hard as we can." With the anticipation of the 2019-2020 season, the Demons look to stay hungry.

*Story by Cole Brumbelow
All pictures by Chris Reich*

1. Alex Comanita attempts to go around a player from Centenary.
2. Brandon Hutton blocks a Southern University player during the Shreveport-Bossier Holiday Classic.
3. DeAndre Love soars above his McNeese competition to score.



Scores from 2018-2019 season.

For the Record:

11-20

vs Centenary	102-62	W
at SMU	58-69	L
at BYU	57-82	L
at Rice	74-102	L
at Houston	55-82	L
vs Alabama A&M	70-66	W
vsUL Monroe	52-80	L
at UTEP	47-77	L
at Texas A&M	59-80	L
at Texas Tech	44-79	L
vs Southern University	69-66	W
vs Louisiana College	84-64	W
vs Champion Christian	86-65	W
vs Nicholls	72-78	L
vs McNeese	66-61	W
vs Texas A&M - CC	61-62	L
at Stephen F. Austin	61-59	W
at Abilene Christian	69-78	L
vs Sam Houston State	64-78	L
vs Southeastern LA	80-75	W
at NOLA	73-81	L
at Central Arkansas	80-75	W
vs NOLA	73-81	L
at McNeese	74-72	W
at Lamar	70-75	L
vs Stephen F. Austin	87-72	W
at Houston Baptist	54-92	L
vs Incarnate Word	68-60	W
at Southeastern	55-69	L
at Nicholls	60-83	L
vs Central Arkansas	63-70	L

For the Record:

11-18

at Arkansas	53-98	L
vs LeTourneau	100-40	W
at Oklahoma	56-93	L
vs Alcorn	78-65	W
vs Loyola	71-66	W
at Southern Mississippi	54-69	L
vs UL Monroe	55-63	L
vs Centenary	94-51	W
at Alabama	73-87	L
vs Central Baptist	82-56	W
at Texas	66-104	L
at Nicholls	86-97	L
vs McNeese	82-63	W
at Texas A&M	55-79	L
at Stephen F. Austin	56-84	L
vs Abilene Christian	63-72	L
at Sam Houston State	55-66	L
vs Southeastern LA	58-47	W
vs New Orleans	62-67	L
at Central Arkansas	52-74	L
at New Orleans	73-84	L
at McNeese	89-73	W
vs Lamar	70-94	W
vs Stephen F. Austin	67-87	L
vs Houston Baptist	63-46	W
at Incarnate Word	91-100	L
at Southeastern LA	60-56	W
vs Nicholls	67-89	L
vs Central Arkansas	78-74	W

Scores from 2018-2019 season.

1. Tristen Washington dribbles the ball down the court to try and make a basket for the team.

Photo by Christian Boudreaux

2. Kira Bonner shoots for points while an Acosta opponent tries to block the shot.

Photo by Christian Boudreaux

3. Gabby Bell plays guards an Acosta opponent from being able to make a basket.

Photo by Chris Reich





The 2019 - 2020 NSU Lady Demons Basketball Team

order on the court

The Lady Demons basketball team shoots to exceed expectations on the court.

The 2019-2020 Lady Demons basketball team is comprised of women dedicated to achieving the goal of excellence. They opened the season with two consecutive wins and continued to strive throughout the season.

For four years, Jordan Dupuy coached the Lady Demons basketball team. He learned that working with seasoned players along with the new players can prove to be a challenge. Dupuy resigned as head coach in January 2020.

Developing a balance between outgoing and incoming players can be difficult. "We've got to make sure we develop that mentality in practice to be able to fight. We're going to play everybody," Dupuy said.

Freshman Karyn Ford found herself in an intense new setting on the college court as compared to high school

basketball. "The biggest difference between collegiate and high school basketball would be the intensity," Ford said. "You have a lot of high expectations set for you in college so there is a little bit of pressure, but it only motivates you to get better so you can succeed in the future."

Ford was given a full athletic scholarship to keep playing the sport that she loves. "I was very excited and grateful for the opportunity to play basketball," Ford said.

The Lady Demons are always striving to exceed expectations. With each new season and additions to the team, they are overcoming each obstacle with a positive mindset.

Story by Charli Williams



The 2019 Lady Demons are ready to have a successful season

serving up sisterhood

The Lady Demons use their teamwork to shoot for a successful fall 2019 season.

Members of the Lady Demons tennis team are more than a team, they are family. The team includes members from different countries, which is one of the reasons they are so close-knit.

"It's really nice that the whole team is international so we understand each other and we can help each other outside of and on the court," freshman member Olivia Alfredsson, from Sweden, said.

Senior member Emilija Dancetovic, from Serbia, has been a part of the team since her freshman year. Though there have been some changes to the team over the years, the dynamic has remained the same. "Since I've been here, we've had girls graduate, leave, and transfer. We've always had a good group of people," Dancetovic said. "Right now I think we

have a really good team."

The team works hard both on and off the field, practicing several times a week for multiple hours a day. "We always have good expectations, we work hard and want to do our best," Dancetovic said. Their hard work has paid off, especially for freshman member Mariella Minetti, from Finland, who advanced to the third round in the ITA Southern Regional in October.

It's not simply all work and no play for the team members. "Last semester we had individual tournaments, but we were all together, so we would just make a dance and we would dance together during the weekend- that was kind of our thing," senior member Ela Iwanuik, from Poland, said.

*Story by Carly Chandler
All photos by Chris Reich*

1.



1. Patrycja Polanska sets herself up to return the ball back.
2. Coach Patric Dubois brings in the team to give out strategies and pep talks.
3. Judit Castillo Gargallo gets ready to return to the LSUA team.

Scores from 2018-2019 season.

For the Record:

18-6

at Rice Invitational

at UL Lafayette Invitational

at SMU Mustang Invitational

at SMU Metroplex Mania Invitational

at Tulane 3-4 L

vs UL Lafayette 4-1 W

vs Jackson State 7-0 W

vs LSU Alexandria 7-0 W

at UTSA Cancelled

at Texas State 4-2 W

vs Xavier (LA) 6-1 W

vs LSU-Alexandria 7-0 W

at North Texas 0-4 L

vs Texas A&M 4-3 W

at Nicholls 5-2 W

at UNO 6-1 W

vs Central Arkansas 4-3 W

vs Louisiana Tech 4-1 W

vs Lamar 4-3 W

vs Prairie View A&M 4-0 W

at SMU 0-7 L

vs McNeese 4-3 W

vs Southeastern LA 6-1 W

at Sam Houston State 4-3 W

at Stephen F. Austin 3-4 L

vs Abilene Christian 2-5 L

vs UIW 7-0 W

vs New Orleans 4-1 W

vs Central Arkansas 0-4 L

2.



3.



For the Record: Outdoor Stats

100 Meter Dash	Micah Larkins	10.10
200 Meter Dash	Micah Larkins	20.97
400 Meter Dash	Brad Alexander	49.32
800 Meter Run	Slavoski Wright	1:52.78
1500 Meter Run	Darius Groves	4:05.57
3000 Meter Run	Cody Robinson	9:32.79
5000 Meter Run	Yannik Gerland	15:57.78
110 Meter Hurdles	Tremayne Flager	13.87
400 Meter Hurdles	Charlie Milton	54.00
4x100 Meter Relay	Edward Clarke, Micah Larkins, Javin Arrington, Tre'Darius Carr	9:26.39
4x200 Meter Relay	Kie'Ave Harry, Javin Arrington, Tre'Darius Carr, Evan Nafe	39.51
4x400 Meter Relay	Jalen Hewitt, Brad Alexander, Slavoski Wright, Charlie Milton	1:26.73
4x800 Meter Relay	Darius Groves, Yannik Gerland, Adam Courville, Andrew Robinson	3:16.47
3000 Meter Steeplechase	Yannik Gerland	8:10.00
Pole Vault	Landon Dore	13-4 $\frac{3}{4}$
Long Jump	JaCorious Jeter	25-4 $\frac{1}{4}$
Triple Jump	Ceaser Stephen	50-10
Shot Put Throw	Marco Arevalo	53-9 $\frac{3}{4}$
Discus Throw	Michael Turner	137-0
Hammer Throw	William Malone	154-11
Javelin Throw	Collin Milton	204-4

Indoor Stats

60 Meter Dash	Micah Larkins	6.66
200 Meter Dash	Micah Larkins	21.45
400 Meter Dash	Brad Alexander	50.04
600 Yard Run	Charlie Milton	1:18.40
800 Meter Run	Slavoski Wright	1:54.13
1 Mile Run	Yannik Gerland	4:24.42
3000 Meter Run	Yannik Gerland	8:56.19
60 Meter Hurdles	Tremayne Flager	7.86
4x400 Meter Relay	Brad Alexander, Slavoski Wright, Micah Larkins, Charlie Milton	3:18.60
Distance Medley	Thomas Daigle, Jalen Hewitt, Darius Groves, Yannik Gerland	10:27.91
Long Jump	LaRon James	24-7 $\frac{3}{4}$
Triple Jump	Ceaser Stephens	51-8 $\frac{1}{4}$
Shot Put	Marco Arevalo	52-7 $\frac{1}{2}$
Weight Throw	William Malone	42-7 $\frac{1}{2}$

The Best is Yet to Come

The Demons work hard on their proving ground to go beyond their limits.

Track and field is a sport that shows off many talents in one competition. Strength, agility, speed and many more are presented to spectators and judges to see who the best of the best are. The men's track and field team practices alongside the women to become greater at their talent.

"This is the deepest group I've had," sprinting and hurdles coach Adam Pennington said. "The men are deeper than ever, and this is the most quality group we've had."

The competition of track and field alone is a reason to want to watch these athletes. "We're working every day and we go unnoticed," senior sprinter, Javin Arrington said. "There's a lot of talent out here."

This year's team boasts top

track athletes from all over the country, some with hopes to make it to a national championship and some with the Olympics on their mind. With the overwhelming amount of talent, the athletes feel as though the community misses out.

"We're doing it for the community," junior sprinter, Tre'Darius Carr said. "Even though we're not supported like everyone else, our record shows that we deserve it."

For many of the members, it's a proving ground to hone and excel in their skill. As the years go, by the team strives to prove that they have what it takes to go for the win.

*Story by Cole Brumbelow
All photos by Chris Reich*



Will Malone gets ready to release his hammer throw during his competition segment.

1.

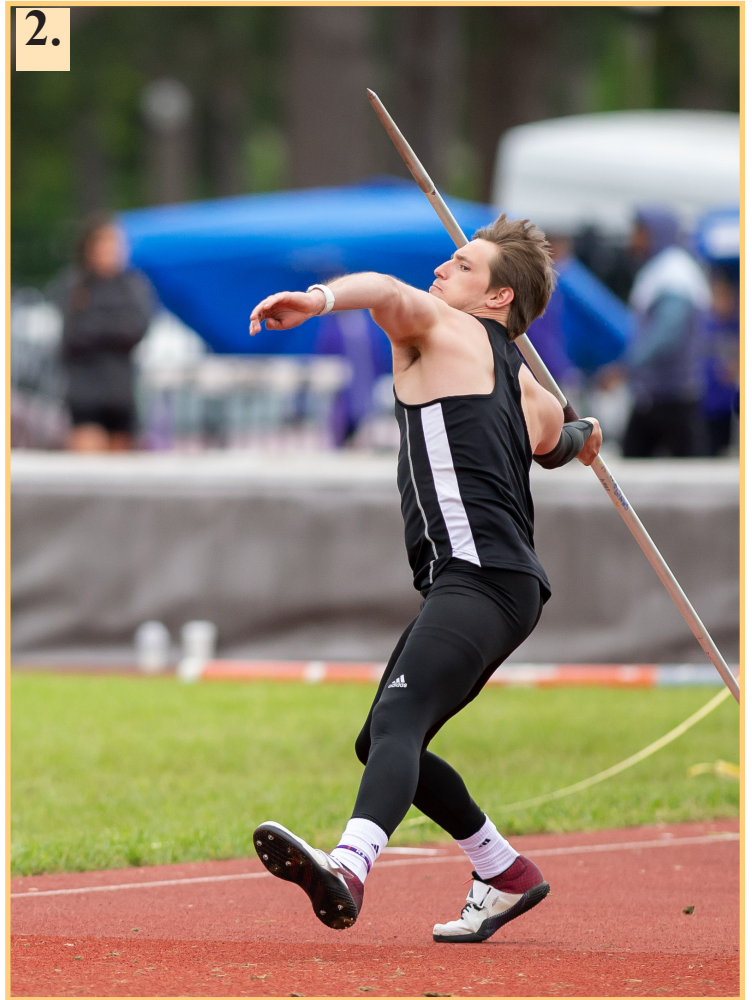


1. Keidrick Haynes makes a leap of faith in his jump to gain the farthest distance.

2. Collin Milton prepares to throw his javelin during his segment.

3. Yannik Gerland gains ground against his competitors in his competition.

2.



3.



1.



2.



1. Reagan Darbonne sets up herself to gain height in the pole vault competition.

2. Jasmyn Steels jumps for the gold in the Long Jump.

3. Sabrina Thiels gets ready to throw her javelin to go the furthest length.

3.



everyday I'm hustlin'

Women's cross country makes strides with personal and team records in the 2019 season

Faced with a tough opening match in the 2019 season, the Northwestern women's cross country team continued to strive to win at the four meets that followed. Their tough opening at Stephen F. Austin University was partially accredited to some of the athletes being unable to compete.

Head Coach De'Shalyn Jones said, "A lot of our girls were battling minor injuries. We saw some things we need to work on for the next few weeks," according to NSU Athletics.

The women's team had their season high at Louisiana Tech, claiming second place. Frontrunner Isabella Hudson set a personal record for the meet and continued to lead the team in the meets that followed.

At the following meet in Lake Charles, the team took 10th at the McNeese Cowboy Invitational. They followed this with the meet at Mississippi College, where they took 12th place. The team finished the season claiming 13th place at the

conference championships. "The overall season was a good learning experience for me and especially the freshmen," Jones said, according to NSU Athletics.

Bronwyn Buchanan, a freshman biology major, was another student athlete who had to recover at the beginning of the season from injury. She found that remaining consistent was difficult after the rocky start. "The family aspect and the small number of girls on the team made it easy to compete," said Buchanan.

Olivia Slayter, a sophomore hospitality management and tourism major, said that, paired with her endurance, her drive to get better at cross country helped her season be successful. "The season overall went well, we're all growing and learning. The fall season was good experience, particularly for incoming freshmen," Slayter said.

Story by Carly Chandler



Tia Elmore races to the finish line to complete her competition.

For the Record: Outdoor Stats

100 Meter Dash	Kimani Jones	11.82
200 Meter Dash	Natashia Jackson	23.55
400 Meter Dash	Natashia Jackson	53.49
800 Meter Run	Kirstin Elrod	2:26.79
1500 Meter Run	Isabella Hudson	4:57.67
3000 Meter Run	Isabella Hudson	12:06.96
5000 Meter Run	Isabella Hudson	19:30.77
100 Meter Hurdles	Jameria Smith	15.00
400 Meter Hurdles	Jasmine Dansby	1:04.77
4x100 Meter Relay	Kimani Evans, Ona Giles, Natashia Jackson, Marjorie Thompson	45.09
4x200 Meter Relay	Kimani Evans, Ona Giles, Natashia Jackson, Jayla Fields	1:36.69
4x400 Meter Relay	Diana Garandos, Natashia Jackson, Kimani Evans, Courtney Willis	3:41.96
4x800 Meter Relay	Isabella Hudson, Kirstin Elrod, Atianna Parks, Sydney Cowgill	10:24.29
3000 Meter Steeplechase	Isabella Hudson	11:50.90
High Jump	Jasmyn Steels	5-8 ½
Pole Vault	Reagan Darbonne	13-3 ½
Long Jump	Jasmyn Steels	21-4 ¾
Triple Jump	Jasmyn Steels	42-0 ½
Shot Put Throw	Destiney Myers	45-05 ¼
Discus Throw	Kirstin McDuffie	147-5
Hammer Throw	Kirstin McDuffie	136-6
Javelin Throw	Kelsey Frank	168-5

Indoor Stats

60 Meter Dash	Deja Moore	7.52
200 Meter Dash	Natashia Jackson	24.32
400 Meter Dash	Natashia Jackson	54.88
800 Meter Run	Jasmine Dansby	2:22.65
1 Mile Run	Isabella Hudson	5:14.09
3000 Meter Run	Isabella Hudson	10:49.88
60 Meter Hurdles	Aliyah Carswell	9.15
4x400 Meter Relay	Diana Garandos, Natashia Jackson, Kimani Evans, Kori Levingston	3:47.98
High Jump	Lauren Clarke	5-5 ¾
Pole Vault	Reagan Darbonne	13-2 ½
Long Jump	Jasmyn Steels	20-9 ¼
Triple Jump	Lauren Clarke	41-2 ½
Shot Put	Cori Runnels	44-8 ¾
Weight Throw	Kirstin McDuffie	50-1 ¾

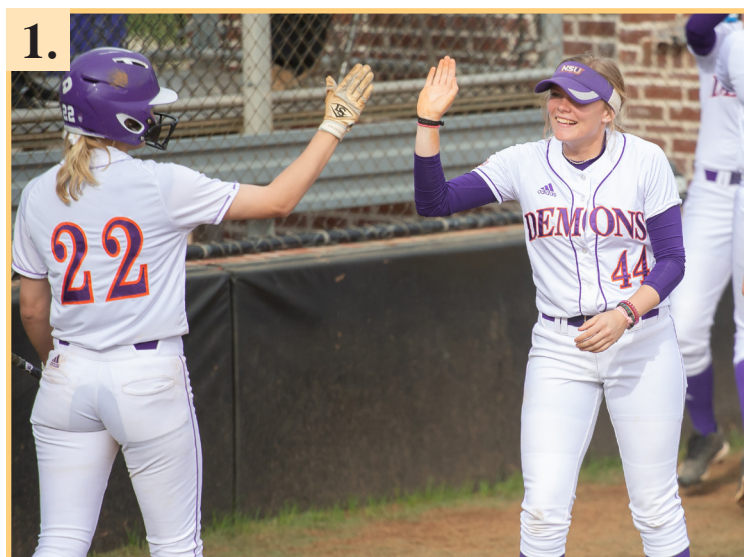
For the Record

30-27

Boise State	W 3-2
at Texas	L 2-7
Boston College	W 9-5
Boise State	L 1-2
Creighton	L 2-5
Seton Hall	L 3-4
Seton Hall	L 3-5
at North Texas	L 0-6
vs Fairleigh Dickinson	W 5-1
vs Fairleigh Dickinson	W 6-0
vs Arkansas-Pine Bluff	W 4-0
vs Houston Baptist	W 8-0
vs Houston Baptist	W 9-3
vs Arkansas-Pine Bluff	W 10-1
at Arkansas	L 2-8
Boston	L 0-1
Nevada	L 3-6
Omaha	L 1-4
Nevada	L 3-4
vs LSU	L 3-10
at Sam Houston State	L 0-6
at Sam Houston State	W 6-4
at Sam Houston State	W 6-3
vs Abilene Christian	W 7-2
vs Abilene Christian	W 8-0
vs Abilene Christian	W 9-0
vs Louisiana Tech	L 3-11
at McNeese	L 1-3
at McNeese	L 2-5
at McNeese	W 4-3
at Grambling	W 7-3
vs Southeastern LA	W 6-1
vs Southeastern LA	W 6-1
vs Southeastern LA	W 4-3
at Nicholls	L 0-10
at Nicholls	L 1-5
at Nicholls	L 1-6
at Louisiana Tech	W 7-4
vs A&M-Corpus Christi	W 3-1
vs A&M-Corpus Christi	W 7-2
vs A&M-Corpus Christi	W 8-0
at Lamar	L 3-4
at Lamar	W 6-5
at Lamar	L 0-5
vs Grambling	W 2-1
at Stephen F. Austin	L 3-6
at Stephen F. Austin	L 1-5
at Stephen F. Austin	L 2-3
vs Prairie View A&M	W 7-6
vs Prairie View A&M	W 7-0
vs Central Arkansas	W 2-1
vs Central Arkansas	W 4-0
vs Central Arkansas	L 1-2
vs Lamar	W 4-0
vs McNeese	W 4-3
vs Nicholls	L 0-9
vs Stephen F. Austin	L 1-6

Scores from 2018-2019 season.

1. Casey Irvin congratulates Codi Vernace on her run.
2. Kaitlyn St Clair catches a pop up from the opposing team to get an out.
3. Hayley Barbazon swings at the ball for a potential home run.





The 2019 Lady Demons softball team get ready to knock their 2019 season out of the park.

queens of the diamond

The Lady Demons learn what it takes to go for the win while having a bit of fun.

A good softball player should have the skills of throwing, hitting, catching, sliding and pitching. A great softball player maintains all those skills but also has self-confidence, persistence and good leadership qualities. Northwestern State University's Lady Demons have all these assets and more. Freshman utility, Keely Dubois said, "So far I have learned many things here at NSU and I still have room for learning. I have learned how to really focus and lock in when the time comes and still loosen up and just enjoy the game. The game is so much bigger than me and the people who play. You just have to conjure every day and learn to trust the process."

At the university, tradition is a very important part of what makes student, faculty and staff true Demons. These ladies, however, have their own traditions. "We have a great culture here but as far as traditions go, I think my personal favorite thing we do as a team is play 'riff off'," senior pitcher Samantha

Guile said. "It is basically just a lip sync battle where we break up into teams and go back and forth singing songs of a certain category; the first team that cannot think of a song during that round loses. It is something we all enjoy and gets us very hype."

For the Lady Demons, the main goal of the sport is to win, but also have fun. "My favorite softball memory comes from last season in the conference tournament," senior Elise Vincent said. "One of the best games we played all year was against McNeese in the tournament, and it was just such a fun game and atmosphere to be in. My team never quit and kept punching back whenever we got hit. It was just a fun game and we became their first loss in the conference tournament since 2015."

The Lady Demons work hard, but they also make memories and have a good time no matter the circumstances.

Story by Charli Williams
All photos by Chris Reich



The 2018-2019 Demon Baseball players are ready to take on the new season.

there's no place like home

The Demons push past all obstacles to become better at the sport that they love.

In sports, the word team can be used to describe any group of people who play together. However, for Demon baseball, the word finds a better fit. "Already this year, we're forming together really well," pitcher and redshirt senior, Kyle Swanson said. "We're setting the tone in the weight room and on the field, which is always a good sign."

Keeping a group focus relies on accountability. "If I see something's going wrong, I can tell them that they need to pick it up, even if I'm just a sophomore," infielder Hilton Brown said. A part of the Demons' team-centered vision relies on making sure everyone is doing their part.

Celebrating a win together is an upside to being close to your fellow players. During the 2019 season, the Demons hosted the LSU Tigers and came out on top against a highly ranked and heavily favored squad. "A

game against LSU is a big deal, especially in the community," Swanson said. However, the sweet sense of victory can be drowned out by defeat all too easily. "When you look at it, that's one win. A loss against them or anyone else looks the same at the end of the year," Swanson said.

The Demons' conference play left room for improvement as they had an early exit from the 2019 Southland Conference Tournament. However, there is a glimmer of hope as they look to make a run in 2020.

Regarding the Demons' goals for the year, Swanson said, "We'd like to win the tournament and we'd like to win the conference. We just want to set our goals for the best we can be, we don't want to limit ourselves." With a limitless attitude, Demon baseball expects a push past all expectations.

*Story by Cole Brumbelow
All photos by Chris Reich*

1.



1. Jose Vasquez pitches against University of Arkansas of Little Rock.

2. Sam Taylor tags out a player from University of Incarnate Word.

3. Tyler Smith bats against Southern University for a potential home run.

2.



3.



For the Record

30-27

Scores from 2018-2019 season.

at Houston	L	3-5
at Houston	L	4-5
at Houston	W	2-1
vs Southern	W	13-6
vs Southern	L	5-7
vs UL Monroe	W	15-0
vs Little Rock	W	1-0
vs Little Rock	L	5-7
vs Little Rock	W	7-5
at Louisiana Tech	W	8-4
at Abilene Christian	L	0-4
at Abilene Christian	W	24-11
at Abilene Christian	L	2-6
vs LSU	W	3-1
vs New Orleans	W	4-3
vs New Orleans	L	2-5
vs New Orleans	W	8-1
at UL Lafayette	L	3-8
vs Lamar	L	3-4
vs Lamar	W	5-2
vs Lamar	W	10-6
at Southern	W	6-3
at Houston Baptist	L	2-10
at Houston Baptist	L	2-12
at Houston Baptist	W	7-5
vs Mississippi Valley St	W	11-0
vs Mississippi Valley St	W	9-0
vs Nicholls	W	7-1
vs Nicholls	W	9-7
vs Nicholls	W	3-2
at UL Monroe	L	4-8
at Southeastern LA	L	3-5
at Southeastern LA	L	1-8
at Southeastern LA	W	3-1
vs LSU-Alexandria	W	6-3
vs McNeese	L	4-7
vs McNeese	W	6-0
vs McNeese	W	6-5
at Arkansas	L	2-19
at Arkansas	W	10-7
at Stephen F. Austin	L	2-4
at Stephen F. Austin	W	7-0
at Stephen F. Austin	L	3-5
vs Louisiana Tech	W	3-1
vs Grambling	L	6-7
vs Grambling	W	11-2
vs Grambling	W	5-4
vs Incarnate Word	W	7-6
vs Incarnate Word	L	5-6
vs Incarnate Word	L	9-12
at UL Monroe	-canceled-	
at Sam Houston State	L	5-11
at Sam Houston State	W	9-4
at Sam Houston State	L	4-5
Central Arkansas	L	0-2
vs Southeastern LA	L	4-6

Dr. James Picht teaches
Russian for Scholars' College.
Photo by Gretchen Spier



Kat Wilkinson practices her singing in
Chamber Choir class
Photo By Jasmine Johnson



Riley Bell prepares food for
Columns Cafe during lunch time.
Photo by Christian Boudreaux



Ashlynn Hartley volunteering for
Vet Tech at Bathe a Dog Day
Photo By Amanda Hill

Academics

MASC

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114-115 Arts and Sciences
116-117 Business and
Technology
118-119 Education and
Human Development
120-121 Nursing

124-125 CAPA: Music
126-127 CAPA: New Media
128-129 CAPA: Theater
130-131 CAPA: Visual Arts
132-134 Scholars' College

Full of Possibilities

A wide variety of options is offered for every unique perspective.

The College of Arts and Sciences offers one of the most diverse experiences at Northwestern, considering the wide variety of courses of study offered. The six departments include science, humanities and social sciences, language and cultural studies, mathematics, and creative and performing arts, along with the newly transferred engineering department.

Students are exposed to a plethora of rigorous course options within the college, and collaborate with many other colleges to ensure a positive, well-rounded experience for all students.

Kristin Smith, a freshman biology major with a concentration in biomedical, understands the amount of work she'll have to put in to be a successful science major. She is, however, looking forward to the reward of the challenge. "Even though the work may not always be fun, I have always loved biology and studying it, and the people here are very friendly and enthusiastic about what they do," Smith said.

Professors are also ready to help students in the college with anything they need. Frank Serio, the department head of mathematics, found that

helping and making himself available for students was one of the largest factors in ensuring student success and to have cordial relationships with the students. The department also boasts a 100% admittance rate to graduate school from undergraduate. For some students, their major has become a home away from home.

Kirsten Sonnier, a sophomore English major with a concentration in professional writing, has found a family within her department, especially as a first-generation college student. "There's so much stigma against being an English major everywhere else," Sonnier said. "NSU gives me the room to be who I want to be and do what I love." Each department has their own kind of calling for each of their students.

Caitlin Crawford, a junior history major, found a personal calling within the department of history and social sciences. Though she admits that learning about history can be boring at times, Crawford enjoys the discussion that comes with learning about the past, and having the potential to "learn about our never-ending past."

Story by Carly Chandler



Tanner Thibodeaux takes notes in Dr. Phifer's Scholars' biology class.

Photo by Jasmine Johnson



Jesus Villafana practices his instrument while in the Tuba & Euphonium Studio.

Photo by Jasmine Johnson



Chase Manning looks over samples in his entomology class.
Photo by Alexis Trosclair



Regan Guillory promotes the American Society for Microbiology during the Bienvenue organization browse.
Photo by Alexis Trosclair



Photo by Amanda Hill

New Faces performers perform on stage together.



Riley Bell toasts up some sandwiches during the HMT Grilled Cheese Cook-off
Photo by Christian Boudreaux



Hailey Bolton poses with her prize for coming in first in the Inferno Pitch, for her app idea, Pet Tracker.

Photo contributed by Lili Bedoya

All Business and No Play

Students of today, Leaders of tomorrow.

The College of Business and Technology offers a wide variety of curriculum and degree opportunities ranging from accounting, business administration, computer information systems and engineering technology to hospitality management and tourism. The college boasts a national accreditation from the Association to Advance Collegiate Schools of Business International, as well as impressive online and post-baccalaureate certificates.

Brianne Lashley, a junior computer information science major, describes the college as a school where everyone is inclusive and friendly. "CIS was my backup plan, and when I found out I was good at it and enjoyed it, I stuck with it," Lashley said. She recommends taking any of the three Java classes offered.

The esteemed faculty, staff, and student body are what makes the college so impressive. It would not be as acclaimed today without their hard work, determination and desire to see others succeed.

Senior business administration major Madison Shidiskis said her experience "has been unlike anything I could ever imagine." She is currently studying abroad in Alicante, Spain.

Shidiskis not only wants to grow in the field of business, but in the variety of culture and her experiences through Northwestern State University. She is the first person to experience this program abroad.

Anne Cummins, a senior hospitality management and tourism major, said that the hospitality management and tourism program has given her the opportunity to gain valuable industry experience. "I feel our program has prepared me well for a career in the hospitality and tourism industry," Cummins said. "Through hands-on learning and being experience-oriented I have been able to build my resume and skills."

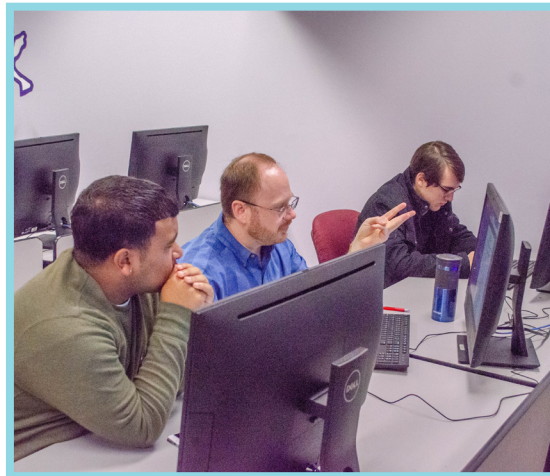
The college has many events that their students can participate in. The Inferno Pitch is a business model competition that provides business students the experience of pitching a concept to a panel of judges. For the hospitality management and tourism program, Columns Café started in spring 2019. This café gives experience to its students of what it's like to be in a professional setting for both cooking and serving. It is also for the Natchitoches community to learn more about the program.

Story By Carly Chandler



Professor Qwontice McDowell and Dr. Begona Perez-Mira in their computer information science class.

Photo by Precious Goins



Students discuss a project in their Computer Information Studies class.

Photo by Christian Boudreaux

Education at its finest

Since 1884 education has been at the core of Northwestern where the college offers a variety of degree programs to students.

When Northwestern State University was founded in 1884, the College of Education and Human Development was the foundation on which the school was built. It has boasted a national accreditation since 1954 with the purpose of educating teachers-to-be in the College of Education. The school offers a variety of degree programs related to education and mental and physical health, thus training and educating the future creators, leaders, and social innovators of the future.

The degree work and curriculum include lectures and seminars, along with internships and field work. The student body of the College of Education and Human Development is as diverse as the degrees offered.

"I can confidently say that I will be ready to teach and mold the minds of young children after my graduation in May," senior early childhood development major Martha Hopewell said. "Northwestern State placed me in a real-world classroom to give me the best experience and taste of

teaching I could get."

The college of education is not limited to traditional students, and Margaret Thompson is proud to be a nontraditional Northwestern State Demon. Thompson is a dual major in psychology and addiction studies who celebrated her 60th birthday her first semester on campus. "Everyone has been very respectful," Thompson said. "But I think it has something to do with my age."

The college offers different paths for graduate students furthering their education. Kelsey Jordan is a second semester grad student on the path to receiving her master's in early childhood education. "This program has given me the opportunity to achieve my dream of being a kindergarten teacher by giving me numerous great experiences – and I still haven't broken the bank," Jordan said.

Story by Carly Chandler



Education Students receive various awards and honors at the College of Education Awards.

Photo by Chris Reich



Haley Spilker and Maya Porter take notes in their social work and statistics class.

Photo by Jasmine Johnson



Dr. King asks students what role they play in their families in his addiction studies course.

Photo by Jasmine Johnson



Dr. Poehl's EPSY 3000 class learned about developing rubrics by creating one to judge "Crazy Hat Day".

Left to right: fifth place Madison Wallace; fourth place Karlee Laurence; third place Kevin Hendrick; second place Madisyn Hubbard; first place Cody Hambly.

Photo submitted by Dr. Katrina Jordan



Manila Brown Moses, Jackson Teal, Myles Mitchel and Chris Wynn work as a team to make sure they do everything correctly for their future patients. *Photo by Amanda Hill*



Nursing major Katie Boyett listens to Maci's Self's heart for practice. *Photo by Amanda Hill*

Where persistence and passion intersect

The nursing program gets its students ready for the medical world.

Northwestern State University's nursing program is not only one of the campus' most challenging programs, but one of the most rewarding. Students experience a wide variety of settings, ranging from lectures to clinical studies to lab time. On campus, the nursing department is a small, tight-knit group of faculty, staff and students.

While the satellite campuses at Alexandria, Leesville and Shreveport are more well-known for their nursing programs, Assistant Professor and supervisor of Natchitoches nursing Tamara Baxter is eager to "develop and grow". This way the program can not only take in more students, but give them a rewarding and educational experience.

She is excited for the growth they've already experienced; before 2016, nursing students in Natchitoches had to travel to one of the satellite cities to complete their clinicals. Now, along with a partnership with Natchitoches Regional

Health, students can manage their hectic educational plan a little closer to home. The first group of students that completed clinicals from Natchitoches graduated in 2016.

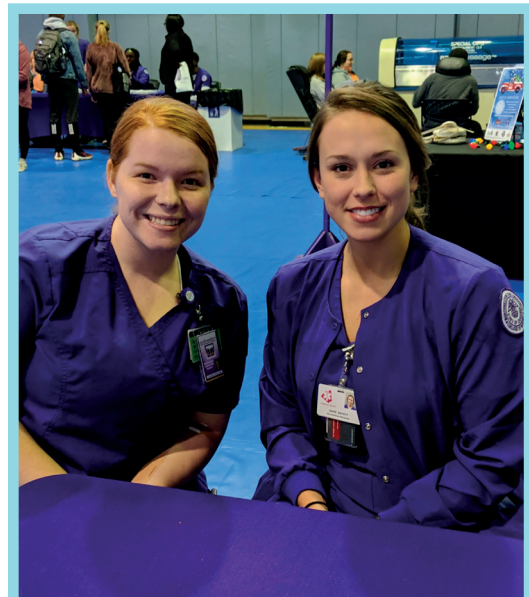
Senior nursing major Hayley Barbazon knows the importance of balance and support. She has not only balanced the nursing curriculum, but also juggled softball year-round. She found support in her family, and in the faculty. "They push you to where you are able to figure things out yourself and not need someone there with you every step of the way," Barbazon said.

Louise Thompson, a freshman nursing major, is daunted by "all the ways people can get hurt" and the rigorous curriculum to come. But, Baxter ensures that "if a student really wants to be a nurse, they'll be dedicated to the program."

Story By Carly Chandler



Alexandria's second phlebotomy class graduation.
Photo submitted by Vashaun South



Caroline Womack and Katie Boyett posing during their shift at the NSULA Wellness Fest.
Photo by Haleigh Gates

Dance your heart away

The dance department has become more *feets on* with its students.

With the introduction of the bachelors of fine arts in dance, the Department of Dance has taken leaps and bounds to make the program as educational and interactive as it can be.

The department interacts with a multitude of others, along with events such as musicals, "Modern in Motion," "Gala," and the annual dance concert. The dance company is open to both theater and dance majors.

Director and assistant professor of dance, Kirstin Riehl said, "My favorite part of dance is definitely teaching because of the mentoring and given experience that comes with encouraging students to push them to be the best dancers they can be."

You might recognize Alphonse Engram, a senior dance major, as the star of NSU's 2019 dance production, "The Cat in the Hat."

Engram admits that there is no instant gratification from following the curriculum of dance. He finds that his favorite part of dance not only stems from the joy he gets from doing it, but from how happy it makes the people who watch him perform.

Cathleen Oviedo, a senior theater major with a concentration in dance, has performed as a Rockette in "Gala" and "Modern in Motion". Her favorite part of dance is the classes, where she can use her body to learn, and has helped her grow as a performer and a person.

The Department of Dance has a wide assortment of classes and is always expanding and growing. "The great teachers and fellow students form a close-knit group," Oviedo said.

Story by Carly Chandler



Jared Doster teaches his hip-hop class different dance moves of the genre.

Photo by Jasmine Johnson



Alphonse Engram and Leyla Fettweis have a fun time at "Gala" rehearsal.

Photo by Christian Boudreaux



Photo by Chris Reich

Addison Pope shows off her dance talent at the annual New Faces for the first time.



Photo by Chris Reich

The cast members of 'Modern in Motion' get down at the Cane River Brewery.



Emily Adams practices her vocals in Chamber Choir class.



Dr. Douglas Bakenhus, professor of music, performs on the baroque bassoon alongside his guest artist, Dr. Charles Metz on the pianoforte at the Piano Forte Baroque Recital.

Music is in the Soul

The Department of Music offers great education opportunities for everyone with a passion for music.

The Creative and Performing Arts Department of music is the heart and soul of Northwestern State University. Faculty and Students collaborate with other departments of the college to produce and sustain beautiful material. The department also offer great education for every student with a passion for music.

The music department offers multiple degrees for music and music education, paving the way for innumerable career opportunities.

The department head of music, Dr. Malena McLaren, accentuates the sense of family and community that comes with being a part of the department of music. She is proud to be a part of the tight-knit environment. "All branches of CAPA are interested in what everyone else is doing," McLaren said. "I think that's what makes NSU and CAPA so unique. Incoming freshman are entering a family."

Senior vocal music education major Michael Martin had his first impression of the Department of Music dur-

ing his senior year of high school, and he knew then that it was a match. He thanks his mentors for the criticism that comes with growing as a music major. "It's a unique experience," Martin said. "We're always doing something – it's not your traditional degree, but that's what is so fun about it."

Carlomagno Leon Jimenez, a senior music and business administration double major, found that the department was "a sociable place, and welcoming regardless of background." He's been involved in multiple events as a vocalist, and finds that his favorite part of the music department is the choir room, because he's able to make unbelievable music with awesome people.

Leah Morace is a freshman music education major with a concentration in instrumental music education. She advocates for the diversity on campus. "Though it may not be a traditional educational path, being a part of CAPA music has been a very fun experience, and I look forward to learning more," Morace said.

Story by Carly Chandler

All photos by Jasmine Johnson



Jalima Diaz is working on making reeds for oboes in a oboe reed Seminar.



Patrick Murr practices his music piece in his tuba and euphonium studio class.

What's the Scoop?

Where the voice of future communicators is found
and heard throughout the campus.

The Department of New Media, Journalism, and Communication Arts is an intensive study into the world of communication – both interpersonally, in writing, and through media. Students are required to have one of three different concentrations paralleling their communication major.

These options include journalism, broadcast and digital media production, strategic communication and the latest addition, sports media. Students are given a versatile experience in each of their curriculums with opportunities to participate in annual events, student media and internships.

Dr. Brian Gabriel, the interim department head, is excited to introduce the new sports media concentration, but also new equipment for the students to take full advantage. Gabriel is looking forward to the "new opportunities for the students."

Jessica Mullican, a junior communications major with a concentration in strategic communications, keeps up a busy schedule between school, organizations and leadership positions. She feels as if she's "grown into a completely different person", and for the better. Some students double major in communications to help further their other major. One student took advantage of several classes that were relevant to their major.

Mikalyn Russell is a senior with a double major in Communications and hospitality management and tourism. Russell said that her experience at NSU has been phenomenal, and describes the communication program as being "unique because of the variety of classes offered. I have taken a social media management class, public relations class, law and ethics class, and an internship class."

Story by Carly Chandler



Professor Melody Gilbert teaches her video production class.

Photo by Christian Boudreaux



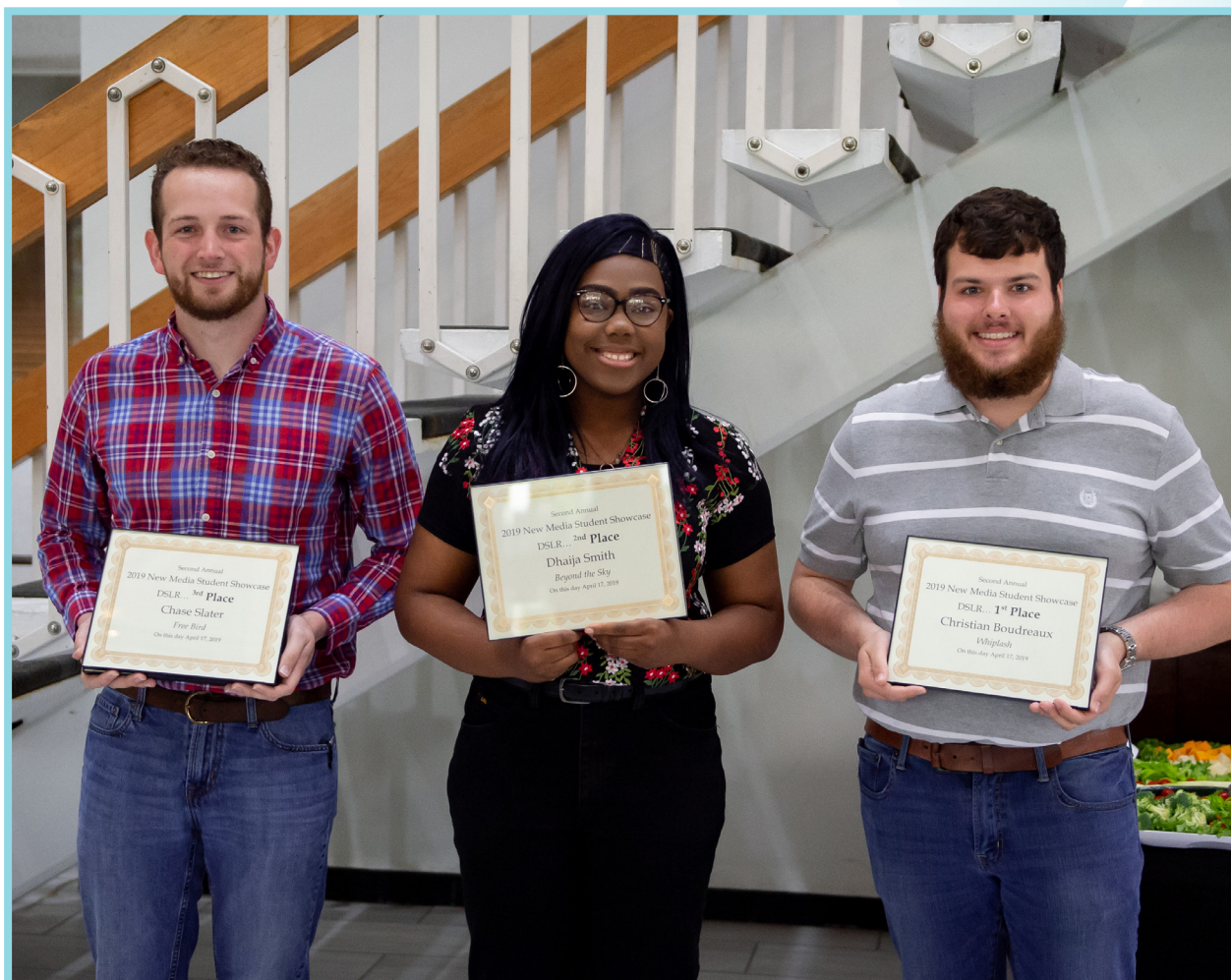
Savannah Thompson takes notes on the lesson in her writing for mass media class.

Photo by Jasmine Johnson



Nyasha D. Brown welcomes students to Journalism and Media Day with the media writing competition.

Photo by Christian Boudreaux

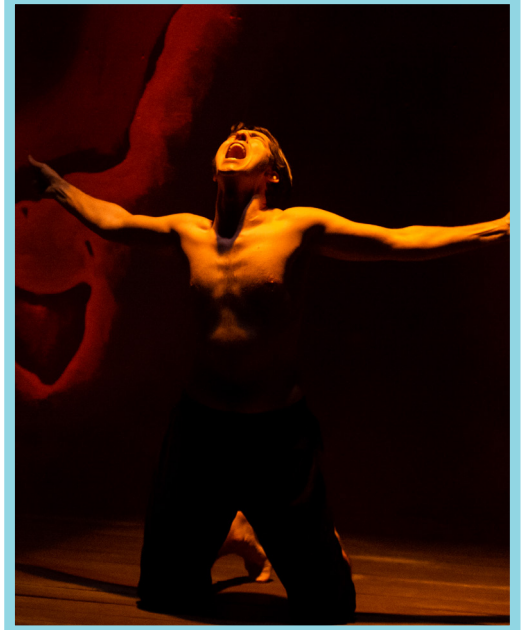


The winners of the 2019 New Media Student Showcase, DSLR competition, are third place, Chase Slater, second place, Dhajja Smith, first place, Christian Boudreaux.

Photo by Chris Reich



The Cast of "Songs For a New World" setting the stage for a great performance.



Dylan Fuselier makes his mainstage debut in NSU Theatre and Dance's "Our Country's Good".



Lesly Brunk performing her New Faces solo.

Raise the Curtain

Many talented students gather to the Creative and Performing Arts Theater department to bring shows to life

Northwestern State University's theater department is not only known for its exemplary shows, but for the talented cast and crew that comprise the entirety of the college's theater.

The program is only one of 150 in the United States to have been accredited by the National Association of Schools of Theatre, and continues to impress with consistently show-stopping performances.

The department offers a variety of concentrations, able to compensate for any student's individual flavor of theater.

Brett Garfinkel, the head the department of Theater and Dance, finds inspiration in working with students who are always "passionate and ambitious to create new and exciting performances and seek out the things they want to learn."

The frontrunning shows for the fall of 2019 were "Our Country's Good" and "Songs for a New World," with a multitude of minor shows between productions.

Vincent Spinks, a junior theater major with a

concentration in performance and directing, had his first major performing role in the production of "Our Country's Good." He feels as if he has grown as an actor and a student. "I gained a greater understanding of what makes us human and what affects our behaviors," Spinks said.

The sense of community within the department has helped Spinks forge new bonds. He has come to know that everyone involved a production make it effective for both the audience and the cast and crew.

Myjoycia Cezar, a sophomore theater major with a concentration in design and technology, feels as if she has found herself a family, both on the campus and in the department.

Her roles in theater range from dramature to stage manager to prop designer. "I have met so many amazing people that each teach me something different and are so talented at what they do," Cezar said. She was the dramature for "Our Country's Good."

Story By Carly Chandler

All photos by Chris Reich



The Cast of Our Country's Good takes a bow.



Jessie Parr, professor of costume, works on sketches for *Drought* by John Shanley.
Photo by Jasmine Johnson

Going from Heart to Medium

Students create expressive works of art with different kinds of materials that best represent them.

Many people do things to express their inner selves. Painting, sculpting and graphic designing are among the various mediums in the Department of Fine and Graphic Art helping students express themselves.

The department holds a National Association School of Art and Design accreditation, and takes pride in the familial and professional aspects they've managed to intertwine with creating beautiful pieces of art.

Leslie Gruesbeck, associate professor of art and gallery coordinator, finds that her favorite part of the visual art department "is our awesome students. I also enjoy my coworkers in the art department as well as in the Creative and Performing Arts and the chances we have to collaborate with each other and our students."

Being able to teach something that she's always been drawn to has been very satisfying, and "this is my alma mater—I love this place."

Senior graphic communication major Jaliyah Jasper has always been drawn to art. She said that the univer-

sity helped her find "what field I wanted to take up," and that "I learned I wanted to be a graphic designer." The department proved to be a personal experience where Jasper not only found what she wanted to do, but who she wanted to be.

Mackenzie Langen, a junior fine arts major with a concentration in studio art, found that the art program on campus was "a lot more expressive than other schools" and helped her "to look at the world with a different point of view."

The perspective change helped to not only change how she looked at the world, but how she looked at her college experience.

Art expresses itself in different ways. Students found their calling by being exposed to different mediums within the department. With many opportunities, students and faculty can be inspired to create different art pieces that come from their heart.

Story by Carly Chandler



Photography professor, Michael Yankowski, shows Selena Villalobas, a junior, how to work shutter speed on her camera.

Photo by Precious Goins



Mickayla Love, a fine and graphic design major, texturizes her coil project for her Ceramics I class.
Photo by Alexis Trosclair



Nicholas Kidd designed and built a larger-than-life cup out of cardboard in Sculpture I.
Photo by Alexis Trosclair



Caroline Shepherd turns in her final project for her Art History II class.
Photo submitted by Caroline Shepherd



Students take notes during Dr. Phifer's Scholars' Biology lecture.
Photo by Jasmine Johnson



Ashley Eubanks takes notes while in Dr. Wolffe's Spanish class.
Photo by Jasmine Johnson



Students listens to Dr. Piecht lecture on Russian.
Photo by Gretchen Spier

A school of their own

The Scholars' College has its own corner of the university experience

The Louisiana Scholars' College was founded in 1987 as Louisiana's only honors college. With courses based in core studies and extensive seminars, students are given a well-rounded experience. This includes science, math and foreign languages, along with opportunities for enriched education.

Scholars' College is described as inviting, founded in the principles of community and developing connections. The College is also proud to introduce a new program that allows a student to graduate with both their bachelor's and master's within five years.

Dr. Davina McClain is professor classics in the Scholars' College. "It's a mini-college within the university with faculty in all different areas," McClain said. "It's a challenge and it should be. We aren't here just to pat students on the back – we are here to mentor them and to push them and help them realize their strengths and weaknesses."

Noelle Warren, a sophomore liberal arts major, with a concentration in humanities and social thought can vouch for the classroom size and familial aura. "It

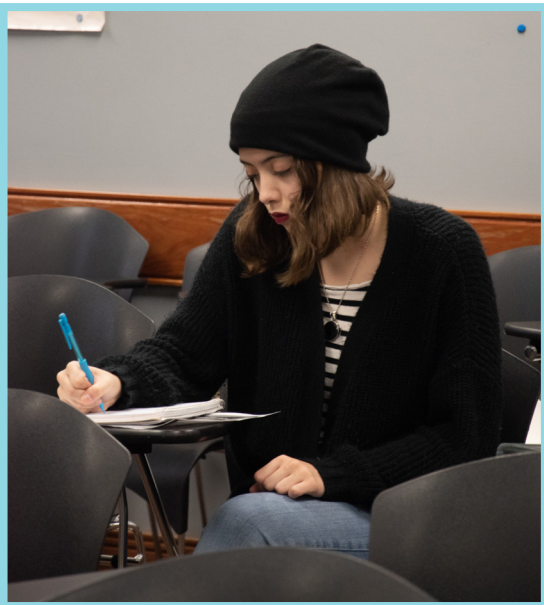
strives to give each student a well-rounded education spanning different disciplines and subjects. The classes are typically smaller, and many of them rely on participation and discussion rather than just listening to someone teach at you," Warren said.

"One of the best things about Scholars' is the ability to form connections with your professors—all of them care deeply about their students and treat them as equals."

Meghan Quaglino, a freshman majoring in liberal arts, describes the college as allowing the students to grow connections and bond over many things. "I personally am part of the Scholars' Forum, the student government of Scholars', where we ensure that the students' voices are heard, plan fun events and monthly food fairs," Quaglino said.

Freshman classics major Nora Seyler focuses on the community of Scholars'. "Everyone in Scholars' is passionate about their interests, no matter how niche they are," Seyler said.

Story By Carly Chandler



Angelina Wood writes down notes in Dr. Wolfe's Spanish class.

Photo by Jasmine Johnson



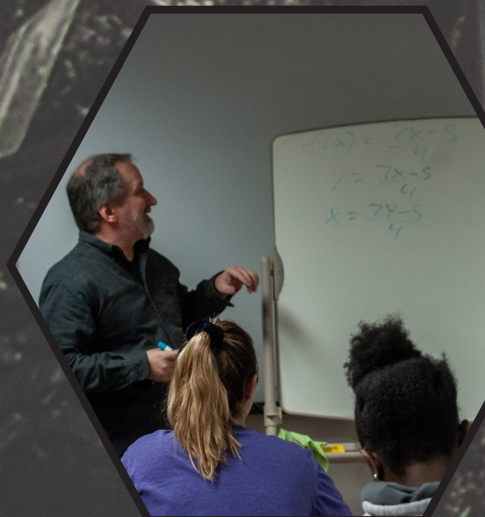
Scholars' students participate in Homecoming Lip Sync.

Photo by Alexis Trosclair

Nursing students at the Alexandria campus throw a fork 'em for Demon pride.

Photo by Carly Chandler

Sate



Math professor Dr. Goelz teaches Math 1010 at the Alexandria campus

Photo by Christian Boudreaux



Tamara Baxter and Rebecca Weston participate in the Shreveport campus' SNA's pie-a-faculty fundraiser

Photo submitted by Chenelle Pillette



Tammi Potts explains about a nursing form to new nursing students at the Leesville campus at their orientation day.

Photo by Megan Palmer

ellite Campuses

136-137
Built on the
Students'
Needs

138-139
An Abundance
of Opportuni-
ties

140-141
Nursing
is in the
Blood





Radiologic science students Nicholas Jackson and Beau Barbry in radiology lab simulate facial bone X-ray positioning.

Senior nursing student Kaitlynn Burke speak at Pink October, a Breast Center event in Marksville.



Radiologic science faculty at Faculty Institute. The faculty teach radiology and allied health courses on three campuses: Natchitoches, Alexandria, Shreveport.



Phlebotomy second graduating 2019 class for the Alexandria campus.

Built on the Students' Needs

Alexandria has become an institution that makes sure its' students have the means to be successful.

A central hub of activity, the Northwestern State University campus in Alexandria is an institution based on giving the student the most catered and available means of success while enforcing a personal touch. Faculty and students all agree that the most important aspect of the campus is the interaction between the two; one does not exist without the other.

The students and faculty resemble a tight-knit community based on hard work and educational growth, along with the occasional inside joke.

The campus announced they not only moved their nursing lab, but also upgraded their radiologic technology lab to being fully digital, and will have a more immersive and accurate experience, pertinent to their job fields.

Campus manager Vashaun South, describes the campus as being "built on the students' needs and the fact that we're all so close." Everyone is on a first

name basis and that personal touch is what makes the campus so special.

Katelyn Feazell, a sophomore nursing major, said that as a group, "We have fun and we're family. You don't get that anywhere else." The close proximity and sense of family make things very unorthodox, but one of the biggest perks is the students' full access to the staff and their assistance. Gage Lacombe, a senior nursing major, talked about how, "It's very interpersonal and gave me access to unique experiences."

Assistant professor of nursing Kaylee Ackel admitted that they have had to be particularly creative in the past, considering a lack of resources, but is excited for the growth that is sure to come with further popularity and campus expansion.

Story by Carly Chandler

Photos submitted by Cindy McGuire and Vashaun South



Tammi Potts talking about the Student Nursing Association and what is needed to join.

Photo by Megan Palmer

An Abundance of Opportunities

The Leesville/Fort Polk campus creates a melting pot of students who are military and nursing.

The Leesville/Fort Polk Northwestern State campus is tucked almost perfectly in between Leesville and Fort Polk, and serves as a hub for students to earn their education. It also gives the opportunity to serve at the local military base in Fort Polk. A variety of opportunities is offered at the campus, with a heavy influence on the military student.

Michelle Stephens, the military liaison between Northwestern State and the Fort Polk base, has a unique perspective on the lives of the students, and believes that regardless of how small the campus is, they "offer big, personal services to try and ensure students' success". Stephens primarily works with active duty students, and, as such, does her best to ensure that their experience at NSU Leesville is a positive one.

Stephynie Bell, a junior majoring in psychology, is also a mother, wife and sergeant in the Army. Bell continuously strives to make time for herself and for her education. She balances opportunities from the university with support from her professors and family. Bell found it easy to talk with her professors if the need ever arose, and found a community both within the campus, and small-town Leesville.

Timothy Miller, a senior general studies major, has dedicated 21 years of his life to service around the world, and, along with graduating in the fall 2019, will retire from service. Miller found a non-traditional route at Leesville, especially as a first-generation student, and found that the easiest way was to multitask his classes, family, and the military while leaving time for himself.

Story by Carly Chandler



President Tammi Potts and Vice President Colette McDonald of the Student Nursing Association at Fall Fest.
Photo by Christian Boudreaux

Interim CEO of Byrd Regional Hospital Kevin Quinn speaks to 1st level nursing students about what he does and what nursing has done for his life.

Photo by Megan Palmer



The Student Nursing Association prepare goody bags to prepare incoming nursing students for nursing life.
Photo by Megan Palmer



NSU students enjoy some final exam week fur therapy.

The faculty picture on the steps of the Shreveport Campus



Students at the Shreveport Campus celebrate Mardi Gras.



SNA and Shreveport SGA at the Shreveport Freshman Connection
Mildred Hooper, Maryelle Hooper, Elizabeth Langley, Dylan Molenhour, and Chenelle Pillette (advisor)

Nursing is in the Blood

The Shreveport campus has become the main hub for the nursing student population.

The Northwestern State University College of Nursing has several locations for their nurses to be a part of. One is in Shreveport, and offers a central hub for affordable, accessible, and excellent education rooted in the field of nursing.

The Shreveport campus is, in fact, the mother hub for the school of nursing located on the main campus in Natchitoches. It was ranked as the number one college campus in Louisiana in 2017, preceding the opening of a new clinic in 2018. The campus celebrated its 70th anniversary in 2019.

Chenelle Pillette, the student activities coordinator, interacts with students in one of the most versatile and unique ways. She advises students on campus and helps plan events for the students through the two students' organizations on campus, the Student Nursing Association and the Student Government Association. Though her job is end-

less, she absolutely "loves, loves, loves" the amazing faculty and students she has found on Shreveport campus, and the gratification of serving both the community and the students.

Kendall Sneed, a junior nursing major, experienced clinicals, or the application of knowledge from nursing in a lab or hospital setting, for the first time following two years of prerequisites. While the clinicals, in her opinion, are much more challenging, she also enjoys the "distant learning" and freedom she's given to learn as she goes.

Meghan Jelks, a senior nursing major, transferred from Natchitoches to experience her first semester on Shreveport campus. While Jelks laments that there's not much to do city-wise, she does appreciate the ability to apply what she learns in class through clinicals, along with the fact that she's closer to home.

*Story by Carly Chandler
Photos submitted by Chenelle Pillette*

Tri Sigma flash their
sign at the end of their
Lip Sync performance
Photo by
Christian Boudreaux



Pi Kappa Phi channeling their inner
Mary Poppins for the Homecoming
parade
Photo By Chris Reich



Jordan Davis, Jennifer Hitt and Cole
Brum, showing their letters at Classic on
the Cane
Photo by Jasmine Johnson



Azita Rivers and JaKayla Lee partici-
pate in Red
Roulette with Delta Sigma Theta
Photo by Amanda Hill

Greek Life

**144-145 College Panhellenic
Council**

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Council**

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Music Organizations**

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184-185 Phi Mu Alpha Sinfonia

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College Panhellenic Council

The College Panhellenic Council is comprised of members from Alpha Omicron Pi, Phi Mu and Sigma Sigma Sigma.

Photo by Precious Goins



Alpha Omicron Pi

Phi Mu

Sigma Sigma Sigma

Kristen Byone and Stephanie Cohen pledge that they will not haze during the These Hands don't Haze event.



Photo by Amanda Hill



Photo by Chris Reich

Phi Mu celebrates all of their new members running home after opening their bids on Bid Day.



Photo by Christian Boudreaux

Sigma Sigma Sigma brings Pride Rock to Natchitoches during the annual Homecoming parade.

Photo by Jasmine Johnson



Founded:

Jan. 2, 1897

Chapter:

Kappa Chi

Flower:

Jacqueminot rose

Chartered:

Jan. 25, 1997

Colors:

Cardinal red

Symbol:

Panda



"Inspire ambition"

Alpha Omicron Pi

In the midst of the different emotions and experiences college can bring, Alpha Omicron Pi has made itself a stable and welcoming home to women on campus.

"A majority of our members come in because they're looking for someone or something to connect with," Morgan Gotte said. "We all come in wanting companionship, wanting support and love, all the things you search for when you come into a new place. And being that women can come in and feel loved and welcome even on their first day? It's so heartwarming."

These bonds and the love for this chapter do not end at graduation. The Kappa Chi chapter plans in fall semesters an alumnae tea for past members to come and mingle with active members.

"This event is really special because it allows members to see who helped the chapter evolve before us and see those who are actively helping us continue to grow," Raina Woods said.

Because family and love are such a huge factor in the sorority, inspiring confidence and growth in each other is equally as important. "Coming from a really small town I felt like I couldn't live to my

full potential," Gotte said. "Alpha Omicron Pi gave me a platform to stand on and say, 'You can do great things, you can be whatever you want to present yourself as.' Having the support of my sisters and having them push me when I feel like I can't do something? That's why I stay."

These values are present in the support of the sorority philanthropy, the Arthritis Foundation. Events such as "Strike out Arthritis" and "AOPI-HOP" help raise money for the foundation and awareness about the condition.

Most people do not realize arthritis can affect people of all ages, including children and even newborns. "It's not specifically tailored to a certain age group. It affects everyone," Tia Dixon said.

With so many things in store, the sorority continues to create a place that encourages and supports women from all different backgrounds and interests. "I hold myself to a higher level than I could be at because I want that for myself. And it's because my sisters have said, 'Hey, you deserve better,'" Gotte said.

Story by Rebekah Lorio



1. It was a Hawaiian roller coaster ride during Lip Sync for the women of Alpha Omicron Pi.
Photo by Chris Reich



2. Samantha Hebert and Allison Garcia wave to the crowd as Lilo and Stitch during the annual Homecoming parade.
Photo by Amanda Hill



3. Hailie Coutee, Kristin Byone and Hannah Boquet pledge to not haze during the These Hands Don't Haze event.
Photo by Amanda Hill

"Les soeurs fideles." Phi Mu

One of the longest-standing Greek organizations on campus, belonging to the College Panhellenic Council, is the Kappa Iota chapter of Phi Mu. Each generation shows off its colors of pink and white for the world to see. Since they have 80 active members on campus, it isn't hard to miss these sorority sisters, new and old, proudly displaying their chapter's pride and tenacity to go beyond.

A pride and treasure of Phi Mu is its philanthropy. All money raised by Phi Mu through its fundraisers on campus is delivered by members to the Children's Miracle Network hospital in Alexandria.

These fundraisers include BonnaMu, a play on the popular music festival Bonnaroo in Manchester, Tennessee.

Children's Miracle Network is an organization that is close to everyone in Phi Mu.

Taylor Guin, a new member from the fall of 2019, said "the thing that got me here was philanthropy day. Hearing it's all about the kids – I knew this is where I wanted to be and this was the philanthropy I wanted to support."

Kailyn Campbell chimed in about the chapter's work with CMN, saying, "Children's Miracle Network has always been close to my heart. I'm pre-diabetic and was born premature. Hearing how Phi Mu has helped and supported CMN from its guest speaker on Philanthropy Day, I knew this was where I needed to be. It was my turn to give back to an organization that has given so much

to me, and Phi Mu has given me the opportunity to do that."

Last year the Kappa Iota chapter raised \$14,000 dollars for CMN. On a national scale, Phi Mu raised \$2 million over the past 5 years. They have also pledged on a national scale to raise \$5 million for Children's Miracle Network over the next five years.

While love and passion for philanthropy common goals between these, women love and support for each other are what ties them together. The motto 'Love, honor, truth' is lived out in the way they present themselves on campus and the way they treat each other.

Senior and current president of Phi Mu Shelby Sullivan took this observation to heart. "I didn't expect how so many women could be so different but still uphold the same ideals," she said. "How we can all have different backgrounds and views but still honor, respect and love each other? That is something that has always really stuck out to me. I know I can call anyone anytime and they'll be there for me. It's just the type of love we have for each other!"

"Phi Mu has been the best decision I've ever made," Campbell said. "I feel like I'm always doing something for Northwestern and for Phi Mu. As a nursing major, I'm going into a service field, and through Phi Mu I've had the opportunities to do the service work I love."

Although it is a big organization, Phi Mu's members are a close-knit group of women who focus on bettering themselves and the world around them.

Story by Rebekah Lorio



3.



3. Madeline Sotile and Leah Wilkins show off their Demon pride at the pep rally

Photo by Christian Boudreaux

Photo by Jasmine Johnson

Photo by Jasmine Johnson

1. Alexia Rubin helps spread Demon spirit at the T-shirt swap.

Photo by Jasmine Johnson

Photo by Jasmine Johnson

Photo by Jasmine Johnson

Photo by Jasmine Johnson

Photo by Jasmine Johnson

Photo by Jasmine Johnson

Photo by Jasmine Johnson

2.



Photo by Jasmine Johnson

Photo by Jasmine Johnson

Photo by Jasmine Johnson

Photo by Jasmine Johnson

Photo by Jasmine Johnson

Photo by Jasmine Johnson

Photo by Jasmine Johnson

Photo by Jasmine Johnson

Photo by Jasmine Johnson

Photo by Jasmine Johnson

Photo by Jasmine Johnson

1.





Photo by Gretchen Spier

Founded:

March 4, 1852

Chapter:

Kappa Iota

Flower:

Rose-colored carnation

Chartered:

Feb. 17, 1968

Colors:

Rose and white

Symbol:

Lion

Photo by Christian Boudreaux



Founded:
April 20, 1898

Chapter:
Alpha Zeta

Flower:
Purple violet

Chartered:
Feb. 17, 1928

Colors:
Royal purple and violet

Symbol:
Sailboat



"Faithful unto death"

Sigma Sigma Sigma

Sigma Sigma Sigma is a sorority dedicated to empowering and supporting strong-minded women. "Our saying is empowered. We want to be empowered women empowering others," sophomore Katie Kennedy said. It's not hard to see that this mindset is instilled not only in present members, but also former ones.

Sherry Moran, a former member of the sorority, and her husband David, a former Pi Kappa Phi member, have donated thousands of dollars to the sorority nationally and locally. These funds have helped pay for its house and have also gone on to fund scholarships for the chapter such as the Morgan Extra Mile Scholarship.

"The scholarship opportunities that come from not only our chapter of Sigma but the Sigma foundation is something I'm so grateful for," Kennedy said. "It's so amazing to me that we have alumni that are willing to donate so much and a university that's also so willing to match that. Everyone knows Greek life costs money, but I'm getting stuff back out of it. I'm not only getting experiences out of this, I'm getting scholarships as well."

Not only does the chapter offer an array of scholarships, it also does its part to give back to its own national philanthropy, the Sigma Foundation. Formerly known as the Robby Page Memorial Foundation, the Sigma Foundation started out as

an organization dedicated to fund those in pursuit of a cure for polio after the founder's son was diagnosed. After a cure was found, the organization was renamed. The proceeds of events put on by the chapter, such as Dancing with the Sigmas, go to this ever-growing foundation.

This year the chapter is hosting a fundraiser for March of Dimes. It is called Mr. March of Dimes, a pageant whose winner will be crowned Mr. March of Dimes.

Fundraising, philanthropy and alumni have their role to play in the chapter, but so does family. "The first time I met these girls, everyone was so friendly and welcoming. I like how when I walked in the house, even though it was my first-time meeting everyone, I felt so close to them. They had such open arms to everyone," Alexandra Nelson, a newly inducted freshman, said.

Even within such a big chapter, finding a shoulder to lean on and trust is never hard. "You always have somebody, you get leadership qualities that are unmatched, you get opportunities, you get scholarships; everything that comes with this sorority pushes me to be better," Kennedy said. "And that's why I've stayed. I know I'm growing more as a person with the sorority than I would without the sorority."

Story by Rebekah Lorio

1.



1. Sigmas are wild about the sorority in the annual Homecoming parade.
Photo by Alexis Trosclair

2.



2. Sigma Madeleine Hensley, Miss Northwestern Lady of the Bracelet, rides in the Homcoming parade.
Photo by Christian Boudreaux

3.



3. Emily Benoit takes a pledge not to haze during the These Hands Don't Haze event.
Photo by Christian Boudreaux

National Pan-Hellenic Council

Treniya Wadley, Destiney Williams, Lydia Johnson
and Brittany Jefferson represent the National Pan-Hellenic Council.

Photo by Jasmine Johnson



Alpha Kappa Alpha

Alpha Phi Alpha

Delta Sigma Theta

Kappa Alpha Psi

Phi Beta Sigma

Zeta Phi Beta



Photo by Jasmine Johnson

Alpha Kappa Alpha



Photo by Chris Reich

Alpha Phi Alpha



Photo submitted by Destinee Green

Delta Sigma Theta



Photo by Chris Reich

Kappa Alpha Psi



Photo by Gretchen Spier

Phi Beta Sigma



Photo by Christian Bondreaux

Zeta Phi Beta



Founded:
Jan. 15, 1908

Chapter:
Eta Chi

Flower:
Pink tea rose

Chartered:
Oct. 13, 1973

Colors:
*Salmon pink and
apple green*

Symbol:
Ivy leaf



Photo by Christian Boudreaux

"By culture and by merit"

Alpha Kappa Alpha

Alpha Kappa Alpha is a sorority geared toward representing sisterhood, scholarships and service not only here on campus but anywhere they go. In fact, many of the current members of the chapter were introduced to the letters and women growing up. "Growing up I saw a lot of women who wore the Alpha Kappa Alpha letters and they were really important in our community," DaleNesha Wimley said. "It was just the way they carried themselves, how they acted, and how they were always willing to lend a helping hand. It made me want to be like them. Once I got to college and looked more into the sisterhood and the service, I felt like it represented the person I wanted to be and the person I was becoming."

With sisterhood being one of the main pillars the sorority is founded on, members are very close and know they can depend on each other for support. Not only is there support when it comes to personal and professional goals, but it can also be seen when they come together as a group and push for change. "Comparing before I became an AKA to after, I feel like I can make a bigger difference now," Kendra Jones, a senior, said. "As one person you can make a difference, but when there's 32 other women behind you, your impact is more powerful. I feel like as an AKA I have more of a voice."

This push to make a difference isn't only confined within the sorority. Many of the events hosted by the chapter, such as "Let's Talk About It," are centered around creating a forum for open and honest discussion about issues that are local, world-wide and college based.

Scholarships are an important part of the sorority. There are also many networking opportunities to help members excel in their professional goals.

The last main, but equally important, pillar of Alpha Kappa Alpha is centered around service. Members do what they can to go above and beyond helping out wherever they can, be it locally or nationally.

Their main focus is on the arts and organizations like HBC for Life, Women's Health, Global Impact, and Building Your Economic Legacy. "Each semester we donate and fundraise for a lot of different organizations to help out," Wimley said. "We don't have just one specific one. Right now, we're focusing on Operation Christmas Child and putting together shoe boxes."

Alpha Kappa Alpha is made up of powerful women armed with purpose. "I want people to know we're not all about being dressed up and looking good," Jones said. "We're about sisterhood, scholarship, and service. We might look good on the outside but we look good on the inside as well."

Story by Rebekah Lorio

1.



1. Martianna Jones, Destany Washington, Diamond Knox-Jackson and Shaldondria Rainey at Greek 1010.
Photo by Christian Boudreaux

2.



2. DaleNesha Wimley helps move in the NSU freshmen.
Photo by Jasmine Johnson

3.



3. Alpha Kappa Alpha sisters participate at the yard show in September 2019.
Photo by Jasmine Johnson

"First of all, servants of all, we shall transcend all"

Alpha Phi Alpha

Being a physical representation of their motto "scholarship, manhood and love for mankind" is what Alpha Phi Alpha strives to be for all communities. Members make sure the motto is shown through their actions with events such as community clean ups, nursing home and school visits and scholarship opportunities.

"We do a lot of community service on campus and we give back to the community and the students here," senior member Nick Lendry said. "Every other Wednesday we do an MLK cleanup at 6:45a.m. We go out on MLK Street and just clean it up. Sometimes we'll visit the elderly or go to the different elementary schools. We also do a lot of joint events with different organizations on campus. Last spring semester, we got together with the Kappa Alpha Phi's and did a joint party, and recently this semester we helped out with the Alpha Kappa Alpha's Greek Week. We try to do a lot of philanthropy events and get small parties together just to make sure that everyone is still interacting and keeping in contact."

In addition to these community and campus outreach opportunities, the chapter also offers a scholarship to Natchitoches Central High students

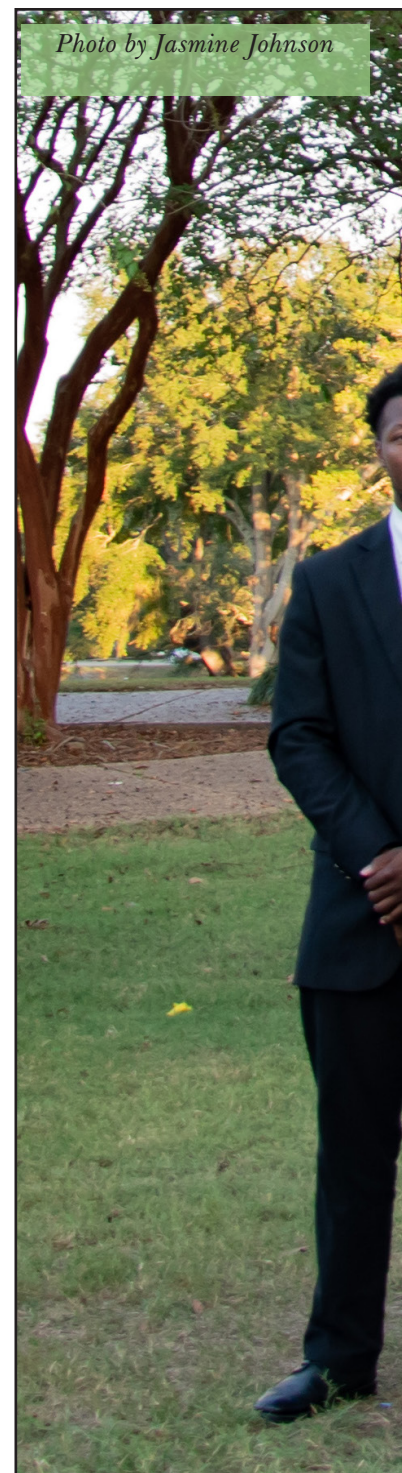
to help with upcoming college expenses.

While the fraternity does focus a lot on philanthropy, they make sure their own members receive the same support. "The brotherhood I've found here is one of the reasons I've stayed," senior member DeSean Dirtton said. "There's always someone to talk to and its the relationship is genuine. There's always a shoulder to lean on and someone to hold you up; especially in troubling times."

Alpha Phi Alpha has worked to build their chapter here at the university on pillars of community and brotherhood. It makes their members proud to be a part of their fraternity. "There's this refinement in my character now," Jamien Sampson said. "I see all of these good values and positive movements happening in my life that being an Alpha has caused and it makes me not only want to be in the fraternity but be an active part of everything we do."

Story by Rebekah Lorio

Photo by Jasmine Johnson



3.



1. Desean Britton, Nicholas Landry and Demariae Jordan promoting Alpha Phi Alpha at N-Side View Day.

Photo by Alexis Trosclair

2.



2. Luther Brooks IV and Korey Cleveland performing at the yard stomp in September 2019.

Photo by Jasmine Johnson

3. Darryl Anderson Jr. shakes Dr. Maggio's hand before receiving his Bachelors of Fine Arts in Graphic Communication.

Photo by Christian Boudreaux

1.





Founded:

Dec. 4, 1906

Chapter:

Theta Chi

Flower:

Yellow rose

Chartered:

Nov. 16, 1973

Colors:

Black and old gold

Symbol:

Great Sphinx of Giza



Founded:

Jan. 13, 1913

Chapter:

Iota Mu

Flower:

African violet

Chartered:

May 21st, 1972

Colors:

Crimson and cream

Symbol:

Lady Fortitude



Photo by Alexis Trosclair

"Intelligence is the torch of wisdom"

Delta Sigma Theta

A proud part of the National Pan-Hellenic Council, Delta Sigma Theta is a sorority made up of intelligent, hard-working women. They not only care about influencing those they come in contact with in college, but also long after.

Most of the current members were introduced to the standards and lifestyle of the sorority before entering into college. "I grew up in a church and in my church, there were Greeks everywhere," senior member Brittany Jefferson said. "We had AKA's, Alpha's, Zeta's, Delta's, Sigma's; we had a little bit of everything. They always really inspired me when growing up around them. When I got to college and Delta Sigma Theta was on campus, I just knew they were something I wanted to be a part of."

Another thing the sorority places emphasis on and encourages in their members is being role models in the community around them. The majority of the events, hosted by our chapter of Delta Sigma Theta, are charity centered. During this semester and last, Delta Sigma Theta organized a blanket drive, toy drive, taught a self-defense class, volunteered at different churches throughout Natchitoches and sold breast cancer bracelets to contribute to their annual breast cancer fundraiser.

"Deltas are all about community service and bearing the community within yourself," JaKayla Lee, president of the sorority, said. "We recently had a blanket drive and collected over 300 blankets. To be able to go to nursing homes, preschools and

E-labs and see the effect that one small thing can have on a person makes me want to be a part of this. Being a Delta is so much bigger than you. Not only do you see the power of what one person can do but you also see the power of what a group can do."

Members are hoping to organize events surrounded around mental and physical health. Member De'Andra Washington led an event that allowed students to openly discuss mental health and their side effects in fall 2019. "Personally, I have a strong personal connect to those issues," Washington said. "I especially wanted to be a part of helping grow and implementing that support in our community."

While community service and being role models are an important part of being a Delta, providing support for each other is another. "I was raised with just a brother," Jefferson said. "Being in one now, I feel like it really helps you grow as a person. Of course, everyone isn't always going to get along, so dealing with that conflict maturely helps you grow as a woman. Being a Delta has given me the support that has helped me become a more open person. It's helped open me up to different situations and opportunities and has given me a different outlook on a lot of things."

Story by Rebekah Lorio

1.



2.



3.



1. Delta Sigma Theta sisters line up outside the student union.

2. Destiney Williams and Destinee Green at the Natchitoches Parish Courthouse for their event Step-n-Strut To The Polls, trying to encourage their fellow citizens to vote.

3. Delta Sigma Theta sisters help incoming Demons move in to their dorms.

All photos submitted by Destinee Green

"Achievement in Every Field of Human Endeavor"

Kappa Alpha Psi

To its members, Kappa Alpha Psi isn't just a fraternity, it is a family. Made up of close-knit group of men, members place priority on supporting each other and creating a family-like atmosphere for everyone around them.

One-year member Tyreke Daniels commented on the feeling Kappa Alpha Psi brings its members saying, "I always tell people I didn't join the letters; I joined the brotherhood. They make me feel like if I ever needed anything, they would be here for me. They have always given me a sense of family. If people really pay attention, you can see how much we care about each other. Even people that don't really know what Kappa Alpha Psi is know they want to be a part of the love and brotherhood they see."

This sense of brotherhood does not end with their members. The chapter also makes it a priority to extend this same love and support into the campus and surrounding communities. "Even though our main philanthropy is St. Jude, we do try and do

what we can to help out in the community as well," President Justin Williams said.

While family and brotherhood are two important aspects of Kappa Alpha Psi, achievement is another. Not only is "Achievement" the official motto of the fraternity, members do not treat it as only a phrase to say, but a lifestyle to live. Whether in their professional life or personal life, each member pushes themselves to be the best version of themselves they can be. Member Joe Brown said, "Kappa Alpha Psi really made me hungry to achieve things I didn't really care about achieving before college. It made me work harder, study more and focus on getting a higher GPA."

Even amongst all the events put on by Kappa Alpha Psi, they are constantly looking to bring its members together. "Be on the lookout for new things," Williams said. "Things that will get our campus more involved and new community outreach ideas; just things we really haven't had the opportunity to do yet."

Story by Rebekah Lorio



3.



1. Kappa Alpha Psi brothers showing their signs in the Student Union.
Photo submitted by Justin Williams

2.



2. Kappa Alpha Psi brothers at the C. Rodger Wilson Leadership Conference.
Photo submitted by Justin Williams

3. Brothers of Kappa Alpha Psi at the NPHC Informational.
Photo by Christian Boudreaux



1.



Photo by Gretchen Spier

Founded:

Jan. 5, 1911

Chapter:

Theta Lambda

Flower:

*Carnation with crimson
tint*

Chartered:

Oct. 18, 1975

Colors:

Crimson and cream

Symbol:

Diamond

Photo by Gretchen Spier



Founded:
Jan. 9, 1914

Chapter:
Zeta Iota

Flower:
White carnation

Chartered:
Nov. 13, 1973

Colors:
*Royal blue and pure
white*

Symbol:
Dove

"Culture for service and service for humanity" Phi Beta Sigma

Phi Beta Sigma Fraternity is one of the many proud Greek life chapters in the National Pan-Hellenic Council. Founded at Howard University, Phi Beta Sigma was the first African-American Greek-letter fraternity to be recognized. It was the first fraternity to establish a constitutional bond with Zeta Phi Beta sorority and establish an auxiliary program known as Sigma Beta Club.

The bonds formed within the fraternity are even stronger than those formed with other organizations. Many members have found a sense of brotherhood and support in the Zeta Iota chapter. This connection is not limited to the Natchitoches community. It expands throughout all chapters in Louisiana.

"One of the things that made me stay in Phi Beta Sigma was the brotherhood we have and how strong the bond that we share is, even throughout different chapters throughout the state of Louisiana and other states including our bond with the Zeta Phi Beta Sorority," President Renwick McPherson said.

Members make it a priority to extend this sense of support into their surrounding communities. They have made their mark on the Natchitoches community by supporting and promoting local

businesses, adopting businesses, visiting and speaking in local schools and doing their part in community service work.

"What made me chose Phi Beta Sigma Fraternity Inc. is the hard work and dedication that the fraternity has put into making the name Phi Beta Sigma Fraternity Inc, so successful, by doing things such as community service and adopting/promoting the business," McPherson said. "They're so big on service as well within our community and finding out what we can to help out business in the local areas."

Another aspect of service unique to the fraternity is its philosophy. Phi Beta Sigma is currently partnered with March of Dimes, an organization that raises money to prevent birth defects, premature births and infant mortality.

"Phi Beta Sigma Fraternity, Inc., has affected my life in a tremendous way," McPherson said. "To start off it gave me a brotherly bond I never had before, and has given my life a whole different meaning. This fraternity also helped me mature in a lot especially confidence, made me become a better, more social person then who I was."

Story by Rebekah Lorio

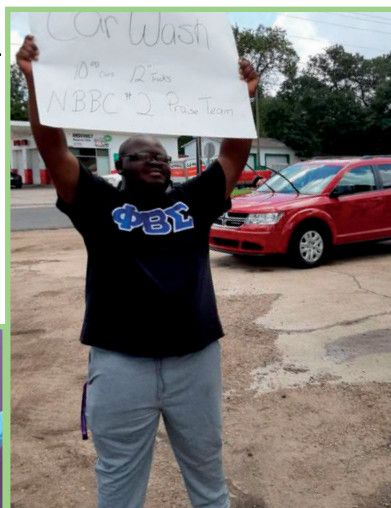


1.



1. Hykeem Beard and Renwick McPherson give out sweet treats to celebrate Phi Beta Sigma's Charter Day.

2.



2. Beard helps promote a car wash to raise money for a church youth group.

3.



3. McPherson lends a helping hand at a campus clean-up event.

Photos submitted by Hykeem Beard

*"A community-conscious
action-oriented organization"*

Zeta Phi Beta

Zeta Phi Beta is a sisterhood-focused sorority that pushes its members to excel personally and professionally. With all of its actions stemming from its four main principles, scholarship, service, sisterly love and finer womanhood, the sorority works to make sure its organization is well-rounded.

First and foremost, the chapter focuses on making sure academic success is within the reach of its members by offering many scholarship opportunities. They also focus heavily on service not only to our community, but also organizations that go beyond Natchitoches such as March of Dimes.

Most major events are centered around raising funds to support charities. Some of these, such as Zeta Phi's annual Greek Show, go toward helping low-income pregnant women and others, like its Blue Fuzion event, support a charity chosen by the student winner.

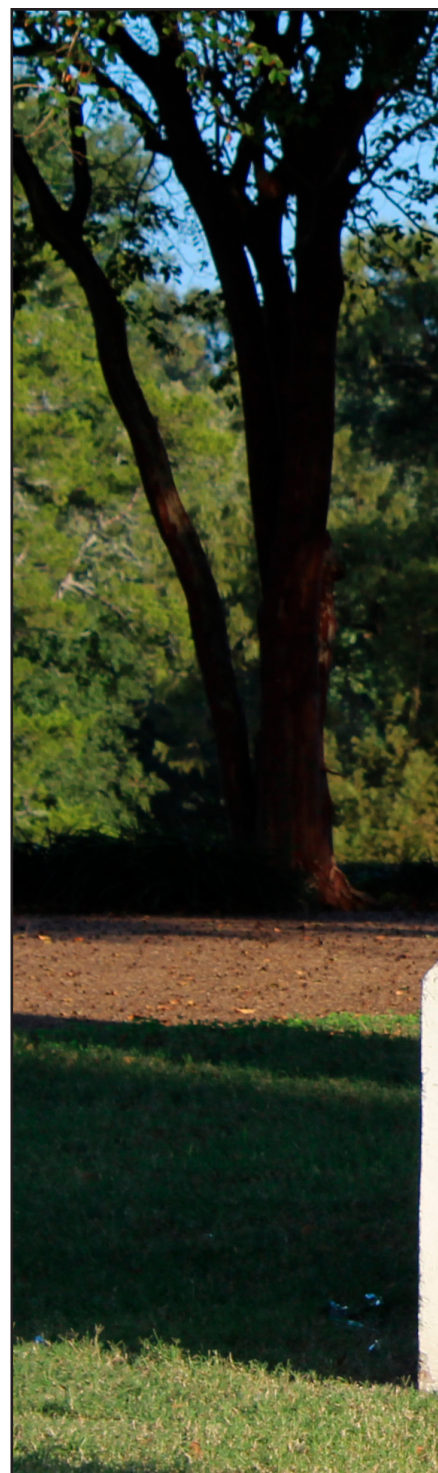
"Every spring we host a baby shower for everyone," newly inducted member, Alaijha Trim, said. "We collect baby items and donate them to the Women's Resource

Center here in Natchitoches. We really love giving back in any way we can. My sorority's philanthropy is special because it helps other excel."

Zeta Phi Beta also puts heavy emphasis on sisterhood and makes sure members feel as though they belong. "What made me choose Zeta Phi Beta was the sisterhood," senior member, Kenya Gradnigo, said. "I grew up having one sister and coming here to NSU and seeing Zeta interact with one another stood out to me. I knew I wanted to be a part of that.

"They offer so many opportunities to grow as a better person and to be the best possible version of yourself you can be, no matter what. I didn't not have to change who I was to become part of this great organization. Zeta Phi Beta has affected me in so many ways. It has made me such a better person and helped me to maintain good grades throughout my college years. It has made me strive to do more within my community, for my community."

Story by Rebekah Lorio





Founded:
Jan. 16, 1920

Chapter:
Xi Epsilon

Flower:
White rose

Chartered:
Spring 1974

Colors:
Royal blue and white

Symbol:
Dove

Interfraternity Council

Dawson Crandord, Johnathon Schluter, Luke Jones and Austin Jordan are the 2020-2021 IFC board members.

Photo by Jasmine Johnson



Kappa Alpha

Kappa Sigma

Pi Kappa Alpha

Pi Kappa Phi

Sigma Nu

Tau Kappa Epsilon

Photo by Chris Reich



Kappa Alpha

Photo submitted by Thomas Celles



Kappa Sigma

Photo by Gretchen Spier



Pi Kappa Alpha

Photo by Christian Boudreaux



Pi Kappa Phi

Photo by Chris Reich



Sigma Nu

Photo by Jasmine Johnson



Tau Kappa Epsilon

Photo by Chris Reich



Founded:

Dec. 21, 1865

Chapter:

Gamma Psi

Flower:

*Crimson rose and
magnolia blossom*

Chartered:

Jan. 1, 1963

Colors:

*Crimson and
old gold*

Symbol:

KA crest



"Dieu et les dames." Kappa Alpha

Host of the yearly Christmas party Christmas on the Hill, Kappa Alpha is a fun-loving fraternity. Intent on creating an environment where everyone can feel included, Kappa Alpha prides itself on making events as fun and safe as possible.

"We really try to create an environment that everyone can have fun in," Johnthan Schluter, president of the chapter, said. "Respect is another thing that's really important to us. We especially frown on anyone who disrespects women."

Members also emphasize their philanthropy. The main organization that they support on NSU campus, as well as nationally, is the Muscular Dystrophy Association. They also support CAIR operations, an organization dedicated to assisting disabled veterans.

In spring 2020, they have plans to help raise money that will go towards CAIR purchasing mobility chairs.

"The coolest thing about CAIR operations is they come down and help you devise a plan and will even plan the events," Schluter said. "They basically use us as worker bees. They have all the materials, they just need people."

While the association is an organization that the chapter supports every year; the rest of their philanthropy is quite flexible.

Every semester, members can vote to support another different organization alongside the association, depending on what their hearts are closest to. In the midst of all the fun and events, the chapter is a close brotherhood filled with solid friendships and like goals.

"I saw Greek as a group who works toward a single goal, and I think it's important for every student to find," Schluter said. "Mine was Kappa Alpha."

Story by Rebekah Lorio

"Bononia docet"

Kappa Sigma

Kappa Sigma is a fraternity centered on hard work and support for the brothers' ambitions. Being the leading fraternity in the world when it comes to annual donations for their philanthropy, the fraternity takes pride in their work ethic and having it pay off in a great way.

The Kappa Sigma Military Campaign is the fraternity's national philanthropy. They donate to 19 different veteran-oriented charities, such as the Seal's Foundation and the Homeless for Veteran's Foundation.

Our own chapter of Kappa Sigma raised and donated \$16,000 last year to their philanthropy. All of this success is tied to the value that is place on hard work.

"One of our No. 1 values is our work ethic," senior member Thomas Celles said. "We may not do everything perfectly but we have a saying, 'Diligence should be your watchword. Everything you do, do well and may success attend your efforts, and I think that defines us more than anything else. If we're going to do something, we're going to put everything we have into it and we're either going to succeed or learn from our mistakes.'"

Not only is work ethic an important value to

Kappa Sigma and its members, supporting the ambitions of their fellow brothers is also an important aspect of who Kappa Sigma is.

"It's totally different going from high school to college," freshman Logan Graves said. "It's a whole new world and Kappa Sigma has helped open a lot of doors for me. The guys here pushed me to be a Freshman Connector and now I see myself joining IFC and other organizations as well; just things I probably wouldn't have gotten involved in without Kappa Sigma's support."

This support is not limited by classification, major or time as member. It is something that is present when a member joins all the way to his last day in the chapter.

"The opportunities that Kappa Sigma has given me to lead and actually be a part of something bigger than myself has pushed me to be a better man," sophomore Joshua Riggs said. "Who I was in high school to who I am now is a completely different person. I've changed, matured and learned all these things I feel I'm going to need in the real world."

Story by Rebekah Lorio



3. Kappa Sigmas showing how the pirate's life is for them.
Photo by Christian Boudreaux



2. Kappa Sigma celebrates National First Responder's Day by bringing Cane's to our local police force.
Photo submitted by Thomas Celles.



1. Kappa Sigma receiving the philanthropy award at the Greek Awards.
Photo submitted by Thomas Celles



Founded:
Dec. 10, 1869

Chapter:
Theta Mu

Flower:
Lily of the valley

Chartered:
March 26, 1966

Colors:
*Scarlet, white, and
emerald green*

Symbol:
Star and crescent



Founded:

March 1, 1868

Chapter:

Mu Kappa

Flower:

Lily of the valley

Chartered:

Oct. 25, 2014

Colors:

Garnet and old gold

Symbol:

Firetruck

"Once a PIKE, always a PIKE."

Pi Kappa Alpha

Chartered in 2014, Pi Kappa Alpha is one of the newest fraternity chapters on campus. Not only has Pi Kappa Alpha grown into a 63-man chapter, its name has grown and become very well known on campus due to its emphasis on service.

This year alone, the fraternity has made many commitments to Natchitoches and the surrounding areas. These include monthly nursing home visits, cleaning the veteran's park and washing the Pineville Fire Department's fire trucks. These events serve as philanthropy events in which all donations received will be donated to St. Jude's Hospital, said community service chairman, Tyler Mangnano.

"There really are a lot of opportunities for the chapter to get out and make an impact on the community and that's what our goal is," Mangnano said.

"We really pride ourselves in campus involvement as well," Mangnano said. "We want to be the faces everyone sees working for our student body."

Pi Kappa Alpha members can be seen at campus events such as Demon VIP, Demon Days and Freshman Connection.

Every year the chapter chooses a philanthropy to support. Last year, the main philanthropy event was called Haircuts for Heart Disease and all proceeds were donated to the American Heart Association.

For 2019, the chapter has shifted its focus to St.

Jude's Hospital. "What's cool about PIKE is we don't have a set philanthropy, so each chapter is able to choose what they want to donate money for/to," Daniel Crews, the fraternity's president, said. "This year we're cleaning all the fire trucks at Pineville and all the proceeds for that will be going to St. Jude, so it's community service and philanthropy all in one," Crews said.

The fraternity holds its members in high regard. "We have an acronym, S.L.A.G. It stands for scholars, leaders, athletes, and gentlemen," Mangnano said. "It's not just there to look good, it's there to remind us what kind of standards we're to hold ourselves to. Everyone here is dedicated to being the best man they can be on campus and in every aspect of its life."

The chapter also stresses the importance of member safety. "We are very, very strict about anything that could even be considered hazing," Crews said. "We have a zero-tolerance policy about it and I think it's one of our most important values that we uphold here."

"We're working our hardest to make sure that we continue growing and following the rules and regulations to keep this chapter open. We're really just trying to stress the importance of following the rules and upholding our values."

Story by Rebekah Lorio



Photo by Gretchen Spier

1. Pi Kappa Alpha welcomes new members at IFC Rush Day.
Photo by Amanda Hill
2. Triston Bussell represents Pi Kappa Alpha as a member of Homcoming court.
Photo by Chris Reich
3. Daniel Crews and Kyler Burns at the Homecoming pep rally.
Photo by Jasmine Johnson

"Nothing shall ever tear us asunder" Pi Kappa Phi

Pi Kappa Phi, or Pikapp as it is known by most on campus, is one of the many Interfraternity Council fraternities that have made a home at Northwestern. As with most fraternities on campus, Pi Kappa Phi is well known by its basic chapter information such as its colors, flower and its iconic star shield symbol.

Steven Gardner, a new member who pledged in fall 2019, was asked what drew him to Pi Kappa Phi specifically. "Their whole pitch was different," he said. "This felt like a place where they really cared about each other. It's a brotherhood. Whenever I think about Pi Kappa Phi that's what I think; I think about brothers and people who really care."

"One of the best things Pi Kappa Phi has to offer is our alumni network," Jacob Guidry said. "We get to be a part of networking and events through just a text or email. We raise leaders. For most fraternities this is a four-year experience.

For Pi Kappa Phi it's a lifetime."

Scholarship opportunities include the David Morgan Extra Mile Scholarship, designed by David Morgan and his wife Sherry, former members of Pi Kappa Phi and Sigma Sigma Sigma. The purpose is to award funds to members of these organizations who have excelled at NSU and go the extra mile. "We're really based around humility in Pi Kappa Phi, so it's a really nice chance to see guys get appreciated for the things they do," Guidry said.

Pi Kappa Phi is the only fraternity to own and operate its own philanthropy, the Ability Experience.

The goal of this organization is to spread awareness about disabilities. Its headquarters has organized many fundraisers and events for the philanthropy. One was a rally called Spread the Word to End the Word.

During the fall 2019 semester, the chapter got to start building its new house on Org Row. It will be

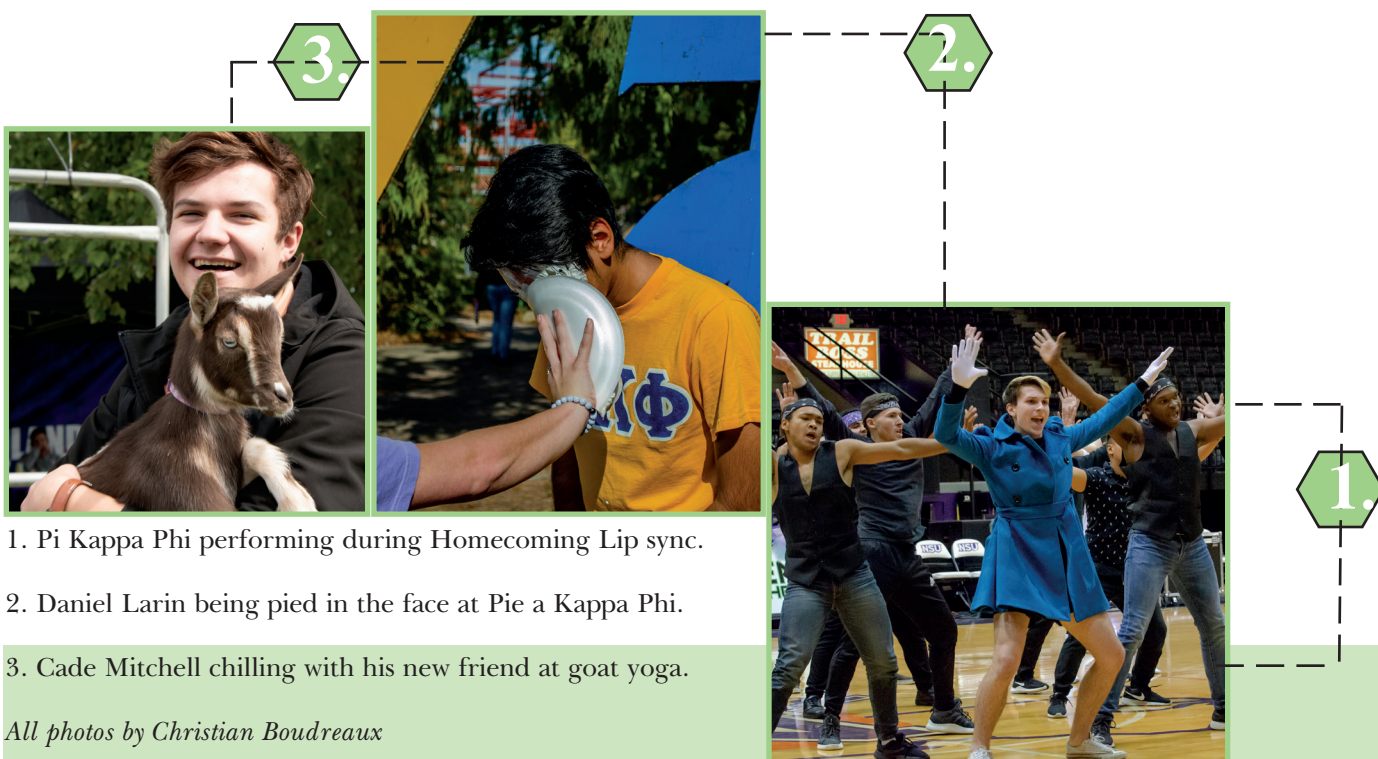
ready by the fall 2020.

The chapter is known for its diversity. "You look across the room and see someone totally different from you, but in the same organization with the same drive as you," Luis Orteza said. "It's amazing. I have friends through Pi Kappa Phi that otherwise I would've never spoken too."

Pi Kappa Phi stands on the grounds of hard work, respect and open-mindedness.

"I joined because of a guy named Dedrick," Guidry said. "He came up to talk to me and it wasn't like he was trying to recruit me or sell me something. He was talking to me as a friend and was trying to get to know me. He didn't stop after recruitment either. He kept building that foundation, and now I'm going to be standing in his wedding. That's the kind of relationships we build here."

Story by Rebekah Lorio



1. Pi Kappa Phi performing during Homecoming Lip sync.

2. Daniel Larin being pied in the face at Pie a Kappa Phi.

3. Cade Mitchell chilling with his new friend at goat yoga.

All photos by Christian Boudreaux



Photo by Christian Boudreaux

Founded:
Dec. 10, 1904

Chapter:
Beta Omicron

Flower:
Red rose

Chartered:
Sept. 21, 1956

Colors:
*Gold, white and
auxiliary blue*

Symbol:
Starshield

Photo by Chris Reich



Founded:
Jan. 1, 1869

Chapter:
Mu Rho

Flower:
White rose

Chartered:
May 11, 1997

Colors:
*Black, white
and gold*

Symbol:
Snake



"Love, honor, truth"

Sigma Nu

It's not hard to look around campus and find groups of Sigma Nu members out and about. A proud chapter of around 30 brothers, members take pride in being a physical embodiment of their values everywhere they go.

"I kept an open mind when I was looking at all the different houses, but Sigma Nu's brotherhood really stuck out to me," T.J. Homan, vice president and sophomore member said. "It felt very welcoming. I feel like the people, the brotherhood we have here, are what makes us stand out. We're a very close group and we have a bond with each other that you can't get anywhere else."

While prioritizing brotherhood and living out their values are a big part of being a member, contributing to the chapter's work is another. Members take pride in assisting the community of Natchitoches with clean-ups in various places. Another part of their outreach is the work they do for their philanthropy, St. Jude.

While there is no specific fundraiser that the chapter puts on for their philanthropy, they enjoy trying new things and putting on various events in the community and on campus.

Some of these past events include color runs, blood drives, and an art gallery showing. These were deemed very successful, with a 100% of all proceeds going towards St. Jude's. New member Eric Harper took some time to speak about what it means to be able to support an organization like St. Jude. "I've got a lot of family friends that have had two or three kids diagnosed with cancer at really young ages," Harper said. "They had to go to the national hospital and the hospitals in Houston and Dallas, and it really means a lot for those families to not have to pay a dime out of pocket to have their kids treated. It just hits home for me because I know so many people that have been treated there."

Many Greek life members often talk about the bond they have while in college. "I've always been interested in Greek life. I have so many families that were apart of Greek life and just seeing the bond they still have, even after college, with their fraternity brothers and sorority sisters; I knew I wanted to be a part of it," sophomore member Luke Jones said. "If it wasn't for my brothers, I wouldn't be so focused on staying here and getting my degree."

Story by Rebekah Lorio

2.



3.



1.



1. Sigma Nu members posing with their dates at their annual formal.
2. Sigma Nu brothers throwing up their sign after their event.
3. Sigma Nu members pose with fellow former Sigma Nu brother, quarterback Peyton Manning.

All photos submitted by Kyle Courville

"Better men for a better world."

Tau Kappa Epsilon

Despite being one of the smaller fraternities on campus, Tau Kappa Epsilon is beginning to make a comeback. Focusing primarily on its numbers, the chapter not only has plans for recruitment but is also making plans that involve events for all of the campuses. Even with numbers currently being on the small side, this in no way effects the current members' love for its fraternity. "This fraternity is made up of really good people," Kaleb Gauthier said. "It is a pretty small fraternity, but you really get to know a lot of the guys more personally because of it."

While the bonds of brotherhood are strong within the chapter, the bond between current and alumni members are as well. This makes networking a valuable opportunity that members are able to take advantage of. "A lot of our alumni are involved in networking," Austin Dodson, a four-year senior, said. "There's a lot of CEO's and high-ranking people that could be a great asset in the corporate world." Not only does the chapter have alumni that are high up in the corporate world, there are also multiple famous alumni that lay claim to memberships in the fraternity. These include very well-known people such as Ronald Reagan, Willie Nelson, Elvis Presley, and Danny Thomas, the founder of St. Jude.

Having the founder of St. Jude be a part of the fraternity's alumni base makes the hospital widely important throughout its national chapter. They made it their official philanthropy and in 2015 made a national mission statement to raise \$10 million in 10 years.

Michael Weaver, president of the chapter, commented on its work with St. Jude. "You start thinking about how many kids are sick, how many are going to make it, and what quality of life is going to be at St. Jude's as they go through that process," Weaver said. "They have to hear these terrible sentences, you have cancer and no child can really comprehend or should have to comprehend that."

"Even if the money Tau Kappa Epsilon raises isn't enough to go into the development of finding a cure; I at least want these children to have the most fun they can and just have the chance to be a kid even in the midst of dealing with something like cancer."

Because of its commitment to its philanthropy and members, the fraternity has continued to rise above the ups and downs they have faced. "Because we're so small we don't get out as much on campus as some of the other fraternities, and because of that a lot of misconceptions have been formed about Tau Kappa Epsilon," Weaver said. "We're more than just the guys who play video games. There is actual depth to us and the things we support."

Story by Rebekah Lorio





Founded:

Jan. 10, 1899

Chapter:

Epsilon Upsilon

Flower:

Red carnation

Chartered:

May 4, 1957

Colors:

Cherry red and gray

Symbol:

*Equilateral
triangle*



Kappa Kappa Psi



Phi Mu Alpha Sinfonia



Sigma Alpha Iota



Tau Beta Sigma

National Interfraternity Music Organizations



Dean Mayeaux conducts euphonium studio class.

Photo by Jasmine Johnson



Jayvian Bush, Tau Beta Sigma member, performs a solo at the choir concert.

Photo by Jasmine Johnson



Morgan McCrory, Sigma Alpha Iota member, sings for choir class.

Photo by Jasmine Johnson



Kappa Kappa Psi member Trevor Powell plays for the Spirit of Northwestern.

Photo by Chris Reich

Photo by Christian Boudreaux



Founded:

Nov. 27, 1919

Chapter:

Theta Nu

Flower:

Red carnation

Chartered:

Nov. 21, 1986

Colors:

Blue and white

Symbol:

Harp



"Strive for the highest." Kappa Kappa Psi

Kappa Kappa Psi is a band-based co-ed fraternity whose love and passion stream into music and their university. With their philanthropy centered around giving back to university bands, everything the chapter does is meant to support the Spirit of Northwestern.

This support ranges from financial to physical. Members do this through fundraisers, events like the Classic on the Cane marching competition, and through simpler things such as providing water at practice or helping set up for a band event.

While their main focus is the Spirit of Northwestern and university bands on a national scale, the fraternity also gives back to Natchitoches Central's high school and junior high band programs. "I love music," Lane Clevenger said. "Kappa Kappa Psi stood out to me because their

purpose from 1919 is to give back to the band, meaning anything and everything the band needs. I love that anywhere, any university that has a band, there most likely is a chapter of Kappa Kappa Psi or our sister organization Tau Beta Sigma."

Though we only see the members present on campus, the fraternity is nationwide and very connected, as chapters are often present during online meetings with other chapters across the nation.

"Even if you come across a member and you haven't met them before, you have a bond instantly," Clevenger said. "Because you know that they know exactly how we feel about this. It's a universal love for music. It doesn't matter where it is in the country, it brings us together."

Story by Rebekah Lorio

1.



2.



3.



1. Kappa Kappa Psi members at the fraternity's Centennial National Convention.

2. Gustavo Corrales rehearsing in euphonium studio class.

3. Kappa Kappa Psi members spray-painting music stands for the fall 2019 semester.

All photos contributed by Jennifer Hitt

"Among men harmony." Phi Mu Alpha Sinfonia

As one of four music-based Greek life chapters at NSU, Phi Mu Alpha fraternity firmly believes in the power music holds. As a chapter, they are all bound by a strong love of music and a sense that through it they can positively impact the world around them.

"Phi Mu Alpha Sinfonia is unique in the sense that, all of the members are united by our love of music," member Steven Wimberly said. "You don't have to be a music major or have any real musical ability, only a love for music."

"We believe in advancing music in America and creating better men. Of course, none of us are perfect, but if we can attempt every day to uphold the ideals we cherish in Phi Mu Alpha, then it will help make us all better people in our day to day lives."

These ideals have led to the chapter being very diligent in their community outreach. This consists of donating time and hands to places such as schools, nursing homes and other events.

"Our philanthropy is centered around

the Advancement of Music in America," Member Logan Turner said. "We want everyone to be able to get a chance to experience and appreciate music. Whether that is being able to donate instruments to schools, conducting what we call Mills Music Missions."

This is where we go and perform for people who may not get a chance to experience music like those in nursing homes or hospitals. There is also a scholarship that is in honor of a brother from our chapter named the Thomas Rodgers Scholarship."

As a whole, Phi Mu Alpha is made up of men who all have one common goal. To spread love and change through the opportunities music can provide in the world.

"To put it quite simply, I can't imagine myself, my life or my college career without Phi Mu Alpha," Wimberly said. "I have learned so much in my time here about being a good person, being professional, being a good musician, but also being accepting of art in all of its forms. I am who I am because of Phi Mu Alpha Sinfonia."

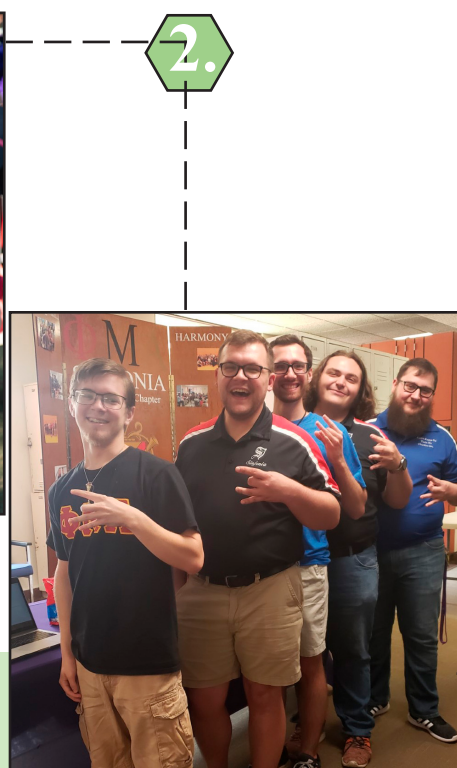
Story by Rebekah Lorio



1. Brothers aid with 2019 Freshman Connection recruiting.
Photo contributed by Nathan Nors

2. John Irion volunteering at Classic on the Cane.
Photo by Jasmine Johnson

3. Members singing for the fall 2019 Musical.
Photo contributed by Nathan Nors





Founded:

Oct. 6, 1898

Chapter:

Gamma Rho

Flower:

Chrysanthemum

Chartered:

May 24, 1942

Colors:

Red, black, and gold

Symbol:

Lyre



Founded:
June 12, 1903

Chapter:
Beta Iota

Flower:
Red rose

Chartered:
May 15, 1950

Colors:
Red and white

Symbol:
The Pipes of Pan

"Vita brevis, ars longa"

Sigma Alpha Iota

Sigma Alpha Iota Fraternity is a female-based professional fraternity that is focused on bettering and empowering women in the music field. Though is it not as big as some of the other fraternities on campus, this does not affect the impact they are making on Natchitoches's community. Members hold spreading and encouraging a love for music in high regard. Members often donate their time to teach music classes at Natchitoches Central High School and East Natchitoches Elementary / Middle School.

Last year, the chapter was responsible for donating money to Natchitoches Central's music program, and a six-octave keyboard to East Natchitoches. "Part of our philanthropy is creating a better environment that makes it easier for students to participate and seek out music," Mikayla Richardson a senior in Sigma Alpha Iota, said, "Those kids are going to grow up loving or hating music. If we can create an environment where they can be encouraged in finding and holding onto that love for music then we're doing our job."

Another unique aspect of the organization is the nation wide accessibility. Students who may not be on a campus that has an active chapter can join the international organization online. The fraternity also has a wide range of international and honorary members who include Dolly Parton as well as faculty. "That's something that is really cool to me. We can still have faculty that are men be an honorary

member of SAI," Richardson said. "It's all about including people that go out of their way to create a better environment for students to learn music. That seriousness that surrounds that idea was the deciding factor for me in deciding to join."

Sigma Alpha Iota is responsible for hosting events on campus such as fundraisers and a musical put on and designed by members. One of their biggest is a fundraiser called Lady of the Night.

This is a drag talent show open to all students on campus that showcases some of NSU's drag queens and LGBTQ people. Kelsey Harlow, a new member from spring 2019, participated in helping put on Lady of the Night.

"It was a really rewarding thing to be a part of," said Harlow. "I really like what we stand for, especially when part of that is being so accepting of everyone and their background and beliefs," Harlow said.

"I love how they support and appreciate music in America and the women who are involved," Harlow said. "I feel so supported; I feel like I have a family here. My sisters are my support system that I can relate to and rely on. They've helped me push myself to limits that, as a musician, I didn't think I could reach."

Sigma Alpha Iota may be small, but that in no way diminishes the love its members have for their organization.

Story by Rebekah Lorio



1.



2.



3.



1. Madison Weathers, Marissa Barentine and Alexis Mancuso march in the Natchitoches Christmas Parade.

2. Sigma Alpha Iotas at their sister Kelsey Harlow's joint recital.

3. Sigma Alpha Iota is ready to meet potential members at their fall recruitment event.

All photos contributed by Alexis Mancuso

"Tau Beta Sigmas for greater bands." Tau Beta Sigma

"Tau Beta Sigma for Greater Bands" is the motto for the Tau Beta Sigma co-ed national honorary band sorority. The members are devoted to serving our university as well as other band programs. They plan fundraisers, service events and other projects throughout the year.

Eric Pannell, senior member, said, "Tau Beta Sigma does a lot of events throughout the year and honestly it would be hard to choose one specifically to say is the biggest. If I had to choose one, though, it would be our Women in Music project, where we invite a woman that has excelled in their music to talk with our music students. It's always a great experience and very educational."

When asked what makes this sorority so special, sophomore Alissa Joseph said, "We come together for an obvious, mutual reason. We come in already hav-

ing things in common." The sorority allows members to gain the experience of being in an organization, leadership, and build connections. "One thing we stress a lot in is that our minimum standard is excellence," Pannell said.

"Which means no matter what we do it is going to be to the best of our ability and not poorly done. We pride ourselves in providing the best quality possible."

Students interested in Tau Beta Sigma should be a member of the marching band and have a passion for music. "Tau Beta Sigma had definitely been one of, if not, the best experiences I have had while in college," Pannell said. "It's full of a bunch of great people that feel like a family and it has taught me a lot of life lessons that will carry on with me for the rest of my life."

Story by Charli Williams

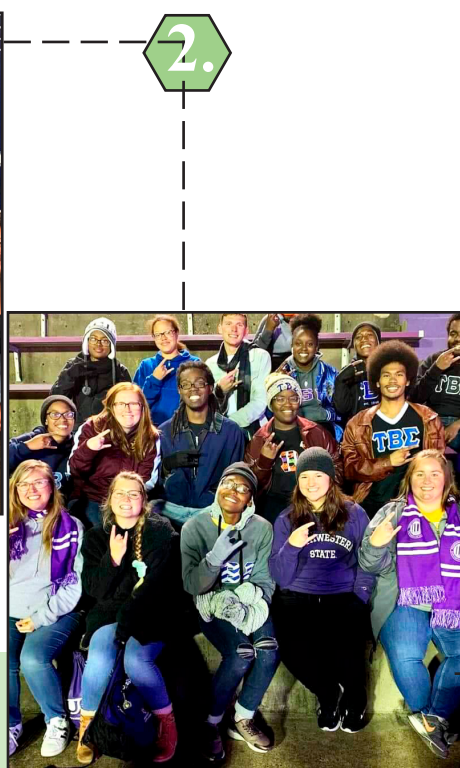


1. Tau Beta Sigma members posing at the end of one of their group activities.

2. New members of Tau Beta Sigma after receiving their bids.

3. Members of Tau Beta Sigma playing with the Natchitoches Central Band

All photos contributed by Eric Glenn Pannell II





Founded:

March 26, 1946

Chapter:

Eta Pi

Flower:

*Long-stemmed
red rose*

Chartered:

Feb. 8, 1987

Colors:

Blue and white



Tri-Beta officers welcome potential members to their organization at the Bienvenue Organizational Browse.
Photo by Christian Boudreaux



Presidential Ambassadors invite you to be their guest during the annual Homecoming Lipsync.
Photo by Chris Reich



During Move-In Day, Alpha Omicron Pi took a quick break to fork'em with Vie the Demon before continuing to help students move into their dorms.
Photo by Alexis Trosclair

Registered Student Organizations

192 - 211

The University Programming Council
poses for their group photo.
Photo by Alexis Trosclair

Addiction Studies Club

Janerrica Warfield,
Alejandro Dager,
Jonathan Simmons,
Tierra Perry



African American Caucus

Front: Brittany Blackwell - Broussard, Jireia McCelos, Destinee Green, Kaila Herbert, Camren Green

Middle front: Izola Williams, Kelsey Brooks, Katelyn Watson, Angel Christophe, Macala Broussard

Middle back: Phillip Augustine, Akeia Carbins - Gray, Nadia Johnson, Kennedy Carter

Back: Braylin Dwayne, Christian Owens, Rishard Winford, Leroy Holmes



Alpha Epsilon Delta

Front: Bailie Marsh, Abby Guillory, Amber Edmisson

Back: Caleb Wester, Sherican Smith, Shannon Roussell, Dr. Curt Phifer (Faculty Sponsor)





Alpha Kappa Alpha

Front: Brandi Bell, Jada Dudley (Phylacter), Kendra Jones (Financial Secretary), Diamond Knox-Jackson (President), Erin Dotson, Dalenesha Wimley (Historian), Tore'a Taylor (Social Chair)

Back: Shalondria Rainey (Secretary), Alanna Fox, Aspen Oliver, Martianna Jones (Vice President), Sidney Harris, Akilah Lewis (Ivy Leaf Reporter)



Alpha Lambda Delta

Front: Zack Breaux, Tyler Magnano, Jess Easley, Christina Gilbert, Sheridan Duet, Katie Kennedy, Peyton Harville, Matt Nelson, David Thibadaux

Middle: Kylee Jackson, Eryn Sandwell, Hallie Bloxom, Elizabeth Coleman, Giselle Trejo, Riley Bell, C. Shyann Morris, Tabitha Deer, Sarah Sargent, Destiny Dotson

Back: Lake Lowery, Katelynn Benghe Kobe Jackson, Aric Johnson, Sheridan Douglas, Alexis Dardar, Jessica Mullica, Morgan VanBuren, Coriana Moreaux, Nadia Johnson, JirNeicia Ward, Kennedy Carter



Alpha Omicron Pi

Front: Ashlyn Jeansonne, Lana West, Emilee Keuten, Raina Woods, Makienna Wolfe, Alison Garcia, Brooklyn Martin, Taylor Littleton, Hailie Coutee, Kierra Jackson, Shyann Morris, De'Shonta Manning, Samantha Hebert.

Middle: Emily Bowman, Jace Jordan, Rachel Chimeno, Morgan Gotte, Kaitlyn Hicks, Brittany Beaudoin, Brianna Richard, Sadie Grow, Grace Underwood, Jessie Clark, Mary Gaffney, Christina Gilbert, Madison Willett, Morgan Bryant, Elizabeth Peterson, Hannah Boquet, Linsey Guthrie, Alex Broussard, Sarah Mclelland, Ashley Wistoff

Back: Brynn Offutt, Brianna Fife, Lacy Martin, Hannah Pettus, Jessie Cochran, Lynnsay Brown, Jacelynn LeBlanc, Stephanie Cohen, Ashleigh Klein, Laura Reddinge, Alexis Dardar, Carlee McClintock, Ashlyn Johnson, Lydia Varisco, Harlie Purcell, Bailey Warren, Kristin McQuillin, Jadie Badeaux, Amber Roberts.

Alpha Phi Alpha

Front: Jamien Sampson,
(Vice President)
Luther Brooks (IV Secretary),
Demariae Jordan

Back: Charlie D. Milton,
Caleb Allen Assistant (Secretary),
Nicholas Landry (President)



American Criminal Justice Society

Front: Annie Carroll,
Alexandria Walker, Peyton Frantom,
Nevishlyan Gotay Ramos,
Giselle Trejo, Makayla Joiner

Back: Daniel Gordy, Shelton Adams,
Jessica Adcock, Taylor Dixon,
Kenna Byone, Christian Owens



American Society of Microbiology

Char'tarian Wilson,
Andrea Mier (Treasurer),
Addison Lasater,
Jordan Bringedahl (President),
Dakota Brogdon,
Ashley Smith (Historian),
William Briggs Simpson
(Vice President), Abigail Poe,
Chris Lyles (Faculty Sponsor)





Argus

Front: Allie Atkinson

Middle: Lessie Walters,
Emeri Manasco

Back: Dr. Rebecca Macijeski,
Paige Parks,
Krista Hanson,
Alejandro Dager,
Mckenzie Seastrunk



Baptist Collegiate Ministry

Front: Sarah Sargent, Emmaleigh, Toney,
Kylie McAllister, Sheridan Duet, Mattie Stewart,
Kaci Waguespack, Emily Johnson, Faith Stevenson,
Kaylee Leach, Abigail Bolton, Patricia Reed, Chas-
ity Glasspoole, Ariyanna Banton, Phyllis Collins

Middle front: Andrew Blackman, Kristina Simon,
Gabby Savoy, Jessica Mullican, Emily Moore,
Victoria Carroll, Donna J. Law, Jacelynn LeBlanc,
Rachel Elmore, Claudia Musgrove, Chloe Gill,
Isabela Musgrove

Middle back: Elliot James, Richard Clark, Gabriel
Saavedra, Sebastian Alfaro-Fontalvo, Erin Whitten,
Breanna James, Bailey Mahfouz, Emily Miller, Izzy
Hudson, Janae Hanible, Ma'Kayla Washington,
Eryn Sandwell

Back: Jacob Stone, Cole Collins, Bill Collins,
Dalton Schulte, Seth Baggett, Thomas Young,
Cullen Hopkins, Jacob Miller



Beta Alpha Psi

Myles Nolley (Secretary),
China Young,
Daienesha Wimley (Vice Presi-
dent), Imani Ricks (President),
Jaylen St. Romain (Treasurer),
Maina Ibn-Mohammed

Beta Beta Beta

Front: Dylan Roberts, Abigail Poe,
Libby Blair, Melissa Taylor,
Patricia Reed,
Deshonta Manning, Melanie West,
Juan Gonzalez,
De'Andra Washington

Back: Dr. Francene Lemoine,
Andrea Mier, David Blakesley,
Caleb Wester, Olivia Warren,
Sheridan Smith,
Shannon Roussell, Kasey Moore,
Christian Bakex, De'Sean Britton,
Alexis Trosclair



Blue Key Honor Society

Front: Cara Davlin,
Amber Edmisson,
Jordan Bringedahl (Secretary),
Patricia Reed (Treasurer),
Sheridan Smith, Maddison Benge

Back:
Nicholas Parham (Vice President),
Aron Stephens (President),
Shannon Roussell, Colleen Reese,
Nickolas Juneau



Brainy Act Poetry Society

Front: Essence Moore,
Faith Burke, Ki'Ara LaFitte

Back: Rishard Winford,
Andrell S. Green,
Kenyatrack McClain,
Jazzmyn Feagins





Catholic Student Organization

Lucy Matuschka (President),
Sheridan Douglas (Vice President),
Hannah Dunn (Secretary)



Circle K

Front:

Katelynn Benge, Maddison Benge,
Lara Schales, C.J.H.

Back:

Hallie Bloxom, Eryn Sandwell,
Caleb Krikorian, Annabelle Parker



Current Sauce

Front: Madelyn Dupont, Kathleen Hilliard, Samantha Clark,
Trinity Velazquez, Mary Gaffney

Back: Brianna Corley, Leanna Coy,
Thomas Celles, Emily Snyder,
Brianna Fife

Delta Sigma Theta

Front: Azita Rivers,
Macey Boyd, Jaja Easter,
Maya Porter

Back: Destiney Williams,
Kameron Stevenson,
Pha'nya Maxie,
Destinee Green



Demon Dodgeball

Front: Tylor Collins (Assis-
tant Captain), Keivo Brown
(Assistant Captain),
Casey Alfultis (Assistant
Captain)

Back: Dr. Jim Mischler,
Noah Trosclair,
Jacob Hawkins, Noah Knoff,
Derek Walle, Kaleb Thomas,
Katie Rayburn (Coach)



Demons Support Demons

Alex Gautreaux (President),
Sydney Beauvais, Rachel Fourier,
Alexis Finnie (Advisor),
Kristen Campbell, Carly Chandler,
Emily Sharpe(Vice President)





Demon VIP

Front: Elizabeth Coleman, Abbey Vallery, Kylee Jackson, Reagan Guillory, Brandi Hansard, Emily Johnson, Lara Schales, Kayla Smith, Destiny Dotson,

Middle front: Chaolene Lacombe, Katie Cole, Cameron Green, Emmaleigh Toney, Sheridan Duet, Riley Bell, Sarah Seargent, Christina Gilbert, Morgan Vanburen

Middle back: Lake Lowery, Paul Bryant, Kobe Jackson, Jessica Mullican, Lilly Roach, Adrianna Carter, Alexis Dardar, Tyler Magnano

Back: Zack Breaux, Zay Rogers, Peyton Hanville, Margaret Gates, David Thibodaux, Katie Kennedy, Sheridan Douglas, Daniel Crews, Braylin Taylor, Kennedy Carter



Demon Writers' Guild

Front: Mack Lacy, Hannah Worley, Tabatha Bowlin, Kathleen Hilliard, Kristen Campbell, Carly Chandler, Jairon Pitts

Back: Macala Broussard, Hosue Rodriguez, Rhiannon Venable, Ruben Smith, Amanda Rushing, Benjamin Sanson, Krista Hanson



ECO

Front: Olivia Warren (Vice President), Harlie Purcell, Rachel Chimeno (Secretary), Jessica Clark, Hailie Coutee, Shyann Morris, Coriana Moreaux, Abby Vallery, Noel Cusick, Armonis Crockett (Treasurer)

Back: Amber Minor (President), Natya Rogers, Tanner Delphin, Keira Huff, Amber Roberts, Laura Reddinger, Bailey Warren, Savon Gipson, Moses Gonzalez, Delores Okeke, Ameliah Carpenter

Freshman Connectors

Front: Sarah Sargent,
Mallory Martinez, Maddy Hensley,
Jess Easley, Margaret Gates,
Jessica Mullican

Back: Matt Nelson,
Char'Tarian Wilson, Nick Hopkins,
Katie Kennedy, David Thibodaux,
Emmy Hinds, Dyllan Hawkins



Gamer's Guild

Front: Jax Aubé, Omar Hall,
AshLynn Hartley, Jayce Gentry
(President), Brandon Cagle, Keyln
Andrews, Brooke Leger, Ian Gentry,
Jake Purvis, Jesse Coats

Middle: Dylan LeBlanc,
Kadevian Blackmon, Chris Johnson,
Tai Fletcher (Director of Esports),
Chloe Johnson (Vice President),
Jovan Avery, Moses Gonzalez

Back: Daniel Gordy (Faculty Sponsor),
Evan White (Secretary),
Jordan Mulsow (Treasurer),
Jonah Mulsow



Helping Hands

Front: Allenicia Arbet, Aysia Mills,
Shalondria Rainet (Vice president),
Imani Rick (Treasurer), Diamond
Knox-Jackson (President),
Dalenesha Wimley (Public Affairs),
Branmiesha Jefferson,
Brooke Viscardis, Cherish Netter,
Dominique Shelby

Middle: Kayla Anderson,
Meagan Govan, Christiana Johnson,
Teralyn Plumber, Coriana Moeaux,
Canreb Green, Phallon Robinson,
Destiny Knox-Jackson, Karrington
Johnson, Shastidy Hughes

Back: Dynasty Knox-Jackson,
Olivia Ross, Christian Owens,
Emmanuel Fields, Jeremiah Hollins,
Lamount Harris, Aquasia Dixon,
Cristina Peterson





Kappa Alpha Psi

Front: Tylar Senegal, Tarik Andrus, Juwan Manvel, Camilo Simancas

Back: Justin Williams, Jermaine Collier, James Gillyard, Jarviar Wade, Melvin Bates Jr.



Kappa Kappa Psi

Front: Matthew Sheridan, Dean L. Mayeux, Emily S. Essary, Chloe Farrar, Kasey Dice, Jennifer Hitt, Lane Clevenger, Cody James, Eric Renova, Adriana Velarde

Back: Austin Beene, Gustavo Corrales, Adam Normand, Matthew Howeth, Daniel Miner, Jayden Wallace Perkins, Austin Whittlesey, Trevor Tarbett, Khairiq Frost, Ben Wilkinson, Trevor Powell, Richard Brumbelow



Kappa Phi

Front: Hannah Boyt, Erin Molineaux, Grace Dean, Samantha Vernor, Jasmine Rish, Kayla Hunt, Lexi Normand

Middle: Jasmine Brossett, Laurin Waldrip, Sarah Edelen, Kristin Vice, Micah Fontenot, Brittany Charchio, Chloe Davis, Melissa Taylor, Payton Romero (Secretary), Raquel Gonzalez, Anna Boney

Back: Madison Lange, Hannah Gates, Margaret Gates (Pledge Coordinator), Brianna Morosco (Treasurer), Izola A. Williams (Media Coordinator), Mya Moton (Chaplain), Ramsey Treadaway, Alexis Trosclair (Program Director), Madison Romero (President), Abigail West, Kayla Linzay, Jacey Dunbar

KNWD

Front: Cinnamon Player, Sharissa Tanner, Monique Basse, Tifphany McClinton, Allison Darty, Cayman Watson

Back: Albert Hewitt, Cody LaCaze, Ethan Lachney, Nestor Mercardo-Garcia, Colie Plaster, SkaRay Brown.



Lifted Voices

Front: Destiny Dotson, Alexis Eaglin, Kaylynn Semien, Cherish Netter, Chrissy Easter (Secretary), Maya Hooks, Gabrielle Chapman

Back: Caleb Allen, Shawn Bradford Jr. (Director), Tequilla Winson (Vice President), Kayla Smith, Acquiria Mitchell, Brittani McClain (Chapman), Chianti Hicks, Eriana Magee, Ciera Bonvillian (President), DeSean Britton



NAFME

Front: Gabriela Forero

Middle: Jaqueline Garcia, Madison Weathers (Treasurer), Laura Lovell (Secretary), Kasey Dice, Jasmine Myles (President), Cierra Rachal, Elizabeth McFadden, Jasmine Johnson (Historian)

Back: Taylor Hooper, Matthew Howeth, Gustavo Corrales (Vice President), Kamryn Johnson, Kylie Dornbush, Zack Duncan, Kayla Mandelin, Emily Saldivar





NSU Crew

Front: Julia Theriot, Emily Nobles, Jaci Jones, Madison Hanson, Kierra Linden, Julia Laperouse

Middle: Drew Davis, Hugo Vapean, Madison Szekely, Breanna James, Alexis Kitishaian, Haileigh Irwin, Emily Mayfield, Shelby Gros, Nia Berry, Sara Merritt, Abigail Dauer, Keri Adams, Madalyn Duncan, Lexis Casarez, Pretty'unje Hunter, Breanna James

Back: Jacob Miller, Joshua Hensel, Ryan Johnson, Tyler Kruthos, Jalan McCullum, Vivian Meachum, Gregory Lefebone, Dylan Trueblood, Stephen Juneou, James Prock, Kimtang Enng



Phi Beta Delta

Front: Carmella Parker, Dr. Susan Thorson-Barnett, Dr. Vianka Miranda, Dr. Sharon Joy, Dr. Jason Powell, Dr. Nicholas Cummins, Dr. T. Davina McClain, Dr. Elizabeth Prejean, Mrs. Neeru Deep

Back: Dr. Greg Granger, Dr. Ronnie Abukhalaf, Dr. Richard Jensen, Colleen Reese, Dr. Jim Mischler, Dr. Chailing Hsieh, Dr. Margaret S. Kilcoyne, Dr. Weiwen Liao



Phi Beta Sigma

Renwick McPherson & Hykeem Beard

Phi Mu

Front: Amber Theisges, Sadye Treadway, Aubrey Gamble, Cora Procell, Claire Credeur, Bailee Ramey, Bailey Mohler, Leah Wilkins

Middle Front: Jenna Cefalu, Brooke Nelson, Rayne Canoe, Abby Billue, Elizabeth Parker, Chyna Sepulvado, Paige Cason, Whitney Joffrion, Emily Roller, Alyssa Cole

Middle back: Hannah Lemoine, Avery Debelak, Cassidy Smith, Shelby Sandefur, Maddie Suneau, Abby Parker, Zoe Tapp, Kaylan Campbell, Madeline Sotile, Katherine Lemoine

Back: Abby Hubbard, Skylar Boyd, Chrislyn Ryan, Anna Lacombe, Meaux Landry, Lauren Quartz, Addie Adams, Madeline Frye, Khloe Meaut, Lauren Harlan



Phi Mu Alpha Sinfonia

Josè Del Rio, Jonathan Friis, Kevin Hendricks (Vice President), Jacob St. Pierre (Treasurer), Brian Geraghty (Song Director), Brandon Duecker (Warden), Austin Pierre, Nicholas Swank, Michael S. King, Logan G. Turner (Fraternity Education Officer), Cody James (Secretary), Daniel Miner, Nathan Nors (Historian)

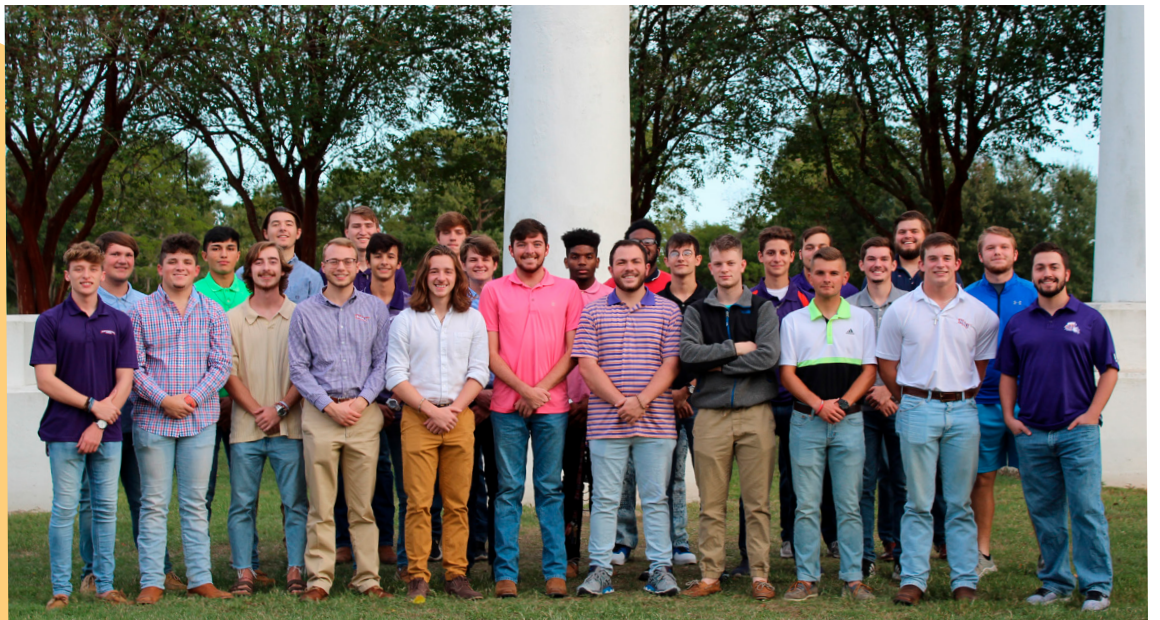


Pi Kappa Alpha

Front: Anthony Huete, Bryce Birdsong, Garret Cook, Kyler Burns, Triston Bussell, Daniel Crews, Nicholas Hopkins, Garrett Sanchez, Tyler Magnano, Carson Sanders, Chris Sanders

Middle: Eric Marr, Gavin Quintero, Wyatt Quinn, Kaiden O'Dell, Alec Crain, Spencer Tatum, Jackson Ezell, Alex Melcer, Jackson Mathews

Back: Blake Shephard, Zachary Forest, Jack Wright, Jaylin Moore, Landon Stephens, Behrend Behrendsen





Pi Kappa Phi

Front: Tyler White, Jesus Villafana, Diego Maldonado, Christian Paz, Jay Pace, Allen Ashley, Paul Bryant, Steven Gardner, Jacen Rainbolt, Alphonse Engram, Jacob Dunson, Brendan Warren, Dylan Nash, Trace Anthan, Jonathan Gennaro, Andrew Dubriske

Back: Kenyon Johnson, Jonny Castillo, Carson Fuller, Daniel Larin, Bruce Beth, Jacob Norris, Tristan Thorman, Aron Stephens, Ben Butcher, Cade Mitchell, Nicholas Olivares, Christian Rhodes



Potpourri

Front: Megan Palmer (Editor-in-Chief), Ashleigh Fedderman, Carly Chandler, Holly Jenkins, Charli Williams, Gretchen Spier, Rebekah Lorio, Jasmine Johnson, Haleigh Gates

Back: Courtney Cedotal, Amanda Hill, Alexis Trosclair, Valeria Nieto Rodriguez, Richard Brumbelow, Lacy Martin, Christian Boudreaux



Pre-Dental Society

Melissa Taylor (President), Sheridan Smith (Historian), Shannon Roussell (Vice President), Anna Claire Boney (Secretary)

Presidential Ambassadors

Front: Libby Blair,
Madison Juneau, Lexi Tamburo,
Skylar Boyd

Middle: Savanna Gwinn,
Olivia Slater, Alayna Bush,
Matty Bagley, Grace Dean,
Presley Stewart, Sydney Hedrick

Back: Emerson Rodrigue,
J'Corey Williams,
Nicholas Slaydon, Eric Harper,
Grant Gros, Kimtang Eung



NSULA Pride

Haleigh Gates (President),
Ashleigh Fedderman,
Chelsea Laverdiere, Jairon Pitts,
Kirsten Campbell, Carly Chandler



Psi Chi

Front: Elizabeth Flores, Ashtin
Youngblood (Vice President),
Taylor Camidge,
Maddison Benge, Taylor Aucoin

Back: Jonathan Simmons,
Katelynn Benge, Alejandro Dager
(Assistant President),
Molly Moran, Mia Adams,
Sarahjane Ladut,
Chloe Johnson (Assistant Vice
President), Melody Woodard





Psychology Club

Jonathan Simmons,
Akeia Corbins-Gray,
Melody Woodard, Sara Hyatt,
Rebecca Thomas, Chloe Johnson,
Tai Fletcher



Purple Jacket Honor Society

Front: Alyssa Cole,
Katherine Bryant,
Hannah Boquet,
Alison Garcia

Back: Alexis Dardar,
Emilee Keuten,
Amber Minor



R.O.T.C.

Seth Ozsoy (Chair Member),
Tanner Delphin (Vice President),
Gennyfer Peña (Treasurer),
Eboni Phidd (President)

Scholars' Council

Front: Kaitlyn Dunn, Claire Schowest, Alexis Balbuena, Abby Guillory, Amber Edmisson, Emily Williams

Back: Trace Anthon, Meghan Quaglin, Colleen Reese, Halle Mahfouz, Bailie Marsh



Sigma Alpha Iota

Front: Emily Adams, Katelynn Messer, Marissa Barentine, Christina Colley, Mikayla Richardson, Kimi Fullmer

Back: Alexis Mancaso, Jessica Dubose, Miranda Mayeaux, Kelsey Harlow, Frances Knight



Sigma Sigma Sigma

Front: Libby Blair, Lauren Vienne, Katie Kennedy, Haley Sylvester, Peyton Harville, Lydia Crawford, Emmy Hinds

Middle Front: Hannah Borah, Lauren Biehler, Gabby Savoy, Mia Adams, Taylor Cammidge, Madison Wallace, Bri Younger, Trisella Mendones, Maty Bagley, Kara Grace Schwartz, Natalie Stephenson, Mallory Gray

Third Middle: Faith Maxey, Abbi Ramos, Alyssa Chachere, Alayna Bush, Mackenzie Panther, Grace Rich, Grace Gosseran, Jess Easley, Sheridan Duet, Katie Reid, Kylee Jackson, Tori Hebert, Layla McDonald

Fourth Middle: Katy Demint, Tommi Long, Avery Tibbets, Saige Tassin, Caitlyn Taylor, Caroline Stokes, Darby McIntosh, Elizabeth Coleman, Lily Roach, Bailee Rattanachai, Katelyn Edwards



Fifth Middle: Peyton Spurgeon, Hannah Gaspard, Parker Gwaltney, Haidyn Brossett, Peyton Green, Claire Guin, Katie Cole, Cree Roark, Bailey Begnaud, Hannah Angell, Bronte Rhoden, McKenzie Leddington, Taylor Crawford, Sarah Smith, Shelby Martinez, Lauren Knight, Kaylie Couch

Back: Madeleine Sheets, Morgan Shaver, Tabitha Fraino, Natalee Cook, Alexandra Nelson, Lainey Haislitt, Katelyn Stevens, Kaylee Merry, Meredith Phelps, Emily Ricalde, Sarah Jane Ladut, Maddie Phillips, Lanie Vuelman, Olivia Warren, Mackenzie Moore, Ashlyn Stewart, Kelsi Horn, Jourdan Waddell



Speech and Debate

Front: Roxy Easley (Vice President), Leslie Ford, Lynnsey Brown, Jasmine Brossett, Brianna Harperhoward (President), Kelsey Jordan (Assistant Coach)

Back: Tai Fletcher, Matthew Raybon, Chad Jones, Omar Hall (Treasurer), Kaleb Gauthier (Secretary), Isabella Johnston, Elaine Eaton (Coach)



Student Athlete Advisory Committee

Front: Isabella Hudson, Elise Vincent, Brooke Petkovich, Gavin Landry, Kirstin Elrod, Kaumi Wheeler, Ashley Medawattage

Middle: Sasha Ballard, Adison McDermott, Hannah Brister, Megan Lohmiller, Bronte Rhoden, Sierra Stone, Yannik Gerlan, Josh Banes

Back: Blake Stephenson, Peyton Davis, Corban James, Dalin Williams, Landon King, Victoria Miller, Blake Cantrell, LaTerrance Reed



Student Film Society

Ruben Smith, Kirsten Sonnier, Jaylen St. Romain, Christian Boudreaux

Student Government Association

Front: Tori Spraggins (Secretary), Jess Easley, Carly Johnson, Lauren Briscoe, Kierra Linden, Kristen Prejean, Anna Lacombe, Cherish Wilson

Middle: Garret Cook, Lydia Crawford, Brandon Gay, Gabriel Decuir, Nicholas Hopkins, Elizabeth Coleman, Alexia Rubin, Kelsi Horn, Tyler Magnano, Parker Gwalthey, Jacob Ellis (President)

Back: Peyton Harville, Zay Rogers, Sheridan Douglas, Hayden Pilcher, Terran Turner, Colton Campbell, Desean Britton



Tau Beta Sigma

Front: Alissa Joseph (Parliamentarian), Ciara Gibbs (President), Destinee Leger (Secretary), Nyasha D Brown, Diamanisha Betts (Vice President of Ritual), Victoria Roderick, Kelsy Baker (Vice President of Membership)

Back: Cody Hambly, Roger Jones III, Jared Jarrell (Treasurer), Eric Pannell II (Historian), Holly Crosby, Arial Taylor



Tau Kappa Epsilon

Front: Connor Harper, Cameron Shafer, Matthew Gamble, John Monlezan, Alexander Brown, Kaleb Gauthier

Back: Jacard Russell, Michael Weaver, Austin Dodson, Austin Waldon, Jared Jarrell





University Programming Council

Front: Noel Cusick,
Jamie Phillips, Emily Benoit

Middle: Mary Scott Pourciau,
Kijah Johnson, Haley Sylvester,
Avery Tibbets, Abby Valley,
Payton Romero

Back: Nicholas Olivares,
Leanna Coy, Cade Mitchell,
Colton Campbell,
Maina Ibn-Mohammed,
Amber Minor



Zeta Phi Beta

Dara Woods, Treniya Wadley,
Jazzmyn Feagins

Students pose after having a splashing
good time at the annual
Color Chaos event.

Photo by Christian Boudreaux



Taylor Juarez poses with Bruce while
riding the Homecoming float for the
Vet Tech Club.

Photo by Christian Boudreaux



Jennifer and Dr. Chris Maggio
represent Northwestern at Tigerland.

Photo by Christian Boudreaux



Alexandria campus's Rad Tech students
pose with their pet skeleton.

Photo submitted by Cindy McGuire.

People



Faculty &
Staff
214-219

Students
220-243



Ronnie Abukhalaf



Melissa Aldridge



Kafar Alsharab



Landon Amberg



Krisi Amsden



Kirsten Bartels



Saundra Blake



Alice Blue



Alicia Book



Gregory Bouck



Brittany Broussard



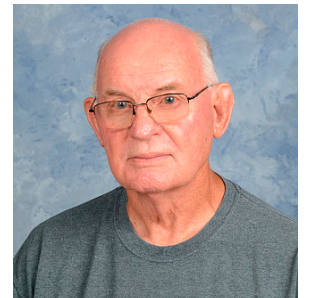
Jajuan Broussard



Jerry Brunson



Kenneth Burns



John Byrd



John Carrier



Jordan Chambers



Xinjia Chen



Shirley Chevalier



Jeffrey Christensen



Paula Christensen



Paul Christopher



Jessica Church



Tori Clemens



Frances Conine





Kari Cook



Judith Covington



Betty Creamer



Billy Culver



Matt Deford



Cheryl Dubois



Barbara Duchardt



John Dunn



Chris Eding



Chauncey Edwards



Vanner Erikson



Telba Espinoza-Contreres



Benjamin Forkner



Brett Garfinkel



Whitney Golden



Wanda Goleman



Daniel Gordy



Samantha Grant



Yvonne Grant



Tommy Hailey



Callie Hammonds



Angela Hardy



Katarina Haymon



Joel Hicks



Diana Hill





Randy Hoffpaur



Eddie Horton



Jodi Howell



Chialing Hsieh



Debbie Huntington



Collier Hyams



Adam Jannik



Victoria Jenkins



Haley Johnson



Sandra Johnson



Bobby Jordan



Katrina Jordan



Bridget Joubert



Abdul Khaliq



Phillip Kidd



Margaret Kilcoyne



Amber Klock



Masahito Kuroda



Myla Landry



Phyllis Lear



Weiwen Liao



Kimberly Liner



William Livigni



Chris Lyles



Anna MacDonald





Millard Mangrum



Terri Marshall



Kimberly McAlister



T. Davina McClain



Qwontice McDowell



Raymond McDowell



Sarah McFarland



Lien McGehee



Cindy McGuire



Angela McKnight



Mark Melder



Catherine Merchant



Catherine Meyers



Becky Meziere



Vianka Miranda



Diane Mobley



Alexei Muravitsky



Trenton O'Neal



Jason Parks



Melinda Parnell



Yonna Pasch



Leah Pearce



Curtis Penrod



Lily Pharris



Paul Pharris





Curt Phifer



Chenelle Pillette



Terrie Poehl



Jason Powell



Begona Perez-Mira



Zeljko Radulovic



Courtney Reger



Karn Richoux



Robert Richoux



Kirstin Riehl



Allison Rittmayer



K. Jacob Ruppert



Ben Rushing



Valerie Salter



Lenord Sarpy



Juanita Self



Jodi Shirley



Samantha Sims



Emily Sitarz



Markita Small



Carrie Smith



Susan Snell



Vashaun South



Michelle Stephens



Alexander Stewart





Aaron Stigers



Krystyna Tabor



Mary Beth Tarver



Chequan Thomas



Anna Kathryn Vaughn



Margaret Vienne



Randi Washington



Ruth Weinzettle



Frances Welch



Mary Linn Wernet



Rebecca Weston



Shaun Wheat



Taylor Whitehead



Sharon Wolff



Sarah Wright



Loletta Wynder



Michael Yankowski





Sidnequia Abbott



Malak Abdelhadi



Emily Acevedo



Gavin Acor



Addison Adams



Janna Adams



Joseph Adams



Keri Adams



Mia Adams



Jessica Adcock



Alissa Addison



Mark Alexander



Brett Allen



Caleb Allen



Kate Allen



Mason Allen



Diego Almanza



Jilyan Aloement



Kayla Anderson



Tyler Anderson



Hailey Andrews



Hannah Angell



Juan Angolo



Lexi Anthony



Kaylee Antilley



Kelsten Antoine



Amber Armstrong



Jt Arrington



Allen Ashley



Erial Ashley



Allie Atkinson



Taylor Aucoin



Phillip Augustine



Jax Aupe



Annalise Austin



Harli Austin





Raven Bacon



Maty Bagley



Taylor Bailey



Brett Baker



Mayce Balfantz



Tatemi Banks



Vontresia Barber



Jayde Barnett



Jebediah Barrett



Hannah Barton



Zoe Barton



Melvin Bates



Javoenta Batiste



Taharqa Battle



Andrew Bazar



Bailey Beard



Haley Beason



Paloma Del Mar Beauchamp



Brittany Beaudoin



Justin Becker



Riley Bell



Gabrielle Bellard



Logan Bellot



Haley Below



Akeylah Belton



Maddison Bengé



Emily Benoit



Shaunte Bergan



Reamy Bergeron



Carl Berlin



My'Ria Beverly



Jontae Bibbins



Lauren Biehler



Sarah Bissell



Ryann Bizette



Elizabeth Blair





Cassidy Blanchard



Erin Blanchard



Cloe Bolanos



Christopher Bolden



Ciera Bomvillian



Ariyanna Bonton



Aliyah Booker



Keylee Boone



Charles Bouchie



Christian Boudreaux



Tabatha Bowlin



Dashnore Boycher



Macey Boyd



Paige Boyd



Skylar Boyd



Jared Boydston



Hannah Boyt



Arnijah Bradley



Stephani Bradley



Peyton Branton



Tanner Brazil



Riana Breaud



Jordan Breaux



Zachary Breaux



Katie Briggs



De'Sean Britton



Jamarcia Broadway



Leta Broome



Shynia Brossette



Laney Brouillette



Grant Broussard



Alyson Brown



Annie Brown



Braxton Brown



China Brown



Keivondric Brown





Marquise Brown



Nyasha Brown



Robyn Brown



Manita Brown Moses



Richard Brumbelow



Michelle Brunson



Katherine Bryant



Makayla Bryant



Paul Bryant



Bronwyn Buchanan



Harlie Burcell



Kaitlynn Burke



Kyler Burns



MacI Burt



Kourtney Busby



Alayna Bush



Kennedy Butler



Janice Byone



Ronald Cady



Brandon Cagle



Shelby Cambre



Taylor Camidge



Colton Campbell



Blakely Canfield



Rayne Canoe



Shelie Canoe



Ryan Cardy



Maria Carmonn



Jessica Carney



Nijah Carter



Chloe Castello



Cymone Castillo



Jonathan Castillo



Lacey-Beth Cazelot



Courtney Cedotal



Alyssa Chachere





Evan Chapman



Brittany Charchio



Jane'e Charles



Gabrielle Charron



Katelynn Chenevert



Cameron Cherry



Janson Chisley



Destinee Christie



Taylar Christopher



Shatericka Christor



Amelia Clark



Casie Clark



Jessica Clark



Mikala Clark



Morgan Clendennen



Amanda Cloud



Kendra Coady



Jessie Cochren



Kaylee Colding



Alyssa Cole



Elizabeth Coleman



Kynlee Coleman



Jermaine Collier



Bryonna Collins



Paige Colston



Madison Colwell



Sean Conway



Camryn Cook



Devyn Cook



J'Nahudika Cook



Natalee Cook



Valeria Correa



Cecelia Cousins



Hailie Coutee



Alexis Coutte



Laura Cowell





Leanna Coy



Rachael Coyne



Emma Craig



Chase Crane



Claire Credeur



Blaise Crochet



Anne Cummins



Noel Cusick



Andrea Daigle



Brynlee Daigle



Jasmine Dansby



Kenneth Darcy



Alexis Dardar



Shelby Darr



Brittany Davis



Chloe Davis



Dylan Davis



Elliott Davis



Joslyn Davis



Kennedy Davis



Marquise Davis



Skylar Davis-Houston



Emily Dawson



Catherine Dean



Connor Dean



Mason Dean



Natalie Dear



Liesl Dearing



Hailey Deaton



Avery Debelak



Mikayla Deloach



Kylie Descant



Trenton Dill



Kailey Doucet



Sheridan Douglas



Darrel Doyle





Trevion Drevion



Sterling Dright



Keely Dubois



Elizabeth Ducote



Sheridan Duet



Kiara Duncan



Sierra Duncan



William Duncan



Zack Duncan



Lashundra Duncan-Williams



Kaitlyn Dunn



Dajaha Dupas



Ann Duplaechain



Sara Duplessis



Alexis Eaglin



Daja Easter



Amber Edmisson



Ayrianna Edwards



Katelynn Edwards



Tja'H Edwards



Ashleigh Elkins



Keyon Elkins



Evan Ellis



Jacob Ellis



Ruth Esquita



Taya Esther



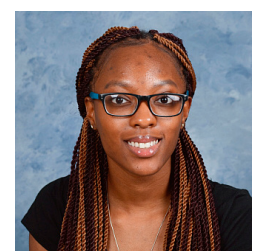
Jaylon Etienne



Ashley Eubanks



Kimtang Eung



Khadijah Evans



Jackson Ezell



Erin Fallis



Meagan Farmer



Ashleigh Fedderman



Katelyn Fezell



James Fisher





Peighton Fisher



Ananda Flanagan



Elizabeth Flores



Kimberly Floresberrier



Madelyn Floyd



Kailley Fontenot



Micah Fontenot



Kelvina Ford



Daniela Fordro



Terry Foshee



Montayja Fowler



Alanna Fox



Madison Fox



Kloe Franklin



Peyton Frantom



Jeffery Frazier



Moesha Freeman



Jonathan Friis



Carson Fuller



Tensiha Fulton



Ashley Furrow



Mary Gaffney



Kathaleen Gahit



Kaitlyn Gains



Julio Galvan



Aubrey Gamble



Allison Garcia



Juliana Garcia



Neil Garcia



Kaylee Garner



Chauntis Gaspard



Margaret Gates



Rayvin Gaudet



Kaylin Gauthier



Jay Gentry-Pace



Donavan Giamalva





Ciara Gibbs



Evan Gibson



Mary Gilbert



Chloe Gill



Chelsea Girard



Makayla Goff



Grace Gosserand



Kara Grantadams



Kassidy Grantadams



Kaden Graves



Evan Gray



Zykerria Gray



Andrell Green



Brianna Green



Camren Green



Daijha Green



Destinee Green



Katherine Greenmun



Marissa Greer



Ryan Gremillion



Edward Grimm



Grant Gros



Darius Groves



Skyler Guerre



Jacob Guidry



Abby Guillory



Marissa Guillory



Reagan Guillory



Claire Guin



Taylor Guin



Inda Gurley



Keiona Guy



David Hall



Skylar Hall



Arley Hanks



Madison Hansel





Reagan Hardin



Conner Harper



Eric Harper



Madison Harper



Matthew Harrell



Kaneedra Harrison



Keely Harrison



Ashley Hayes



Cori Hayes



Armonie Haywood



Mylah Haywood



Camry Heath



Lauren Hebert



Maddison Hebert



McKenzie Hebert



Armani Heckard



Sydney Hedrick



Kimberly Heimbach



Aura Henandez



Madeline Hensley



Valentina Herazo



Kaila Herbert



Chianti Hicks



Rebecca Hickson



Jonterius Hill



Devin Hilliard



Emmy Hinds



Ross Hingle



Anne Hiskson



Arneshia Hives



Courtney Hogg



Leroy Holmes



Maya Hooks



Kelsi Horn



Griffin Howe



Aubrey Howell





Dustin Huffman



Alexis Humphries



Kayla Hunt



Prettyunje Hunter



Ja'Nae Hutchinson



Haileigh Irwin



D'Andre Jackson



Kierston Jackson



Kobe Jackson



Kylee Jackson



MacKenzie Jackson



Qualantre Jackson



Savannah Jackson



Allison Jagneaux



Breanna James



Daidron Jason



Ashlyn Jeansonne



Christian Jeansonne



Holly Jenkins



Khari Jenkins



Michaela Jenkins



Saquan Jenkins



Johnathon Jimenez



Noah Joffrion



Abbie Johnson



Alexus Johnson



Allison Johnson



Aric Johnson



Ashlyn Johnson



Christiana Johnson



Emily Johnson



Hanna Johnson



Hope Johnson



James Johnson



Jasmine Johnson



Kamryn Johnson





Kara Johnson



Korynthia Johnson



Lydia Johnson



Nadia Johnson



Olivia Johnson



Shamyra Johnson



Thomas Johnson



Isabella Johnston



Jascey Johnston



Breonna Jones



Isabella Jones



Makenzie Jones



Mary Jones



Travon Jones



Madeline Joubert



Gwyndloyn Juneau



Madison Juneau



Stephen Juneau



Helen Kassahun



Leslie Katz



Hallie Kay



Zachary Keeton



Cameron Kelly



T-Aira Kelly



Katelyn Kennedy



Destiny Kennerson



Landon King



Makayla King



Michael King



Ashleigh Kline



Jade Knight



Kaitlyn Knighton



Ashantel Knox



Dylan Kyle



Charlene Lacombe



Zachary Lacombe





Sarah Jane Ladut



Kiara Lafitte



Destinee Lager



Holly Lamarche



Gabrielle Landrineau



Andrew Landry



Gabriell Landry



Gavin Landry



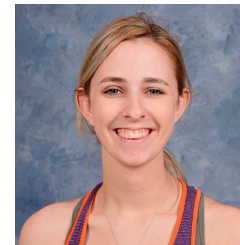
Morgan Landry



Nicholas Landry



Princess Lane



Tara Lane



Lindsay Laprarie



Justin Laranang



Daniel Larin



Megan Lasalle



Addison Lasater



Abigail Lauterbach



Chaterrika Lavalias



Chelsea Laverdiere



Sheri Lawrence



Chloe Leach



Jacelynn Leblanc



Ash Lee



Dylan Lee



Ericka Lee



Jaleah Lee



Timarka Leeper



Jenna Lege



Mikayla Lehane



Claire Leming



Baylee Lemoine



Tra'Kyri Lemons



Alana Lewis



Brittany Lewis



Desiree Lewis





Hunter Lewis



Katierra Lewis



Lacey Lewis



Malachya Lilly



Kiera Linden



Taryn Lindsey



Kayla Linzay



Karlee Littleton



Taylor Littleton



Coleq Llorens



Nathaniel Llorens



Jenny Loftin



Brianna Long



Dillon Longino



Ivan Longoria



Eloy Lopez



Lake Lowery



Daniella Lowry



Adrianna Loyd



Paidin Luneau



Jasmayn Maddox



Eriana Magee



Katelyn Maggio



Bailey Mahfouz



Sarah Makin



Aaron Malone



Micheala Maloy



Rylan Mandel



De'Shonta Manning



Tolwyn Marsh



Caleb Martinez



John Martinez



John David May



Cameron McCain



Stephen McCalister



Robert McCandlish





Kenyatrack McClain



Carlee McClintock



Allyson McCowan



Alexis McDonald



Francesca McDowell



Elizabeth McFadden



Tonna McFarland



Erica McGill



Claudine McGlory



Sean McGraw



Darby McIntosh



Sarah McLelland



Le'Ana McNemar



Blayne McWilliams



Vivian Meachum



Peyton Melancon



Alex Melcer



Izzy Melhado



Noah Melvin



MacHaela Mercer



Sara Merritt



Katelynn Messer



Nicolas Meziere



Sean Michot



Hannah Miller



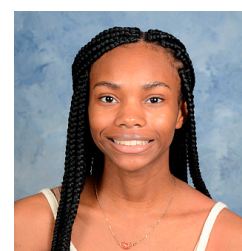
Kaitlyn Miller



Shayla Miller



Wyatt Miller



Aysia Mills



Destinee Mills



Ma'Kaleen Milson



Amber Minor



Acquiria Mitchell



Ashlee Mitchell



Christopher Mitchell



Kionna Mitchell





Meliyah Mitchell



Lasedric Mobley



Nicholas Moldovsky



Erin Molineaux



Leilani Moncrease



Anna Moore



Essence Moore



Jaylin Moore



Kat Morace



Leah Morace



Julia Morgan



Mya Morgan



Savannah Moro



Cayla Morris



David Morrison



Josh Morvan



Amira Moussa



Ashtin Mouton



Jessica Mullican



Justin Mundy



Erin Murphy



Kimberly Murray



Kaelyn Musgrave



Brelynn Musgrove



Cameron Myles



Kalaiyah Myles



Rothanee Myles



Dearo Nash



Jessie Negrotto



Matthew Nelson



Cherish Netter



Jessica Newell



Yasmine Newman



Mark Nicholas



Paige Nichols



Alexis Nipper





Dana Nolen



Tamia Norris



Kiara O'Hara



Miracle Oby



Nicholas Olivares



Janesha Oliver



Brittany Oney



Luis Ortiz



Christian Osborne



Hope Owens



Savanna Owens



Cristian Paez



Megan Palmer



Madison Parker



Thomas Parnell



Jessica Parr



Jacob Partin



Cristina Pastor



Camille Patterson



Deasheneire Payne



Christian Paz



Lora Peace



Tyler Peairou



Alysa Pearson



Caleb Pearson



Judith Peek



Gennyfer Pena



Naiomy Perez



Veronica Perez



Amber Perkins



John Perkins



Ali Perrilloux



Victoria Peterson



Meredith Phelps



Carmari Phenix



Sammie Phillips





Kathryn Pierce



Hayden Pilcher



Andrew Pitari



Colie Plaster



Finnley Plaster



Cinnamon Player



Devyn Player



Malayna Poche



Abigail Poe



Jonah Poe



Kaitlyn Poirrier



Keator Poleman



Nathan Pons



Debbie Porter



Maya Porter



Ruby Powell



Kristen Prejean



Kira Presley



Xavier Price



Brandie Prince



Deenicia Prince



Susan Pringle



Cora Procell



Stormy Prough



Mason Pynes



Meghan Quaglino



Lauren Quartz



Carmen Rachal



Lillian Rainwater



Abigail Ramos



Tahner Raphael



Bailee Rattanachai



Jabari Reed



Patricia Reed



Sailor Reed



Abigail Reeves





Ava Rene'



Brianna Richard



Shelby Richard



Codi Richards



Janae Richardson



Jordan Richardson



Aujani Richburg



Ragan Richey



Makaila Rideaux



Nehemiah Riggs



Jasmine Rish



Azita Rivers



Lilly Roach



Payton Robero



Jasmine Roberson



Riley Roberts



Brianna Robertson



Hayden Robertson



Jacob Robertson



Gabrielle Robinson



Jordynn Robinson



Christopher Romain



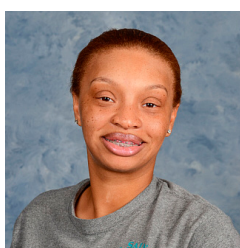
Daniel Romero



Kaitlin Roshto



Olivia Ross



Allegra Roy



Alexia Rubin



Amanda Rushing



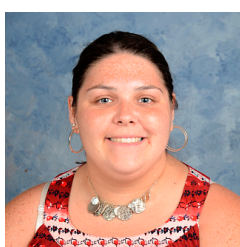
Gabriel Saavedra



Jamien Sampson



Keandrea Samuel



Ashlynn Sanders



Carson Sanders



Eryn Sandwell



Nicole Santalla



Juan Santos





Amaria Sapp



Sarah Sargent



Chasity Saucier



Yuriana Sauseda



Hope Savoy



Gabrielle Scarbrough



Lara Schales



Terra Schulze



Rebecca Scioneaux



Tarkearia Seastrunk



Emerald Semien



Kaylynn Semien



Aubrey Sepulvado



Mikayla Sepulvado



Carly Settle



Cameron Shafer



Jasmine Shepard



Carlina Shields



Selena Simmons



Kristina Simon



Jonathon Simons



Ashley Sims



Hannah Sinclair



Christopher Singleton



Olivia Sipes



Kariah Sisk



Jonae Skinner



Amber Slater



Nicholas Slaydon



Dadrianna Slayter



Kaitlyn Slayter



Olivia Slayter



Erik Sluss



Kayla Smith



Kristin Smith



Latrice Smith





Mya Smith



Sarah Smith



Talysia Smith



Valerie Smith



Michael Snodgrass



Kirsten Sonnier



Madaline Sotile



Jayden Spigelmyer



Vincent Spinks



Tori Spraggins



Brittany St. Romain



Josie Stamey



Zakieya Staten



Landon Stephens



Natalie Stephenson



Savannah Stevens



Faith Stevenson



Kameron Stevison



Ashley Stewart



Clancey Stewart



Kira Stewart



Presley Stewart



Jacob Stone



Brandon Stutzman



Mohammad Suleiman



Brittany Sullivan



Shelby Sullivan



Chesley Swilley



Haley Sylvester



Annalise Sylvia



Madison Szekely



Emily Talbot



Alexandra Tanburo



Ariel Taylor



Dashia Taylor



Dafney Templeton





Rachel Terry



Julia Theriot



David Thibodaux



Chasity Thomas



Kenneta Thomas



Markez Thomas



Rebecca Thomas



Chinna Thompson



Laurayn Thompson



Emmaleigh Toney



Fernando Trejo



Giselle Trejo



Alexis Trosclair



Khaila Tucker



Terran Turner



Hailey Urena



Santiago Uribe-Cardona



Nohora Valencia



Abigail Vallery



Laci Vanwinkle



Collin Vedros



Trinity Velazquez



Barbara Vercher-Smith



Payton Vidourek



Jesus Villafano



Cody Vorwerk



Hugo Voyneau



Jourdan Waddell



Charles Wagner



MacI Walgamotte



Alysha Walker



Leann Walker



Reanne Walsh



Carson Ward



Jirneicia Ward



Bailey Warren





Fredricia Warren



Lawrence Washington



Ma'Kayla Washington



Takayla Washington



Veronda Washington



Katelyn Watson



Madilyn Watson



Madison Weathers



Bianca Webb



Kiyana Webb



Syroi Webb



Marian Weber



Abigail West



Louis West



Melanie West



Tracy West



Caleb Wester



Kendall Westfall



Lexus Weston



Sarah Wheat



Heather White



Laura White



Morgan White



Quindarrius Whitley



Austin Whittlesey



Joshua Wiggins



Erin Wiley



Samira Wiley



Alalaberta Williams



Allison Williams



Breyanna Williams



Charli Williams



Izola Williams



Jaeli Williams



Je'Naya Williams



Johnique Williams





Jordan Williams



Trevor Williams



Char'Tarian Wilson



Cherish Wilson



Heaven Wilson



Shari Wilson



Amanda Windham



Rishard Winford



Shateney Winslow



Brianna Winston



Jordan Winston



Patricia Wise



Ashley Wisthoff



Gaje Womack



Elana Wright



Gabrielle Young



Tabitha Youngblood



Brianna Younger



Natalia Zabada



George Zaldivar



Anwar Zeidan



Eric Zheng



Samantha Zinkievich



Nicholas Zona



Students chilling in the shade while they support ovarian cancer at one of NSU's tailgates.
Photo by Amanda Hill



Rebekah Lorio colors her stress away at the Stress Free with Potpourri event.
Photo by Christian Boudreaux



Allencia Arbet discusses law with Laurel Miceli at NSU's career fair.
Photo by Jasmine Johnson



Blu Vu doo performs on stage at the First Night Fest.
Photo by Alexis Trosclair

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Letter From the editor

I still don't know how to start off a letter from the editor right, but here I go with round two.

Yearbook is comprised of three things: late nights, frustrating moments and above all creating a work for students by students. You cannot have one without the other. Over the past seven years of working on a yearbook staff, I have learned that these three components bring to life a book like no other. It has changed my life to take chances and make mistakes because you only have one life to live.

Being an editor is no easy feat. It requires dedication, patience and professionalism to be able to pull off such a publication. It makes you think outside of the box to come up with a theme for the year. I have had to make tough decisions and be able to compromise in situations. Forget sleeping, because staying up all night to edit stories or to help work on spreads is now considered a requirement. It does, however, make you feel accomplished and good about yourself when the book is finally finished. All those hours of crying and worrying about if we have enough pictures or that names are being spelled right were all worth it in the end.

For the 2020 yearbook, I chose the theme of perspective. I know it's cliché since we are in 2020, but hear me out. Everyone has a different perspective on everything that they see. One person could have a completely different view on what another would see. That is why for this book my staff and I tried to capture the many angles and perspectives of Northwestern. I want this publication to let people see another side of the university that they would not have seen before. No one has your eyes except you.

The Potpourri yearbook wouldn't have made it to completion without the help of my hard-working staff. They worked so hard and long with getting photos, writing stories or designing pages. That is what made this book come alive for

everyone to see. There are a few people, though, that I have to thank personally.

Kenneth, you have dealt with my crying sessions and multiple questions beautifully for the past two years. I could not thank you enough for all of your advice and words of wisdom that you have given me.

To Christian and Jasmine, you both have been there since day one for me. I could not ask for better photographers who would go above and beyond to capture that one perfect photo. Ya'll are part of the reason that I haven't went completely crazy in life. Thank you both and do the great things that I know you can do.

Thank you to the Balfour staff. Ya'll have gone above and beyond to make sure that our book comes out fantastic, and I wouldn't have been able to get this book published without your patience.

To my staff members, ya'll have pushed the limits on what it takes to be on yearbook. Thank you for all of your dedication and time to make this an amazing yearbook.

Finally to Cora Carr, who was the very first editor-in-chief of the Potpourri back in 1909. Thank you for letting me have this opportunity to be a part of this amazing organization.

With the closing of this chapter of my life, I have gained so much from being on a yearbook staff since my high school days. I am still introverted and shy, but my life completely changed to a whole different perspective. For the next editor, get ready because your life is about to become a rollercoaster of emotions. Thank you to everyone who believed in me and helped make me the person I am today.

Be true to yourself and as always...

Fork 'em Demons,
Megan Palmer



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Not pictured: Sarah Palmintier and Amanda Hill



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Not pictured: Precious Goins



Colophon.

The Potpourri is the official yearbook of Northwestern State University and is staffed entirely by students with the guidance of an adviser. It is on its 109th volume. The content covered runs from March 2019 to March 2020.

The 2019 Potpourri is 256 full-color pages with a press run of 2,500. It features seven sections: student life, athletics, academics, Greek life, organizations and people. The staff used Adobe Creative Cloud software (InDesign, Photoshop and Bridge) on Apple computers running OS X to design and submit all pages. Pages were submitted electronically via Balfour Tools Adobe extension.

In the people section, faculty and student portraits were taken on campus by Provine Pictures. The organization photos were taken by the photographers of the Potpourri staff. The official photographer of Northwestern State is Chris Reich.

The major fonts used were Limerick, Seville and Olympia. Headlines are set in Limerick and/or Louisiana ranging from 50-110 point. Subheads were set in Olympia at a range of 18-24 point. Body copy and captions were set in Seville at 10 point on 11 point leading. Photography credits were set in Seville and italicized at 10 point. The folio page numbers were set in Proxima Nova at 10 point.

The cover was designed by Haleigh Gates and Megan Palmer. The cover is soft-touch laminated with a clear silk screen. The endsheets were designed by Megan Palmer and printed in full color.

The 2020 Potpourri was printed in Dallas, Texas, by the Balfour Publishing Company.

All full-time students (12+ hours) of any Northwestern State campus enrolled in the fall 2019 semester may receive a book. Those students who did not pay the student association fee in the fall or those wanting additional copies may purchase a copy. Those wishing to have a book mailed to them may submit their mailing address as well as pay a shipping and handling fee to adviser Kenneth Burns at 225E Kyser Hall, Northwestern State University, Natchitoches, LA, 71497. The 2020 and past editions can also be found in PDF format at www.nsula.edu/newmedia/student-media/the-potpourri/.

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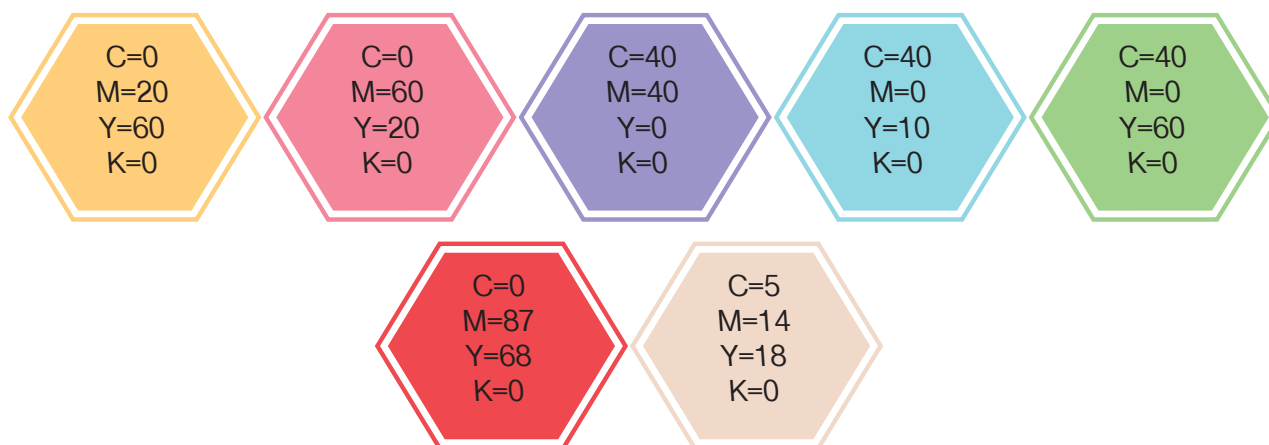
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Ma'Kayleen Milson waves to the crowd before receiving her degree at the fall 2019 graduation semester.

Photo by Chris Reich

Thy trees their solemn chorus bend about thee,
Flowers their censers blend.
Our voices swell their murmuring strain,
Our hearts repeat the old refrain,
Thy purpose high to carry on Northwestern,
Thou has honor won! Steadfast and true,
Our watchword e're shall be -
To thee, our Alma Mater, Loyalty!



The Spirit of Northwestern practices for the school fight song that is played at the end of every performance.
Photo by Chris Reich



All about *Perspective*



